VENUE: $\quad$ National Aquatic Centre Pool 8 Lane 50 M (with 25 M warm up pool) Colorado Electronic Timing System (CTS6): pads with back-up buttons
DATES \& TIMES:

2019 NEVILLE ALEXANDER MEMORIAL SWIM MEET<br>May 3-5, 2019<br>Sanction \# 21903

| VENUE: | National Aquatic Centre Pool 8 Lane 50 M (with 25 M warm up pool) <br> $\quad$ Colorado Electronic Timing System (CTS6): pads with back-up buttons |
| :--- | :--- |

## ENTRIES:

## ENTRY FEES: HY-TEK ENTRIES

J\$250.00: - for ASAJ Registered Swimmers or US\$3.00 per Individual event.
J\$400.00: - for ASAJ Registered Clubs or US\$4.50 per Relay team, per event.
OTHER ENTRIES - NON HY-TEK
J\$300.00: - for ASAJ Registered Swimmers or US\$3.50 per Individual event.
J\$500.00: - for ASAJ Registered Clubs or US\$5.00 per Relay team, per event.
LATE ENTRY and DECK ENTRY FEES:
J\$500.00 (For ASAJ Registered Swimmers) or US\$5.00 per Individual Event J\$800.00 (For ASAJ Registered Clubs) or US $\$ 9.00$ per Relay Team, per Event
ENTRY FEES MUST BE PAID BEFORE START OF MEET. If the entry fees are not paid before the start of the competition, a penalty equal to $15 \%$ of the entry fees will be added.

## SURCHARGE J\$500.00 or US\$4.00 per Swimmer

RULES: FINA Rules and ASAJ By-Laws in force at the time of the competition will apply. Except as modified in this Summons, FINA Masters Rules will apply to Masters Events. See additional Rules and Regulations on the next page.

REGISTRATION: The ASAJ Register closes at 4:00 p.m. on Friday April 12, 2019
ENTRY DEADLINE: 4:00 p.m. Friday April 19, 2019. Entries are to be delivered to the ASAJ Mail Box at the NATIONAL AQUATIC CENTRE. Note: Entries will not be accepted without the names of the Clubs' Volunteers (see rule 1.3 on the next page) Entries are preferred on electronic medium using Hy-Tek software. Deliver as indicated above or email to: asaj.meets@gmail.com.

## 1. RULES AND REGULATIONS

1.1. False starts - The FINA starting rules (SW4) will apply.
1.2. Arm Bands will be provided for officials and coaches.
1.3. Local clubs are required to submit, with their entries, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. The list must be emailed to asaj.meets@gmail.com. Volunteers MUST report to the volunteer desk at least sixty (60) minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers:

1-5 swimmers entered:
6-10 swimmers entered:
11-20 swimmers entered:
21-30 swimmers entered:
31-40 swimmers entered;
41 or more swimmers entered:
Unattached swimmers:

One (1) volunteer per session
Two (2) volunteers per session
Four (4) volunteers per session
Five (5) volunteers per session
Six (6) volunteers per session
Eight (8) volunteers per session
One (1) volunteer for (1) session
1.4. Relay Cards are in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the session; the copy must be handed to the Chief Lane Time Keeper at the beginning of the event. Any change must be made at least four (4) events prior to the scheduled event number after that, on presentation of a medical certificate. Each team may make a maximum of two (2) changes per session. The swimmers must be named in order of swimming in accordance with FINA rules.
1.5. There will be positive check-in forty five (45) minutes before the start of the session for all events 400 m and longer.
1.6. Participating clubs are responsible for providing a counter for the 800 metre and 1500 metre events
2. DECK ENTRIES AND TIME TRIALS will be allowed. Swim times will be included in the final results but will not score points nor be eligible for awards. Consideration for Deck Entries will apply based on the following conditions:
2.1. The Request must be made to the Clerk of Course at the start of the session for which it applies
2.2. Selection is based on a first come basis

## 3. PROTESTS:

Protests are possible if the rules and regulations for the conduct of the competition are not observed; if other conditions endanger the competition and/or competitors; or against decisions of the referee. All protests to the Referee's Decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach and accompanied by J\$1,500 or US\$12.00 Protest Fee. If the protest is upheld the fee will be returned to the Club.

## 4. JURY OF APPEAL:

A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
B. Each club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
C. The Jury of Appeal shall be comprised of 3 persons drawn from the pool of nominees submitted by each club. Nominees shall be members of the ASAJ Council or Swimming Committees.

## 5. PRE-COMPETITION WARM-UP RULES:

In the 50 m pool, in the interest of the swimmers safety, the rules outlined below will be observed during warm up prior to the start of each session. There shall be NO DIVING IN CIRCLE SWIMMING LANES AND TURN PRACTICE LANES, entry to these lanes is to be feet first, from a sitting position. A Safety Marshal will ensure compliance.

|  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
| 15 m | $25 m$ | Circle | Circle | Circle | Circle | 50 m | Turn |
| Dive | Dive | Swim | Swim | Swim | Swim | Pace | Practice |
| Sprint | Sprint | Only | Only | Only | Only | Lane | Only |
| Only | Only |  |  |  |  | Only |  |
| Turn | Turn | Circle | Circle | Circle | Circle | 50 m | 25m |
| Practice | Practice | Swim | Swim | Swim | Swim | Pace | Dive |
| Only | Only | Only | Only | Only | Only | Lane | Sprint |
|  |  |  |  |  |  | Only | Only |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
| TURN END (SOUTH) |  |  |  |  |  |  |  |

In the 25 m pool all lanes will be circle swimming, with feet first entry from a sitting position at all times.

## 6. AWARDS AND POINTS:

A team trophy will be awarded to the Club with the highest number of points. Points will be awarded to the top 8 places in each individual event as follows:

| Place | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $50 / 100 \mathrm{~m}$ | 9 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| 200 m and <br> up | 13 | 10 | 8 | 7 | 5 | 4 | 3 | 2 |
| Relays | 18 | 14 | 12 | 10 | 8 | 6 | 4 | 2 |

6.1. A Certificate will be awarded to each swimmer who attains at least one (1) AAAA time.
6.2. A Performance Trophy will be awarded, in each Age Group, to the Male and Female Swimmer who has the fastest swim based on the FINA Points system
6.3. Medals will be awarded for the first $\left(1^{\text {stt }}\right)$ to third $\left(3^{\text {rd }}\right)$ places in each event.
7. MASTERS SWIMMING:
7.1 Masters Events will be scored separately in the following Age Groupings: 25-34, 35-44, 45-54, 55-64 etc. These points will not contribute to the overall team scores.
7.2 Points will be awarded for the top eight (8) places in each Age Group (9, 7, 6, 5, 4, 3, 2 \& 1)
7.3 There will be a Trophy for the Club that scores the highest number of points
7.4 Medals will be awarded to the first $\left(1^{\text {st }}\right)$ to third $\left(3^{\text {rd }}\right)$ places in each Masters Age Group
N. B.: - For all Open Events 200 metres and above, swimmers MUST have achieved a minimum time standard of "BB" times for the particular event in their respective Age Group. The entries must show proof of the meet at which the times were achieved. Failure to swim this minimum time standard in the respective event at the meet, the swimmer must pay a fine of $\$ 500$ before being allowed to swim in his/her next event.

# ORDER OF EVENTS FOR THE 2019 NEVILLE ALEXANDER SWIM MEET 

## FRIDAY AFTERNOON: 5.30 p.m.

| 1-2 | 200 M Individual Medley |
| :--- | :--- |
| $3-4$ | 200 M Individual Medley |
| $5-6$ | 50 M Butterfly |
| $7-8$ | 50 M Butterfly |
| 9 | 1500 M Freestyle |
| 10 | 800 M Freestyle |

## SATURDAY MORNING: 8:30 a.m.

| $11-12$ | 200 M Freestyle | F/M OPEN |
| :--- | :--- | :--- |
| $13-14$ | 50 M Breaststroke | F/M 11-12 |
| $15-16$ | 50 M Breaststroke | F/M 13 \& Over |
| $17-18$ | 50 M Backstroke | F/M $8 \&$ Under |
| $19-20$ | 50 M Backstroke | F/M 9-10 |
| $21-22$ | 100 M Backstroke | F/M 11-12 |
| $23-24$ | 50 M Butterfly | F/M 8 \& Under |
| $25-26$ | 100 M Backstroke | F/M 13 \& Over |
| $27-28$ | 200 M Butterfly | F/M Open |
| $29-30$ | 200 M Medley Relay | F/M 10 \& Under |
| $31-32$ | 200 M Medley Relay | F/M 11-12 |
| $33-34$ | 200 M Medley Relay | F/M 13 \& Over |

## SATURDAY AFTERNOON: 4:00 p.m.

| 35-36 | 200 M Breaststroke | F/M OPEN |
| :--- | :--- | :--- |
| 37-38 | 50 M Backstroke | F/M 11-12 |
| $39-40$ | 50 M Backstroke | F/M 13 \& Over |
| $41-42$ | 50 M Backstroke | F/M Masters |
| $43-44$ | 100 M Butterfly | F/M 11-12 |
| $45-46$ | 100 M Butterfly | F/M 13 \& Over |
| $47-48$ | 50 M Butterfly | F/M 9-10 |
| $49-50$ | 50 M Butterfly | F/M Masters |
| $51-52$ | 400 M Individual Medley | F/M Open |
| $53-54$ | 100 M Freestyle | F/M 10 \& Under |
| $55-56$ | 100 M Freestyle | F/M 11-12 |
| $57-58$ | 100 M Freestyle | F/M 13 \& Over |

## SUNDAY MORNING: 9:00 a.m.

| 59-60 | 200 M Backstroke | F/M Open |
| :---: | :---: | :---: |
| 61-62 | 50 M Breaststroke | F/M Masters |
| 63-64 | 50 M Breaststroke | F/M 8 \& Under |
| 65-66 | 50 M Breaststroke | F/M 9-10 |
| 67-68 | 100 M Breaststroke | F/M 11-12 |
| 69-70 | 100 M Breaststroke | F/M 13 \& Over |
| 71-72 | 400 M Freestyle | F/M Open |
| 73-74 | 50 M Freestyle | F/M Masters |
| 75-76 | 50 M Freestyle | F/M 8 \& Under |
| 77-78 | 50 M Freestyle | F/M 9-10 |
| 79-80 | 50 M Freestyle | F/M 11-12 |
| 81-82 | 50 M Freestyle | F/M 13 \& Over |
| 83-84 | 800 M Freestyle Relay | F/M 10 \& Under |
| 85-86 | 800 M Freestyle Relay | F/M 11-12 |
| 87-88 | 800 M Freestyle Relay | F/M 13 \& Over |

