



**2023 ASAJ Christmas Open**  
**National Aquatic Centre, Kingston Jamaica**  
**December 16 – 19, 2023**

**ASAJ Sanction #:** 22308

**Venue:** National Aquatic Center: 8 Lane Competition Pool (with 25m Warm Up Pool)  
Colorado Electronic Timing System (CTS6): pads with back-up buttons

**Date and Times:**

Saturday	December 16	9:00 a.m & 5:00 p.m
Sunday	December 17	9:00 a.m & 5:00 p.m
Monday	December 18	9:00 a.m & 5:00 p.m.
Tuesday	December 19	9:00 a.m & 5:00 p.m

Pool will be opened 90 minutes before the start of each session.

**Eligibility:** All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.

**Registration:** **The ASAJ register closes at 4:00 pm on Friday, November 24, 2023.**  
Age groups according to the swimmer's age as at **December 31st, 2022.**  
Masters ages as at **December 31st, 2023.**  
Minimum age for OPEN events: 11 years old.

**Entry Fees:** N.B. ENTRIES SHOULD BE SUBMITTED VIA HY-TEK SOFTWARE to [asaj.meets@gmail.com](mailto:asaj.meets@gmail.com).

J\$400/US\$4.00 per swimmer per individual event.

Deck Entry: J\$800/US\$8.00 per swimmer per individual event and J\$1,200/US\$12 per relay team

**Swimmers entered in relays but not previously entered in the Meet, must pay the deck entry fee of J\$800/US\$8.00 per relay.**

**Entry fees are to be paid by December 8, 2023 by 4:00pm.** (This will be strictly enforced. There will be no late fees. Clubs/swimmers who do not adhere to this will not be allowed to participate).

Date of birth for each swimmer must be included in the entry file.

There will be positive check in for all events 400 M and above. There will be no refund for swimmers who scratch any event.

**Surcharge:** J\$600/US\$6.00 per swimmer

**Entry Limits:** Number of events per swimmer: No limit  
Number of relay teams per Club: 2 per event

The Meet Director reserves the right to change meet warm-up, start times, or drop/move events, add breaks in order to hold an efficient meet



- Entry Deadline:** Entries are to be submitted **December 1, 2023 by 11:59 pm**. Entries are to be submitted to [asaj.meets@gmail.com](mailto:asaj.meets@gmail.com).
- Rules:** FINA Rules and ASAJ By-Laws in force at the time of the competition will apply. FINA Starting rule SW 4 will apply  
Any swimmer starting before the starting signal has been given, shall be disqualified.  
See additional Rules and Regulations
- Programme:** Relay cards are in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the Session; the copy must be handed to the lane time keeper at the beginning of the event. Any change must be made no later than four (4) events prior to the scheduled event number, after that only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.
- Additional Rules:** **The 50, 100 and 200 M individual 11-12 and OPEN events will be swum as heats and finals.** Prelim events with 8 or fewer competitors on the blocks will go straight to finals. The 400, 800 and 1,500 M events will be swum as timed finals with the fastest heat in the evening session and the slower heats in the morning. 8&U, 9-10 and 10&U events are all timed finals. Relays will be swum as timed finals at the end of the evening sessions.
- Competitors will only be allowed to swim in their age group. If competitors swim outside of their age group, the offending swimmer will be disqualified from the competition..
- Time Trials and Deck entries will be allowed at the discretion of the Meet Director. Time trials will be allowed at the end of morning sessions only. Swim times will be included in the final results but will not score points nor be eligible for awards.
- Scratches are allowed at any time.
- Substitutions will NOT be allowed.  
Offending swimmers will be disqualified from the competition.
- Officials:** Referees and Starters on the FINA Swimming Lists no. 21 & 22 will officiate at each session.
- Marshalling:** There will be no Marshalling Area for the heats (morning sessions). The next heat must be behind the blocks while the current heat is in progress.  
The coaches are responsible to get their swimmers to the starting block.  
It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified. Once the swimmers are under the starter's orders and they have taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.  
The finals (evening sessions) will be marshalled.

**Protests**

All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of a disqualification, signed by the Team Manager or Head Coach and accompanied by J\$1,500 or

US\$12.00 Protest Fee. If the protest is upheld the fee will be returned to the Club.

**Jury of Appeal**

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B. Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
- C. The Jury of Appeal shall comprise 3 persons drawn from the pool of nominees submitted by each club.

**Awards and Points:**

- 1. Points will be awarded to the Finalists follows:  
9, 7, 6, 5, 4, 3, 2, 1 (INDIVIDUAL EVENTS)  
18, 14, 12, 10, 8, 6, 4, 2 (RELAYS)
- 2. MEDALS will be awarded to the three fastest swimmers in each Final
- 3. A trophy will be awarded to the 1st place club.
- 4. A performance trophy will be awarded to the male and female swimmer in the OPEN category and 11-12 age group category who attains the highest FINA Points ranking in a single event.
- 5. A performance trophy will be awarded to any swimmer who attains at least one 15-16 100M+ AAAA time.



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**Order of Events**

**SATURDAY AM**

**9:00am**

1		800	Freestyle (slow heats)	TF	F	OPEN
2		1500	Freestyle (slow heats)	TF	M	OPEN
3	4	100	Freestyle	TF	F/M	8&U
5	6	200	Breaststroke	H	F/M	11–12
7	8	200	Breaststroke	H	F/M	OPEN
9	10	100	Freestyle	TF	F/M	9-10
11	12	50	Backstroke	H	F/M	11–12
13	14	50	Backstroke	H	F/M	OPEN
15	16	200	Backstroke	TF	F/M	10&U
17	18	100	Butterfly	H	F/M	11–12
19	20	100	Butterfly	H	F/M	OPEN

**SATURDAY PM**

**5:00p.m**

1		800	Freestyle (fastest heat)	TF	F	OPEN
2		1500	Freestyle (fastest heat)	TF	M	OPEN
21	22	100	Freestyle	TF	F/M	Masters
5	6	200	Breaststroke	F	F/M	11–12
7	8	200	Breaststroke	F	F/M	OPEN
23	24	50	Backstroke	TF	F/M	8&U
11	12	50	Backstroke	F	F/M	11–12
13	14	50	Backstroke	F	F/M	OPEN
25	26	50	Backstroke	TF	F/M	9-10
17	18	100	Butterfly	F	F/M	11–12
19	20	100	Butterfly	F	F/M	OPEN
27	28	50	Backstroke	TF	F/M	Masters
29	30	400	Freestyle Relay	TF	F/M	10&U
31	32	400	Freestyle Relay	TF	F/M	11–12
33	34	400	Freestyle Relay	TF	F/M	OPEN

**SUNDAY AM**

**9:00am**

35	36	200	Freestyle	H	F/M	11–12
37	38	200	Freestyle	H	F/M	OPEN
39	40	100	Butterfly	TF	F/M	8&U
41	42	50	Butterfly	H	F/M	11–12



43	44	50	Butterfly	H	F/M	OPEN
45	46	100	Butterfly	TF	F/M	9-10
47	48	100	Backstroke	H	F/M	11-12
49	50	100	Backstroke	H	F/M	OPEN
51	52	200	Freestyle	TF	F/M	10&U
53	54	400	I.M. (slow heats)	TF	F/M	OPEN

### SUNDAY PM

35	36	200	Freestyle	F	F/M	11-12
37	38	200	Freestyle	F	F/M	OPEN
55	56	100	Butterfly	TF	F/M	Masters
41	42	50	Butterfly	F	F/M	11-12
43	44	50	Butterfly	F	F/M	OPEN
57	58	50	Breaststroke	TF	F/M	8&U
47	48	100	Backstroke	F	F/M	11-12
49	50	100	Backstroke	F	F/M	OPEN
59	60	50	Breaststroke	TF	F/M	9-10
53	54	400	I.M. (fastest heat)	TF	F/M	OPEN
61	62	50	Breaststroke	TF	F/M	Masters
63	64	200	Medley Relay	TF	F/M	10&U
65	66	400	Medley Relay	TF	F/M	11-12
67	68	400	Medley Relay	TF	F/M	OPEN

### MONDAY AM

9:00am

69	70	200	I.M.	H	F/M	11-12
71	72	200	I.M.	H	F/M	OPEN
73	74	100	Breaststroke	TF	F/M	8&U
75	76	50	Breaststroke	H	F/M	11-12
77	78	50	Breaststroke	H	F/M	OPEN
79	80	100	Breaststroke	TF	F/M	9-10
81	82	100	Freestyle	H	F/M	11-12
83	84	100	Freestyle	H	F/M	OPEN
85	86	200	Butterfly	TF	F/M	10&U
87	88	200	Butterfly	H	F/M	11-12
89	90	200	Butterfly	H	F/M	OPEN

### MONDAY PM

69	70	200	I.M.	F	F/M	11-12
71	72	200	I.M.	F	F/M	OPEN
91	92	100	Breaststroke	TF	F/M	Masters
75	76	50	Breaststroke	F	F/M	11-12
77	78	50	Breaststroke	F	F/M	OPEN



93	94	50	Freestyle	TF	F/M	8&U
81	82	100	Freestyle	F	F/M	11-12
83	84	100	Freestyle	F	F/M	OPEN
95	96	50	Freestyle	TF	F/M	9-10
87	88	200	Butterfly	F	F/M	11-12
89	90	200	Butterfly	F	F/M	OPEN
97	98	50	Freestyle	TF	F/M	Masters
99	100	200	I.M.	TF	F/M	10&U
101	102	800	Freestyle Relay	TF	F/M	11-12
103	104	800	Freestyle Relay	TF	F/M	OPEN

## **TUESDAY AM**

**9:00am**

105	106	400	Freestyle (slow heats)	TF	F/M	OPEN
107	108	100	Backstroke	TF	F/M	8&U
109	110	50	Freestyle	H	F/M	11-12
111	112	50	Freestyle	H	F/M	OPEN
113	114	100	Backstroke	TF	F/M	9-10
115	116	100	Breaststroke	H	F/M	11-12
117	118	100	Breaststroke	H	F/M	OPEN
119	120	200	Breaststroke	TF	F/M	10&U
121	122	200	Backstroke	H	F/M	11-12
123	124	200	Backstroke	H	F/M	OPEN

## **TUESDAY PM**

105	106	400	Freestyle (fastest heat)	TF	F/M	OPEN
125	126	100	Backstroke	TF	F/M	Masters
109	110	50	Freestyle	F	F/M	11-12
111	112	50	Freestyle	F	F/M	OPEN
127	128	50	Butterfly	TF	F/M	8&U
115	116	100	Breaststroke	F	F/M	11-12
117	118	100	Breaststroke	F	F/M	OPEN
129	130	50	Butterfly	TF	F/M	9-10
121	122	200	Backstroke	F	F/M	11-12
123	124	200	Backstroke	F	F/M	OPEN
131	132	50	Butterfly	TF	F/M	Masters
133	134	200	Freestyle Relay	TF	F/M	10&U
135	136	200	Freestyle Relay	TF	F/M	11-12
137	138	200	Freestyle Relay	TF	F/M	OPEN