## ASAJ SUMMER SIMMER MEET 2017

## SATURDAY JULY 8, 2017 @ THE NATIONAL AQUATIC CENTRE

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## Facilities:

Olympic Swimming Pool 8 Lane 50 M, with 25 M warm up and warm down pool Colorado Electronic Timing System (CTS6): pads with back-up buttons

## Meet Times:

Morning Session 8:30am, Saturday July 8, 2017
Afternoon Session 2:30pm, Saturday July 8, 2017
The pool will be opened one hour before each session for warm up.

## Eligibility:

All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.

Registration: The ASAJ register closes on Friday June 16, 2017 at 4:00pm.
Age Group ages for the meet shall be as of midnight December 31, 2016.
Masters ages for the meet shall be as of midnight December 31, 2017.

## Entry Limit:

Individual Entries - Maximum four (4) per swimmer
Relays- Maximum three (3) teams per club per event

## Entry Fees - HyTek:

J\$250 per swimmer per individual event
J\$400 per relay team

## Entry Fees - Non HyTek:

J\$300 per swimmer per individual event
J\$500 per relay team

## Deck Entry Fees:

J\$350 per swimmer per individual event, if space is available on a first come basis J\$600 per relay team, if space is available on a first come basis

## Surcharge:

$\$ 100$ per swimmer

## Entry Deadline:

Friday June 30, 2017 at midnight.
Late entries will be treated as Deck Entries.
Entries are to be emailed to asaj.meets@gmail.com or delivered to the ASAJ office.
Entry fees are to be paid before the meet. Late payments will attract a $15 \%$ penalty fee.

## Concession:

Meals, drinks, fruits \& snacks will be on sale during the meet

## Programmes:

Will be available on sale at the meet

## Rules and Regulations:

1. FINA Rules and ASAJ By-Laws in force at the time of the competition will apply, except as modified in this Summons. FINA Masters Rules will apply to Masters Events. See additional Rules and Regulations below.
2. Clubs are required to submit, with their entries, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Volunteers MUST report to the volunteer desk at least sixty (60) minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers (non-compliant Clubs will be excluded from participation):

- 1-5 swimmers entered:
- 6-10 swimmers entered:
- 11-20 swimmers entered:
- 21-30 swimmers entered:
- 31-40 swimmers entered:
- 41 or more swimmers entered:
- Unattached swimmers:

One (1) volunteer per session
Two (2) volunteers per session
Four (4) volunteers per session
Five (5) volunteers per session
Six (6) volunteers per session
Eight (8) volunteers per session
One (1) volunteer for one (1) session

## 3. ALL EVENTS ARE TIMED FINALS.

4. Relay cards are in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the Session; the copy must be handed to the head lane time keeper at the beginning of the event.

Any change must be made no later than four (4) events prior to the scheduled event number, after that only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.
5. There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress. It is the responsibility of the coaches to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
6. Once the swimmers are under the starter's orders and he/she has taken control of the race, no swimmer may then enter the race. If this occurs, the swimmer will be disqualified.
7. Competitors will only be allowed to swim in their respective Age Group.
8. Deck entries will be accommodated if space is available on a first come basis. Swim times will be included in the final results but will not score points nor be eligible for awards.
9. Scratches are allowed at any time.
10. There will be NO time trials.
11. The swimwear of all competitors shall be in good moral taste. All swimsuits shall be non-transparent. TECHNICAL SUITS ARE NOT ALLOWED. The referee has the authority to exclude any competitor whose costume does not comply with this Rule.

## 12. NO SMOKING OR DRINKING OF ALCOHOLIC BEVERAGES IS ALLOWED.

13. False starts - The FINA starting rules (SW4) will apply.

## Protests:

Protests are possible if the rules and regulations for the conduct of the competition are not observed; if other conditions endanger the competition and/or competitors; or against decisions of the referee. All protests to the Referee's Decision must be submitted to the Referee in writing within 30 minutes after the
announcement of the disqualification, signed by the Team Manager or Head Coach and accompanied by J\$500 Protest Fee. If the protest is upheld the fee will be returned to the Club.

## Jury of Appeal:

A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
B. Each club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
C. The Jury of Appeal shall be comprised of 3 persons drawn from the pool of nominees submitted by each club. Nominees shall be members of the ASAJ Council or Swimming Committees.

## Pre Competition Warm-up Rules:

In the 50 m pool, in the interest of the swimmers safety, the rules outlined below will be observed during warm-up prior to the start of each session. There shall be NO DIVING IN CIRCLE SWIMMING LANES AND TURN PRACTICE LANES, entry to these lanes is to be feet first, from a sitting position. A Safety Marshal will ensure compliance.

| START/FINISH END (NORTH) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
| 15m | 25m | Circle | Circle | Circle | Circle | 50m | Turn |
| Dive | Dive | Swim | Swim | Swim | Swim | Pace | Practice |
| Sprint | Sprint | Only | Only | Only | Only | Lane | Only |
| Only | Only |  |  |  |  | Only |  |
| Turn | Turn | Circle | Circle | Circle | Circle | 50m | 25m |
| Practice | Practice | Swim | Swim | Swim | Swim | Pace | Dive |
| Only | Only | Only | Only | Only | Only | Lane | Sprint |
|  |  |  |  |  |  | Only | Only |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
| TURN END (SOUTH) |  |  |  |  |  |  |  |

In the 25 m pool all lanes will be circle swimming, with feet first entry from a sitting position at all times.

## Awards and Points:

11 \& Over individual events will be placed and scored according to the Age Groups: 11-12, 13-14, 15-17, 18 \& Over.

10 \& Under individual events will be placed and scored according to the Age Groups: 6 \& Under, 78, 9-10.

Open events will be placed and scored according to the Age Groups: 10 \& Under, 11-12, 13-14, 15-17, 18 \& Over.

Masters will be placed and scored according to the Age Groups: 25-29, 30-34, 35-39, 40-44, 45-49, etc.

Points for each individual event by age group will be awarded as follows: 9, 7, 6, 5, 4, 3, 2, and 1 for 1st to 8th place, respectively.

Points for relay teams will be awarded as follows: 18, 14, 12, 10, 8, 6, 4, 2 for 1st to 8th place, respectively.

Medals will be awarded to the first three places in all events by age group, including Masters. Ribbons will be awarded for 4th to 8th place in the 10 \& Under age groups only.

Trophies will be awarded to the $1^{\text {st }}$ place club in the Age Group competition and the $1^{\text {st }}$ place club in the Masters competition.

## ASAJ Summer Simmer Meet

## ORDER OF EVENTS

| SESSION 1-8:30 A.M. |  |  |
| :--- | :--- | :--- |
| Event \# | Event | Age Group |
| $1-2$ | 200 IM | Open |
| $3-4$ | 100 m Freestyle | Open |
| $5-6$ | 50 m Butterfly | $10 \&$ Under |
| $7-8$ | 200 m Breaststroke | $11 \&$ Over |
| $9-10$ | 100 m Backstroke | Open |
| $11-12$ | 50 m Freestyle | $10 \&$ Under |
| $13-14$ | 200 m Butterfly | $11 \&$ Over |
| $15-16$ | 200 m Medley Relay | $10 \&$ Under |
| $17-18$ | 200 m Medley Relay | $11 \&$ Over |

SESSION 2-2:30 P.M.

| Event \# | Event | Age Group |
| :--- | :--- | :--- |
| $19-20$ | 50 m Freestyle | Masters |
| $21-22$ | 100 m Butterfly | Open |
| $23-24$ | 50 m Breaststroke | 10 \& Under |
| $25-26$ | 50 m Breaststroke | Masters |
| $27-28$ | 200 m Backstroke | 11 \& Over |
| $29-30$ | 50 m Butterfly | Masters |
| $31-32$ | 100 m Breaststroke | Open |
| $33-34$ | 50 m Backstroke | $10 \&$ Under |
| $35-36$ | 50 m Backstroke | Masters |
| $37-38$ | 200 m Freestyle | $11 \&$ Over |
| $39-40$ | 200 m Freestyle Relay | $10 \&$ Under |
| $41-42$ | 200 m Freestyle Relay | $11 \&$ Over |

