



## **ASAJ ARTISTIC SWIMMING COMPETITION & NATIONAL TEAM TRIALS** **July 01,2023, Kingston, Jamaica, W.I.**

The Aquatic Sports Association of Jamaica (ASAJ) invites eligible clubs and swimmers to participate in the **Artistic Swimming Development Meet to take place Saturday July,01,2023, in Kingston, Jamaica.** The competition is being held under the sanction of the ASAJ.

**ASAJ SANCTION#:** 22318

**DATE OF COMPETITION:** Saturday, July 01,2023

**COMPETITION:** The competition will consist of Super novice, Novice, Intermediate, Age group figures and routines and Junior and Senior technical routines.

**VENUE:** NAC, National Aquatic Center, Kingston, Jamaica.

**MEET MANAGERS:** Olga Novokshchenova , Robyn-Ann Chin Sang

### **RULES:**

- A combination of FINA 2017-2022 and 2023-2027 rules will be followed. Unless otherwise specified, FINA and ASAJ Bylaws and Regulations in force at time of competition.
- An Artistic swimmer's age group shall be determined by the age of the swimmer as of midnight on **31st December 2023.**
- Age Categories: Novice and Super Novice 12& under, 13 & over, Intermediate, Age group: 12& under, Age group: 13-15, Junior and Senior.
- An athlete may compete in an older age group for the duet, trio and team competition as long as at least one of the swimmers is in the relevant age group
- Age Group competitors may not swim in a younger age group.
- Any swimmer who is listed as an alternate for duet or team shall pay the relevant entry fee.
- If Swimmer placed in the top 3 in the Super novice category in the previous meet (February 2023). The athlete cannot enter the super novice category!
- Athletes may compete in figures only.



**ELIGIBILITY:** All swimmers who are registered members of a FINA Federation, Club or a school team.

- Super Novice & Novice: 12&U (2011 or later) 13&O (2010 and earlier)
- Age group 12&U: (2011 or later) Age group 13-15 (2010-2008) Juniors (2010 and earlier) Seniors (2007 and earlier)

**DELEGATIONS:** There is no limit to the number of athletes.

**Novice figures:**

- Ballet Leg, Single 1.6
- Barracuda 1.9
- Front Walkover 1.9
- Dolphin 1.4

**Super Novice figures:**

- Pretzel 1.1
- Front Pike Somersault 1.0
- Back Pike Somersault 1.0

**AG12& 12&under and Intermediate B figures (compulsory and group 2):**

- 106 Straight ballet leg 1.6
- 301 Barracuda 1.8
- 363 Water Drop 1.8
- 401 Swordfish 2.1

**AG 13-15: groups 5 and 6**

- 144 Rio Straight Leg 3.1
- 421 Walkover Back closing 360° 2.4
- 440d Ipanema Spinning 180° 3.1
- 311 Kip Combined Spin 2.4



### **Juniors & Seniors, Solo Technical Elements**

- 1B Thrust Spinning 360°. 2.1
- 2B Combined Spin 720-Continuous Spin 1080° 2.7
- 3 Swordfish Straight leg- Knight 3.2
- 4B Fishtail - Continuous Spin 720° 2.6
- 5B Rocket Split Bent Knee 2.1

### **Juniors & Seniors, Duet Technical Elements**

- 1B Walkover back closing 180°-Continuous spin 720° 2.5
- 2B Rocket Split-Spinning 180° 2.4
- 3B Flamingo Half twist Hybrid 2.6
- 4B Fishtail-Knight-Continuous spin 720° 2.7
- 5B Thrust Bent Knee Twirl 2.1

### **ROUTINES:**

**Super Novice:** Each club location/school may enter a max of 2 routines that can either be duet, trio or team. Each swimmer can only participate in 2 routines. Special exemption may be given if the team is unable to participate in one of the stated categories. Routines should be 1:00 minute +/-5.

**Novice:** Each club location/school may enter 2 solos, 2 duets, 2 trio and 1 team (max 8 swimmers). Each swimmer can only participate in 2 routines. Each routine **MUST** include the following elements: Kipnus, Boost, Front Walkover, Bent knee alternate and Barracuda. The elements can be performed in any order. Routines should be 1:30 +/-5.

**Age group 12&U,13-15 and Intermediate:** Each club location/school may enter 2 solos, 2 duets, and 1 team (max 8 swimmers) in each of the Age groups. Intermediate and AG 12&U will be judged together. These routines are free routines. Routines should be 1:45 +/-5.

**Junior/Senior-** Each club location/school may enter 2 solos and 2 duets. These routines are technical routines. All elements **MUST** be performed in correct order. Routines should be 2:00 +/-5. (1) pair acrobatics must be performed in a duet technical routine.



**MEET ENTRY FEES:** JMD \$1000 per competitor for figures only, 1 Routine and Figures JMD\$2000. Every additional routine is JMD\$500.

**AWARDS:** Medals will be awarded for 1st through 3rd places in each category, ribbons/buttons 4th-8<sup>th</sup>.

**OFFICIALS:** Judges provided by the ASAJ. Practice judging is allowed.

**PRELIM ENTRY DEADLINE:** Friday June 16, 2023.

**FINAL ENTRY DEADLINE:** Monday, June 26, 2023 (Payments must be made on or before to the ASAJ Artistic Swimming account (NCB- Savings-New Kingston- #354 214 334).

**CANCELLATION POLICY:** No Refund will be given if the swimmer drops out after June 26, 2023.

**SOUND EQUIPMENT:** Each delegation is asked to email their music labeled with Competitor Name, Club, Age Category, Routine/Event. Alternatively, a thumb drive with the music clearly labeled as above for each routine may be presented.

### **NATIONAL TEAM QUALIFYING SCORES**

#### **12&u**

Team 5.0, Duet 5.2, Solo 5.4

#### **13-15**

Team 5.2, Duet 5.4, Solo 5.6,

#### **Junior**

Team 5.4, Duet 5.6, Solo 5.8

#### **Senior**

Team 6.0, Duet 6.2, Solo 6.4