

ADDITIONAL PROTOCOLS FOR COMPETITIONS: Effective immediately

PLEASE REMEMBER: Do not come to the Aquatic Centre if you are feeling unwell, if you have a cold, a runny nose, a cough, a fever or if you have diarrhea. Remain at home.

All competitors will sit in the stands in the designated areas provided to facilitate Social Distancing- 6' apart. Clubs must have a Coach and Manager assigned to each Club to ensure that the protocols are followed. **No running around.**

The Clerk of Course will only accommodate sixteen swimmers at any particular time. This area will be sanitized throughout the meet. Swimmers will remain under the instruction of the Clerk of Course and then proceed to the blocks. Masks must be worn until the swimmers are at the starting blocks. Coaches are asked to make sure that swimmers are ready to enter the Clerk of Course area.

Marshalls/Coaches will be assigned to the EXIT side of the pool to make sure that swimmers leaving the pool after their races go directly to the warm-down pool and at the warm-down pool to make sure there is no crowding of swimmers and that they exit correctly for return to the stands. **Put on your mask as soon as you exit the pool. Sanitize your hands before you return to the stands.**

Timers will be seated three feet behind the blocks and will only come forward when the race is called and for the finish. The timers will sit diagonally 3' apart and 3' from the turn judges

There will be three sets of numbered baskets 1 to 8 for competitors' towels, etc. - One per lane for the start of the race. Once the race has started, those baskets will be removed to the side of the pool for collection after the race. The swimmers will take their baskets to the starting blocks and retrieve their clothing after the race from the baskets near the exit from the pool.

Water polo players and Artistic Swimmers will maintain physical distance between athletes when on deck

The showers at the north end near the Learn- to- Swim pool will be available for those who wish to wash off there, in order to avoid crowding in the bathrooms.

During the medal presentation the medals will be presented on a tray and the recipient will retrieve his or her medal from the tray and place it around his or her neck. Trophies will be handed to the receiver. The presenter will not make physical contact with the swimmer. There will be no shaking of hands or elbow bumping.

During the competition all Meet Officials must wear their masks and face shields.

Sanitization stations will be placed near the starting blocks and at the return entrance into the stands. The usual sanitization and temperature checks, face-masks and contact information protocols will be in place at point of entry to the facility.

We look forward to your compliance in the interest of keeping everyone safe. Please follow your Team Manager's instructions.