

**THE CENTRAL AMERICAN AND CARIBBEAN
AMATEUR SWIMMING CONFEDERATION
C.C.C.A.N**



CCCAN

EL SALVADOR 2023



CCCAN CHAMPIONSHIPS 2023

**SWIMMING, OPEN WATER,
ARTISTIC SWIMMING,
WATER POLO AND DIVING**



CHAMPIONSHIPS
CCCAN 2023
 (Arabic calligraphy)



HOST COUNTRY: EL SAVADOR

El Salvador, officially the Republic of El Salvador, is a sovereign country in Central America located on the coast of the Pacific Ocean. It is a republic located in the northeast of Central America, bordered to the north and east by Honduras, to the extreme southeast by the Gulf of Fonseca, to the south by the Pacific Ocean, and to the west and northwest by Guatemala. El Salvador is the smallest state and is the only country in Central America that does not have coasts on the Caribbean Sea. And it is also known as “El pulgarcito de América”.

El Salvador is located within the Tropics; however, the climate is moderate in many regions due to the altitude; in the plain with a tropical climate and in highlands can be semitropical and mild weather.

It has the Torogóz as its National bird, the Maquilishuat as its national tree and the Flor de Izote as its national flower and is known for its beautiful beaches and the proximity between its mountains, volcanoes and the entire tourist territory.

Some facts you should know about El Salvador:



El Salvador has more than 100 volcanoes, 20 of them considered active. The Santa Ana volcano is the highest in El Salvador; this one has a crater where you will see the active green lagoon of 90 centigrade with sulfur vapor.




The shield in the center of the flag of El Salvador represents the five volcanoes of the states of the United Provinces of Central America: El Salvador, Guatemala, Honduras, Nicaragua and Costa Rica.




El Salvador is among the twenty largest coffee producers in the world. There are some 20,000 coffee farmers throughout the country, employing more than 100,000 people.




Coatepeque lake, located 61 km from the capital; It is a lake of turquoise waters and of volcanic origin which in 2013 obtained second place in the contest that chooses the eighth wonder of the world.

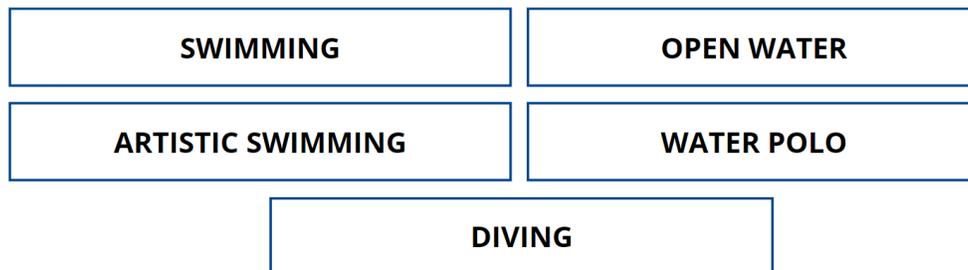





**CHAMPIONSHIPS
CCCAN 2023**



The host country for these championships is El Salvador. For this reason, the Salvadorian Federation of Swimming shall oversee the organization of the championships and will assist CCCAN in the preparation and development of the competitions of the next disciplines:



The championships will be held at the following locations in accordance with the itinerary shown below:

	COMPETITION VENUE	DATES
WATER POLO	MERLIOT SPORT CENTER	AUGUST 5 - AUGUST 12, 2023
DIVING	EX POLVORÍN SPORT COMPLEX	AUGUST 5 - AUGUST 10, 2023
SWIMMING	MERLIOT SPORT CENTER	AUGUST 13 - AUGUST 19, 2023
OPEN WATER	ILOPANGO LAKE	AUGUST 20 - AUGUST 26, 2023
ARTISTIC SWIMMING	EX POLVORÍN SPORT COMPLEX	SEPTEMBER 24 - SEPTEMBER 30, 2023
CONGRESS	TO BE ANNOUNCED	AUGUST 18, 2023





INVITED COUNTRIES

- | | | | | | |
|-----|--|------------------------------|-----|---------------------------------------|-------------------------------------|
| 1. | | Antigua & Barbuda (ANT) | 15. | | Guatemala (GUA) |
| 2. | | Aruba (ARU) | 16. | | Haiti (HAI) |
| 3. | | Bahamas (BAH) | 17. | | Honduras (HON) |
| 4. | | Barbados (BAR) | 18. | | Jamaica (JAM) |
| 5. | | Bermuda (BER) | 19. | | México (MEX) |
| 6. | | British Virgin Islands (IVB) | 20. | | Nicaragua (NCA) |
| 7. | | Cayman Islands (CAY) | 21. | | Panamá (PAN) |
| 8. | | Costa Rica (CRC) | 22. | | Puerto Rico (PUR) |
| 9. | | Cuba (CUB) | 23. | | St Kitts and Nevis (SKN) |
| 10. | | Curacao (CUR) | 24. | | St Lucia (LCA) |
| 11. | | Dominica (DMA) | 25. | | St Vincent and The Grenadines (VIN) |
| 12. | | Dominican Republic (DOM) | 26. | | Trinidad and Tobago (TTO) |
| 13. | | El Salvador (ESA) | 27. | | Turks and Caicos (TCI) |
| 14. | | Grenada (GRN) | 28. | | US Virgin Islands (ISV) |
| | | 29. | | Saint Maarten (MAA) | |
| | | 30. | | Anguilla Amateur Swimming Association | |

The citizens of **Colombia (COL)**, **Guyana (GUY)**, **Surinam (SUR)** and **Venezuela (VEN)** may, without being members of the CCCAN, participate in these championships through their respective federations if they receive the approval and authorization of the South American Confederation (CONSANAT), to which they are affiliated. Additionally, the residents of Bonaire, Saba and St. Eustatius may, without being members of the CCCAN, participate in these championships.

Equally, the residents of **Guadeloupe**, **Martinica y Guyana Francesa**, may participate through their respective associations, if they obtain the approval of the French Swimming Federation.



**CHAMPIONSHIPS
CCCAN 2023**



ACCOMMODATION

PRICES FOR ATHLETES AND TEAM OFFICIALS

- A) US \$110.00 per person per person per night for quadruple occupancy, inclusive of 3 meals per day and local transportation from the airport to the hotel and from the hotel to the place of competition of the delegations.
- B) US \$150.00 per person per person per night for triple occupancy, inclusive of 3 meals per day and local transportation from the airport to the hotel and from the hotel to the place of competition of the delegations.
- C) US \$200.00 per person per person per night for double occupancy, inclusive of 3 meals per day and local transportation from the airport to the hotel and from the hotel to the place of competition of the delegations.
- D) US \$250.00 per person per person per night for individual occupancy, inclusive of 3 meals per day and local transportation from the airport to the hotel and from the hotel to the place of competition of the delegations.

PRICES FOR TECHNICAL OFFICIALS

- A) US \$110.00 per person per person per night for double occupancy, inclusive of 3 meals per day and local transportation between the competition venue and the athlete's hotel.

Fifty percent (50%) of the estimated cost shall be paid in advance to the Organizing Committee on the following dates for each discipline:

DISCIPLINE	50% OF ACCOMMODATION	BALANCE
WATER POLO AND DIVING	JULY 5, 2023	JULY 30, 2023
SWIMMING AND OPEN WATER	JULY 17, 2023	AUGUST 5, 2023
ARTISTIC SWIMMING	AUGUST 5, 2023	SEPTEMBER 10, 2023

The payment must be made by each member of the official delegation to secure reservations of the rooms. On receipt of preliminary entries, the organizing committee will be able to provide all participating countries with more information regarding accommodation.





CHAMPIONSHIPS
CCCAN 2023



PARTICIPANTS

All participants in these Championships must:

- 1) Be a citizen of the Country they are seeking to represent World Aquatics rule I.3.1.1
- 2) Be a Member of a Federation duly constituted and affiliated to the (CCCAN) Confederation World Aquatics Rule I.2.1
- 3) The Federation must be up to date in its membership dues.
- 4) Teams participating in these championships must do so in the name of the country which they represent with the understanding that they are members of the Confederation through their respective Federations
- 5) Participants who are not members of a CCCAN National Federation must receive the approval and authorization of both their National Federation and Zone affiliate. Such approval must be signed by either the President or Secretary of the National Federation and Zone President and presented to the Secretary of CCCAN.
- 6) Non-citizens may be entered providing the competitor has been resident in the Country for at least one year prior to the entry deadline and must not have swum for another Country during that period. All Competitors must also be registered with, or a member of, the Swimming Federation of the Country that they represent. Competitors who are non-citizens would be required to present 'proof of residency' documents which could be proof of club membership, proof of attendance at school or any other organization. If a Country enters a competitor that is not a citizen of that country by birth or naturalization, the code for that country shall be changed by adding "AG" as a suffix to the designated three letter World Aquatics Country code and used throughout the competition e.g. ESA shall be changed to ESA-AG.
- 7) Proof of age must be provided by means of an official birth certificate or a passport. Competitors should use the passport of the country they are representing.





**CHAMPIONSHIPS
CCCAN 2023**



SWIMMING

ARRIVAL DATE	AUGUST 13, 2023
TECHNICAL MEETING	AUGUST 14, 2023
DATES OF COMPETITION	AUGUST 14 - 18, 2023
DEPARTURE DATE	AUGUST 19, 2023

CATEGORIES

11 - 12 YEARS OLD

Competitors 11-12 years old at midnight of December 31, 2022. Athletes born 2010 y 2011 may participate.

13 - 14 YEARS OLD

Competitors 13-14 years old at midnight of December 31, 2022. Athletes born 2008 y 2009 may participate.

15 - 17 YEARS OLD

Competitors 15, 16 & 17 years old at midnight of December 31, 2022. Athletes born 2005, 2006 y 2007 may participate.

18 YEARS OLD & OVER

Competitors 18 years or older at midnight of December 31, 2022. Athletes born 2004 or earlier may participate.





CHAMPIONSHIPS
CCCAN 2023



ENTRIES

(a) Preliminary entries:

The preliminary entries by team must be sent no later than **June 15, 2023** in the following link:

<https://forms.gle/6SsT3upzVqY86FYk9>

The preliminary entries must indicate the following on the forms provided:

1. In what swimming categories they will participate
2. The approximate number of persons in the official delegation, number of female and male athletes, number of technical officials.
3. Despite the official deadline date for preliminary entries **June 15, 2023**, it would be greatly appreciated if this information is submitted to the Organizing Committee as soon as possible to enable planning for local transportation, hotel accommodation and fine tuning of pandemic protocols.

(b) Final entries:

The deadline for the submission of final entries is midnight **July 17, 2023**. CCCAN working with the Organizing Committee will provide the HYTEK file in which the final entries will be entered. Final entries must be emailed to the following email address:

cccansecretary@gmail.com felixacalderon@gmail.com fedenat.fsn@gmail.com

ENTRIE RULES

- A. Each country may enter a maximum of four (4) swimmers in preliminary events. The fastest two (2) will move on to the finals. Each country may enter only one team in relays.
- B. There is no limit to the number of events in which an individual competitor may participate.
- C. No alternates or substitutes will be allowed in individual events.
- D. Relay events, each country may enter four (4) competitors, but any member of the country's team, duly entered in the championships, may be a substitute. All relays must be entered





CHAMPIONSHIPS
CCCAN 2023



together with the individual entries in the HY-TEK file no later than midnight **July 17, 2023**.

E. No competitor may participate out of his/her age group.

F. The order of the swimmers in the relay events must be turned in to the control table no later than **one (1) hour** prior to the start of the session in which the event is to be held.

RULES

The Championships shall be governed by the rules of World Aquatics in force at the time of the competition.

SWIMSUIT, GOGGLES AND SWIM CAPS

The swimwear, goggles, and swim caps used shall be those approved by World Aquatics and must be on the current “approved” list published by World Aquatics each year. These rules of attire apply both to Preliminary and Final events and must carry the approved World Aquatics mark.

INTERPRETATIONS

The Members of the CCCAN Executive Committee present at the championships shall have complete authority to answer and resolve all interpretation, resolutions or appeals related to these championships.

TECHNICAL OFFICIALS

The President of CCCAN, with the recommendation from the Technical Committee for each discipline, will name the judges and referees for the championships, with the understanding that at least 90% will be provided by the host country. **The CCCAN member and invited national federations can nominate** up to two (2) technical officials. For swimming, **Referees and Starters must be on Fina Officials Lists #21 and #22**. Technical Officials will be roomed in doubles but charged the quadruple rate for local transportation, accommodation and three (3) meals per day.





**CHAMPIONSHIPS
CCCAN 2023**



The entries with the names and background of each Technical Official shall be sent to the President of CCCAN no later than **Jun 25, 2023**, at the following address:

cccansecretary@gmail.com felixacalderon@gmail.com fedenat.fsn@gmail.com

The President of CCCAN shall notify each Federation and the Organizing Committee of the names of those technical officials selected to work at the championships.

AWARDS

- 1) A Championship trophy shall be awarded to the country with the highest points in each age group (male and female).
- 2) An Overall Championship trophy shall be awarded to the country gaining the highest total points.
- 3) Each award shall have the logo and the initials of the CCCAN and the design shall be approved by CCCAN.
- 4) First to third place shall be awarded medals in each event – gold, silver, bronze respectively. Each medal shall have the initials of the CCCAN and the design shall be approved by the CCCAN.
- 5) In relays each of the 4 participants shall receive a medal.

SCORING

PLACE	1°	2°	3°	4°	5°	6°	7°	8°	
POINTS	9	7	6	5	4	3	2	1	INDIVIDUAL EVENTS
POINTS	18	14	12	10	8	6	4	2	RELAYS





CHAMPIONSHIPS
CCCAN 2023



The awards shall be presented on the awards podium as determined by the Organizing Committee in consultation with the President of CCCAN or his nominee. The flags of the first three (3) places shall be raised and the anthem of the winning country shall be played.

PROGRAM

A) The heats in swimming will be held in the morning and the eight (8) finalists will be selected based on time. The finals will be held in the afternoon.

B) The 800 & 1500 M Freestyle, the 200 M Butterfly and 200 M Breaststroke in the 11-12 age group, and the 400 M Individual Medley in the 13-14 age group will be swum as “timed finals” and will be seeded in accordance with World Aquatics Rule 3.1.1.6. All entries in in these events must show “proof of time” (name and date of competition in which the time has been achieved) when entered in the HY-TEK file. If the evidence is not submitted, the swimmer will not be entered.

C) The 800 M & 1500 M Free events will be swum as a 13 and over category but will be awarded separately.

All swimmers in the Timed Final events (200 M Breaststroke & 200 M Butterfly 11-12, 400 M Individual Medley 13-14, and all 800/1500 M Free) must report to the Clerk of Course in the morning to account for any scratches, to ensure that there will be 8 swimmers in the Final heat.



**CHAMPIONSHIPS
CCCAN 2023**
٢٠٢٣



Day 1: Swimming Program, August 14, 2023

1 - 2	800W/1500M M FREESTYLE	13 YEARS & OVER (3-6)
7	200 M MIXED FREESTYLE RELAY	11 - 12 YEARS OLD
8	200 M MIXED FREESTYLE RELAY	13 - 14 YEARS OLD
9	200 M MIXED FREESTYLE RELAY	15 - 17 YEARS OLD
10	200 M MIXED FREESTYLE RELAY	18 YEARS & OVER

Day 2: Swimming Program, August 15, 2023

11 - 12	200 M INDIVIDUAL MEDLEY	11 - 12 YEARS OLD
13 - 14	200 M INDIVIDUAL MEDLEY	13 - 14 YEARS OLD
15 - 16	200 M INDIVIDUAL MEDLEY	15 - 17 YEARS OLD
17 - 18	200 M INDIVIDUAL MEDLEY	18 YEARS & OVER
19 - 20	50 M BUTTERFLY	11 - 12 YEARS OLD
21 - 22	50 M BUTTERFLY	13 - 14 YEARS OLD
23 - 24	50 M BUTTERFLY	15 - 17 YEARS OLD
25 - 26	50 M BUTTERFLY	18 YEARS & OVER
27 - 28	100 M BREASTSTROKE	11 - 12 YEARS OLD
29 - 30	100 M BREASTSTROKE	13 - 14 YEARS OLD
31 - 32	100 M BREASTSTROKE	15 - 17 YEARS OLD
33 - 34	100 M BREASTSTROKE	18 YEARS & OVER
35 - 36	200 M FREESTYLE	11 - 12 YEARS OLD
37 - 38	200 M FREESTYLE	13 - 14 YEARS OLD
39 - 40	200 M FREESTYLE	15 - 17 YEARS OLD
41 - 42	200 M FREESTYLE	18 YEARS & OVER
43 - 44	400 M MEDLEY RELAY	13 - 14 YEARS OLD
45 - 46	400 M MEDLEY RELAY	15 - 17 YEARS OLD
47 - 48	400 M MEDLEY RELAY	18 YEARS & OVER



**CHAMPIONSHIPS
CCCAN 2023**
٢٠٢٣



Day 3: Swimming Program, August 16, 2023

51 - 52 (53 - 56)	800M/1500W M FREESTYLE	13 YEARS & OVER
57 - 58	50 M BACKSTROKE	11 - 12 YEARS OLD
59 - 60	50 M BACKSTROKE	13 - 14 YEARS OLD
61 - 62	50 M BACKSTROKE	15 - 17 YEARS OLD
63 - 64	50 M BACKSTROKE	18 YEARS & OVER
65 - 66	200 M BREASTSTROKE	11 - 12 YEARS OLD
67- 68	200 M BREASTSTROKE	13 - 14 YEARS OLD
69 - 70	200 M BREASTSTROKE	15 - 17 YEARS OLD
71 -72	200 M BREASTSTROKE	18 YEARS & OVER
73 - 74	100 M FREESTYLE	11 - 12 YEARS OLD
75 - 76	100 M FREESTYLE	13 - 14 YEARS OLD
77 - 78	100 M FREESTYLE	15 - 17 YEARS OLD
79 - 80	100 M FREESTYLE	18 YEARS & OVER

Day 4: Swimming Program, August 17, 2023

82 - 83	400 M INDIVIDUAL MEDLEY	13 - 14 YEARS OLD
84 - 85	400 M INDIVIDUAL MEDLEY	15 - 17 YEARS OLD
86 - 87	400 M INDIVIDUAL MEDLEY	18 YEARS & OVER
88 - 89	50 M FREESTYLE	11 - 12 YEARS OLD
90 - 91	50 M FREESTYLE	13 - 14 YEARS OLD
92 - 93	50 M FREESTYLE	15 - 17 YEARS OLD
94 - 95	50 M FREESTYLE	18 YEARS & OVER
96 - 97	100 M BACKSTROKE	11 - 12 YEARS OLD
98 - 99	100 M BACKSTROKE	13 - 14 YEARS OLD
100 - 101	100 M BACKSTROKE	15 - 17 YEARS OLD
102 - 103	100 M BACKSTROKE	18 YEARS & OVER
104 - 105	200 M BUTTERFLY	11 - 12 YEARS OLD
106 - 107	200 M BUTTERFLY	13 - 14 YEARS OLD
108 - 109	200 M BUTTERFLY	15 - 17 YEARS OLD
110 - 111	200 M BUTTERFLY	18 YEARS & OVER





**CHAMPIONSHIPS
CCCAN 2023**
٢٠٢٣



112 - 113

800 M FREESTYLE RELAY

15 - 17 YEARS OLD

114 - 115

800 M FREESTYLE RELAY

18 YEARS & OVER

Day 5: Swimming Program, August 18, 2023

116 - 117

400 M FREESTYLE

11 - 12 YEARS OLD

118 - 119

400 M FREESTYLE

13 - 14 YEARS OLD

120 - 121

400 M FREESTYLE

15 - 17 YEARS OLD

122 - 123

400 M FREESTYLE

18 YEARS & OVER

124 - 125

50 M BREASTSTROKE

11 - 12 YEARS OLD

126 - 127

50 M BREASTSTROKE

13 - 14 YEARS OLD

128 - 129

50 M BREASTSTROKE

15 - 17 YEARS OLD

130 - 131

50 M BREASTSTROKE

18 YEARS & OVER

132 - 133

100 M BUTTERFLY

11 - 12 YEARS OLD

134 - 135

100 M BUTTERFLY

13 - 14 YEARS OLD

136 - 137

100 M BUTTERFLY

15 - 17 YEARS OLD

138 - 139

100 M BUTTERFLY

18 YEARS & OVER

140 - 141

200 M BACKSTROKE

11 - 12 YEARS OLD

142 - 143

200 M BACKSTROKE

13 - 14 YEARS OLD

144 - 145

200 M BACKSTROKE

15 - 17 YEARS OLD

146 - 147

200 M BACKSTROKE

18 YEARS & OVER

148 - 149

400 M FREESTYLE RELAY

11 - 12 YEARS OLD

150 - 151

400 M FREESTYLE RELAY

13 - 14 YEARS OLD

152 - 153

400 M FREESTYLE RELAY

15 - 17 YEARS OLD

154 - 155

400 M FREESTYLE RELAY

18 YEARS & OVER

DOPING CONTROL

The Organizing Committee will be conducting anti-doping testing.





CHAMPIONSHIPS
CCCAN 2023
 (Arabic calligraphy)



OPEN WATER

ARRIVAL DATE	AUGUST 20, 2023
PLACE RECOGNITION	AUGUST 21, 2023 (AM)
TECHNICAL MEETING	AUGUST 21, 2023 (PM)
DATE OF COMPETITION	AUGUST 22 - 25, 2023
DEPARTURE DATE	AUGUST 26, 2023

CATEGORIES

GROUP A	GROUP B	GROUP C
Competitors 12 years old at midnight, December 31, 2023, through 13 years old at midnight, December 31, 2022. Athletes born in 2010 and 2011 may participate.	Competitors 14 years old at midnight, December 31, 2023, through 17 years old at midnight, December 31, 2022. Athletes born in 2006, 2007, 2008 and 2009 may participate.	Competitors 18 years or older at midnight, December 31, 2023. Athletes born in 2005 or earlier may participate.

ENTRIES

(a) Preliminary entries

The preliminary entries by team must sent no later than **June 15, 2023** in the following link:

<https://forms.gle/6SsT3upzVqY86FYk9>





CHAMPIONSHIPS
CCCAN 2023



The preliminary entries must indicate the following on the forms provided:

1. In what categories they will participate.
2. The approximate number of persons in the official delegation, number of female and male athletes, number of technical officials.
3. Despite the official deadline date for preliminary entries **June 15, 2022**, it would be greatly appreciated if this information is submitted to the Organizing Committee as soon as possible to enable planning for local transportation, hotel accommodation and fine tuning of pandemic protocols.

(b) Final entries:

The deadline for the submission of final entries is midnight **July 17, 2023**. CCCAN working with the Organizing Committee will provide the final entries and the instructions to all invited teams. Each country must send the HYTEK file in which the final entries will be entered. Final entries must be emailed to the following email address:

cccansecretary@gmail.com felixacalderon@gmail.com fedenat.fsn@gmail.com

The committee will provide the HYTEK file 1 month prior the entry deadline.

ENTRIE RULES

- A. Each country may enter a maximum of three (3) competitors in each individual event, male and female.
- B. All competitors must be subject to a medical physical examination in the host country prior to their event. Time and place of this examination will be communicated to each delegation at the technical meeting.
- C. Competitors between the ages of 12 and 17 years old shall only participate if they are represented by their parents or by the delegate of their country at the championships. The competitor's representative must sign and include with the entry form a document exonerating CCCAN and the host federation of all responsibilities.
- D. It is obligatory that each swimmer is accompanied by a companion during the competition. An accompanying representative can accompany a maximum of 2 swimmers. If he/she does not have a representative from his/her country to accompany him/her, he/she must make a request for a companion to the Organizing Committee during the technical meeting.





CHAMPIONSHIPS
CCCAN 2023



Additional relay rules and procedures:

- Every category will held relay events.
- Relay mixed teams shall be formed by 4 athletes, 2 masculine and 2 feminine.
- Relay mixed teams can be formed of two athletes that are not participating on the open water events and the other two athletes shall be participating in one or all events of 3k (if the category applied), 5k and 10k.
- The distance for athlete changes during the event will be of 20 meters.
- The competitors of the relays of 12-13 years old shall swim 1.250 meters, each one.
- The competitors of the relays in the categories 14-17 and 18 & over, shall swim 1.250 each one.

RULES

The Championships shall be governed by the rules of World Aquatics in force at the time of the competitions.

SWIMWEAR, GOGGLES AND SWIM CAPS

The swimwear, goggles, and swim caps used shall be those approved by World Aquatics and must be on the current “approved” list published by World Aquatics each year. They must be worn in Preliminary and Final events and must carry the approved World Aquatics mark.

Every swim cap must have the three letters of the country code.

INTERPRETATIONS

The Members of the CCCAN Executive Committee present at the championships shall have complete authority to answer and resolve all interpretation, resolutions or appeals related to these championships. Considering the results obtained by the swimmers in the 5K event, the CCCAN Open Water Technical Committee will authorize their participation in the 10K event, even if they have been officially registered by their Federation in the 10K.

All competitors will have the opportunity to train and familiarize themselves with the competition course one (1) day prior to the first event.





CHAMPIONSHIPS
CCCAN 2023



Due the number of participants, the technical committee will decide what kind of start will be used.

Other matters of interest regarding the rules will be discussed in the technical meeting, prior to the competition.

TECHNICAL OFFICIALS

The President of CCCAN, with the recommendation from the Technical Committee for each discipline, will name the judges and referees for the championships, with the understanding that at least 90% will be provided by the host country. The CCCAN member and invited national federations can nominate up to two (2) technical officials. For swimming, Referees and Starters must be on World Aquatics Officials Lists #14 and #15. Technical Officials will be roomed in doubles but charged the quadruple rate for local transportation, accommodation and three (3) meals per day.

The entries with the names and background of each Technical Official shall be sent to the President of CCCAN no later than **Jun 25, 2023**, at the following address:

cccansecretary@gmail.com felixacalderon@gmail.com fedenat.fsn@gmail.com

The President of CCCAN shall notify each Federation and the Organizing Committee of the names of those technical officials selected to work at the championships.

TEAM OFFICIALS

Each delegation will be allowed three (3) Team Officials.

AWARDS

A Championship trophy shall be awarded to the country with the highest points in each age group (male and female) in every discipline and category. Each award shall have the logo and the initials of the CCCAN and the design shall be approved by CCCAN.

First to third place shall be awarded medals – gold, silver, bronze respectively- for each event. Each medal shall have the initials of the CCCAN and the design shall be approved by the CCCAN.





The awards shall be presented on the awards podium as determined by the Organizing Committee in consultation with the President of CCCAN or his nominee. Only the first three (3) places will go to the awards podium. The flags of the first three (3) places shall be raised and the anthem of the winning country shall be played

SCORING

PLACE	1°	2°	3°	4°	5°	6°	7°	8°	9°	10°	11°	12°	
POINTS	18	16	14	12	10	8	6	5	4	3	2	1	INDIVIDUAL EVENTS
POINTS	36	32	28	24	20	18	12	10	8	6	4	2	RELAYS

Day 1: Open Water Program, August 22, 2023

1 - 2	3 KM	12 - 13 YEARS OLD
3 - 4	5 KM	14 - 17 YEARS OLD
5 - 6	5 KM	18 YEARS & OVER

Day 2: Open Water Program, August 23, 2023

7	MIXED RELAY 5 KM	12 - 13 YEARS OLD
8	MIXED RELAY 5 KM	14 - 17 YEARS OLD
9	MIXED RELAY 5 KM	18 YEARS & OVER

Day 3: Open Water Program, August 24, 2023

REST / RECOVERY

Day 4: Open Water Program, August 25, 2023

10 - 11	10 KM	14 - 17 YEARS OLD
12 - 13	10 KM	18 YEARS & OVER



CHAMPIONSHIPS
CCCAN 2023



ARTISTIC SWIMMING

ARRIVAL DATE	SEPTEMBER 24, 2023
TECHNICAL MEETING	SEPTEMBER 25, 2023
DATES OF COMPETITION	SEPTEMBER 26 - 29, 2023
DEPARTURE DATE	SEPTEMBER 30, 2023

CATEGORIES

GROUP 1

Competitors 12 years old or less at midnight, December 31, 2023. Athletes born in 2011 or later may participate.

GROUP 2

Competitors 13, 14, and 15 yearsold at midnight, December 31, 2023. Athletes born in 2008, 2009, and 2010 may participate. Male athletes between 13 and 16 years old.

GROUP 3

Junior Category: Competitors 15, 16, 17 and 18 years old at midnight, December 31, 2023.. Athletes born in 2005, 2006, 2007, and 2008 may participate.





CHAMPIONSHIPS
CCCAN 2023



KEY DATES

Preliminary entry:	June 20, 2023
Final entry:	August 5, 2023
Accommodation form:	August 5, 2023
50% Deposit of accommodation:	August 5, 2023
Flight form:	August 12, 2023
Music and Coach Card deadline:	September 11, 2023
Full Payment of accommodation:	September 10, 2023
Delegations Arrival:	September 24, 2023
Technical Meeting:	September 25, 2023
Competition Dates:	September 26, 2023
Delegations Departure:	September 30, 2023

Each delegation must send their music to the following address tasc.cccan@gmail.com

Must be sent in mp3 format, labeled as follows:

Country code, category, event, last name and name.

Example: ESA JUNIOR SOLO – CARDONA ANDREA

Also, each delegation must send all coach cards to the following address:

soniacs@me.com

This artistic swimming competition is a combination of the CCCAN Championship and an invitational event for clubs affiliated with their national federations.

CCCAN CHAMPIONSHIP: National teams from CCCAN federations and invited countries which are on the list of participants can participate in this championship.

ENTRIES

(a) Preliminary entries:

The preliminary entries must indicate the following:

- In what artistic swimming categories and in what routine events they will participate.
- The approximate number of persons in the official delegation, including team officials.





CHAMPIONSHIPS
CCCAN 2023



- The number of female athletes, male athletes, delegation officials, and technical officials.
- The preliminary entries by team must be sent no later than **June 20, 2023** in the following link:
 - <https://forms.gle/6SsT3upzVqY86FYk9>

Although the deadline for preliminary entries is **June 20, 2023**, it will be greatly appreciated if this information is submitted to the Organizing Committee as soon as possible to allow them to plan for local transportation, room, and board.

(b) Final entries:

The participating countries must send their Final Entries in the specified formats with the seal of the Federation by email to the Championship Organizing committee.

The deadline for submitting final entries is midnight, **August 5, 2023**. Final entries must be emailed to the following email address:

cccansecretary@gmail.com felixacalderon@gmail.com fedenat.fsn@gmail.com

RULES OF PARTICIPATION

- Each participant in the championship must be a member of a club which must be duly federated or be nationally selected by a Federation.
- All Clubs affiliated to their federations can participate in the invitational event.
- All invited federations although do not belong to the CCCAN area can participate in the invitational.
- Each Federation will send in one entry, which will include all entries for the Country (i.e National Team, clubs, etc).
- Each Country and/or club may enter two (3) solos, two (3) duets, two (3) mixed duets, and one (1) team per age group.
- The teams must each be composed of a minimum of four (4) swimmers and a maximum of eight (8). World Aquatics Rule AS18.1 will apply.
- The combined routine must be composed of four (4) to ten (10) swimmers with a maximum of two male athletes.





CHAMPIONSHIPS
CCCAN 2023



- The acrobatic routine just for Juniors can be composed by four (4) to eight (8) swimmers with a maximum of two (2) male athletes.
- No competitor may participate out of his or her age group, even in an older category.
- Athletes with 15 years old can only participate in maximum two categories.

RULES

The Championships will be governed by the World Aquatics rules in force at the time of the competition.

SWIMSUITS

Swimsuits in routines must comply GR 5 y AS 13.9 A 13.12

TECHNICAL OFFICIALS

The President of CCCAN, with the recommendation from the Technical Committee for each discipline, will name the judges and referees for the championships, with the understanding that at least 90% will be provided by the host country. The CCCAN member and invited national federations can nominate up to two (2) technical officials.

It is mandatory for each participating Country to send two (2) judges. At least one (1) judge should be a World Aquatics or a Pan Am Aquatics judge who passed the World Aquatics Judges School (Schools of 2015 – 2023). These judges will have priority on the panels. Federations sending less than 2 Judges will have to pay a surcharge of \$ 500 USD per judge.

We make the call to the federations to promote being controller within their national judging corps.

- Federations that go with a delegation of 3 or less swimmers must bring at least one judge or pay a fine of \$500.00 USD.
- Federations that go with a delegation of 4 or less swimmers must bring at least two judges or pay a fine of \$500.00 USD

Technical Officials will be roomed in doubles but charged the quadruple rate for local transportation, accommodation and three (3) meals per day as indicated in this summons.





CHAMPIONSHIPS
CCCAN 2023



The entries with the names and background of each Technical Official shall be sent to the President of CCCAN no later than **Jun 25, 2023**, at the following address:

cccansecretary@gmail.com felixacalderon@gmail.com fedenat.fsn@gmail.com

The President of CCCAN shall notify each Federation and the Organizing Committee of the names of those technical officials selected to work at the championships.

AWARDS

- A Championship trophy shall be awarded to the Country with the highest points in each age group (male and female).
- In addition, an Overall Championship trophy shall be awarded to the Country gaining the highest total points.
- Each award shall have the logo and the initials of the C.C.C.A.N., and C.C.C.A.N shall approve the design.
- First to third place shall be awarded medals – gold, silver, bronze respectively, for each event in each discipline. Each medal shall have the initials of the C.C.C.A.N., and the design shall be approved by the C.C.C.A.N.
- The awards shall be presented on the awards podium as determined by the Organizing Committee in consultation with the President of C.C.C.A.N. or his nominee.
- Only the first three (3) places will go to the awards podium. The flags of the first three (3) places shall be raised and the anthem of the winning Country shall be played.
- For Group 1 and Group 2, the awards will be made in figures as an independent event and then the free routine which will have the result of Figures added. These two events will be awarded up to third place.
- For the figures, the qualification obtained by the athlete, awarded from 1 through 8, (complying with World Aquatics Rule AS 12.) independent of the Country where he/she belongs.
- For the free routine, the qualification obtained in the figures shall be added to the qualifications obtained in the free routine World Aquatics Rules AS12.2, AS12.3, AS13 and AS20.2.2.
- For Group 3 and 4, awards will be given separately for the technical routine as well as the Free routine.





CHAMPIONSHIPS
CCCCAN 2023



SCORING

PLACE	1°	2°	3°	4°	5°	6°	7°	8°
POINTS: SOLO AND FIGURES	24	22	20	18	16	14	12	10
POINTS: DUETS	36	33	30	27	24	21	18	15
TEAMS-COMBINED AND ACROBATIC	72	66	60	54	48	42	36	30

In solo and duet events, only one (1) solo and one (1) duet per Country will receive awards and points.

PROGRAM

NOTE 1: Changes may be made to the following program once the final entries for the competition are received.

NOTE 2: Any situation that arises and that is not contemplated in this call, will be resolved in the Technical Meeting.





PROGRAM: ARTISTIC SWIMMING

DAY 1: Artistic Swimming Program, September 26, 2023

MORNING	FIGURES	12 & UNDER
	FIGURES	13 - 15
	TECH SOLO	JUNIOR
	TECH MALE SOLO	JUNIOR
AFTERNOON	SOLO	12 & UNDER
	MALE SOLO	12 & UNDER
	SOLO	13 - 15
	MALE SOLO	13 - 15
	TECH DUET	JUNIOR
AWARD CEREMONY		

DAY 2: Artistic Swimming Program, September 27, 2023

MORNING	FREE MALE SOLO	JUNIOR
	FREE SOLO	JUNIOR
	TECH MIXED DUET	JUNIOR
AFTERNOON	DUET	12 & UNDER
	MIXED DUET	12 & UNDER
	DUET	13 - 15
	MIXED DUET	13 - 15
	FREE TEAM	JUNIOR
AWARD CEREMONY		

DAY 3: Artistic Swimming Program, September 28, 2023

MORNING	FREE MIXED DUET	JUNIOR
	FREE DUET	JUNIOR
AFTERNOON	TEAM	12 & UNDER
	TEAM	13 - 15
	TECH TEAM	JUNIOR
AWARD CEREMONY		

DAY 4: Artistic Swimming Program, September 29, 2023

MORNING	COMBINED ROUTINE	12 & UNDER
	COMBINED ROUTINE	13 - 15
	ACROBATIC ROUTINE	JUNIOR
AWARD CEREMONY		



CHAMPIONSHIPS
CCCAN 2023



WATER POLO

ARRIVAL DATE	AUGUST 5, 2023
TECHNICAL MEETING	AUGUST 6 (AM), 2023
DATES OF COMPETITION	AUGUST 6 (PM) - 11 (AM/PM), 2023
DEPARTURE DATE	AUGUST 12, 2023

CATEGORIES

Water Polo (man and woman)

GROUP A	GROUP B	GROUP C
Competitors 15 (U) years old or less at midnight, December 31, 2023. Athletes born in 2008 or later may participate.	Competitors 18 (U) years old or less at midnight, December 31, 2023. Athletes born in 2005 or later may participate.	Open Senior Category.

ENTRIES

(a) Preliminary entries:

The preliminary entries by team must be sent no later than **June 15, 2023** in the following link:

<https://forms.gle/6SsT3upzVqY86FYk9>





CHAMPIONSHIPS
CCCAN 2023



(b) Final entries:

The deadline for the submission of final entries is midnight **July 5, 2023**. Final entries must be sent to the following email address:

cccansecretary@gmail.com felixacalderon@gmail.com fedenat.fsn@gmail.com

ENTRY RULES

- A. Each country may enter no less than nine (9) and no more that thirteen (13) players per category.
- B. The rosters of all teams must be delivered at the Technical Meeting. A player cannot change the cap number during the games without the referee's permission.
- C. At this event a player from Group B may participate in Group C.

REFEREES

The President of CCCAN, with the recommendation from the Technical Water Polo Committee, will name the judges and referees for the championships. The President of CCCAN shall notify each Federation and the Organizing Committee of the names of those Technical Officials selected to work at the championships.

It is mandatory for each participating country to send one (1) referee. Any country participating that does not supply a referee will be fine **\$2000 USD**.

Technical Officials will be roomed in doubles but charged the quadruple rate for local transportation, accommodation and three (3) meals per day indicated in this summons.

The entries with the names and background of each Technical Official shall be sent to the President of CCCAN no later than **Jun 25, 2023**, at the following address:

cccansecretary@gmail.com felixacalderon@gmail.com fedenat.fsn@gmail.com

The President of CCCAN shall notify each Federation and the Organizing Committee of the names of those technical officials selected to work at the championships.





TEAM OFFICIALS

EACH PARTICIPATING COUNTRY HAS THE RIGHT TO INCLUDE IN ITS OFFICIAL DELEGATION, THE FOLLOWING TEAM OFFICIALS:

Delegations of thirteen (13) competitors will be allowed 5 additional people including the referee.

NEUTRAL REFEREES

Host Country is to supply at least 2 Neutral Referee for the duration of the championship. The expenses of these referees will be covered 50% by the host country and 50% by CCCAN.

AWARDS

A Championship trophy shall be awarded to the country with the highest points in each age group (male and female) in every category. In addition, an Overall Championships trophy shall be awarded to the country gaining the highest total points. Each award shall have the logo and the initials of the CCCAN and the design shall be approved by CCCAN.

First to third place shall be awarded medals (gold, silver, bronze respectively), for each event. Each medal shall have the initials of the CCCAN and the design shall be approved by the CCCAN. The awards shall be presented on the awards podium as determined by the Organizing Committee in consultation with the President of CCCAN or his nominee. Only the first three (3) places will be awarded medals. The flags of the first three (3) places shall be raised and the anthem of the winning country shall be played.

Each participant will receive the prize corresponding to their country.

SCORING

PLACE	1°	2°	3°	4°	5°	6°	7°	8°
POINTS	72	66	60	54	48	42	36	30



CHAMPIONSHIPS
CCCAN 2023



Independent scoring will be kept in each category, and gender to decide Team champions. The team with the most total points in all categories, will receive the Overall Championship trophy and will also receive the CCCAN flag to keep until the next championships.

PROGRAM

1. The system of games will be decided in a preliminary draw done by the Executive Committee and the TWPC, in accordance with the number of participating teams in each category.
2. The system to decide ties will be as set forth in the World Aquatics Handbook.
3. For all categories, the ball shall be one that satisfies the requirements of World Aquatics Rules. The ball will be selected by the Organizing Committee after discussions with the CCCAN.
4. Teams with less than 13 players in their roster will NOT be required to have two (2) goalkeepers in their roster.





CHAMPIONSHIPS
CCCCAN 2023



DIVING

ARRIVAL DATE	AUGUST 5, 2023
TECHNICAL MEETING	AUGUST 6, 2023
DATES OF COMPETITION	AUGUST 7 - 9, 2023
DEPARTURE DATE	AUGUST 10, 2023

CATEGORIES

GROUP A

Group 'A' competitors of 14 years old to 18 years old, at midnight of December 31, 2023. Athletes born in 2005, 2006, 2007, 2008 and 2009 may participate

GROUP B

Group 'B' Competitors of 13 years old or less, at midnight of December 31, 2023. Athletes born in 2010, 2011 and 2012 may participate

GROUP C

"Open" Competitors with no age restrictions.

ENTRIES

(a) Preliminary entries:

The preliminary entries by team must sent no later than **June 15, 2023** in the following link:

<https://forms.gle/6SsT3upzVqY86FYk9>





CHAMPIONSHIPS
CCCAN 2023



The preliminary entries must indicate the following:

- In what diving categories they will participate.
- The approximate number of persons in the official delegation.

Indicating: the number of female athletes, number of male athletes, number of delegation officials, and number of technical. Although the deadline for preliminary entries is **June 15, 2023**, it will be greatly appreciated if this information is submitted to the Organizing Committee as soon as possible to allow them to plan for local transportation, room, and board.

(b) Final entries:

The participating countries must send their Final Entries in the specified formats with the seal of the Federation by email to the Championship Organizing committee with a copy to CCCAN to the following address:

fedenat.fsn@gmail.com cccanssecretary@gmail.com felixacaladeron@gmail.com

Final entries, by disciplines, must be in hands of the Organizing Committee no later than midnight of **July 5, 2023**. The host country will not be responsible for the expenses incurred by the person, or persons that personally deliver the Final Entries.

ENTRY RULES

- Each country may enter a maximum of two (2) competitors in each individual event
- There is no limit in the number of events in which an individual competitor may participate.
- No alternates or substitutes will be allowed in individual events.
- No competitor may participate out of his/her age group, even in an older one.
- The exact list of dives for each competitor must be turned in at least 24 hours prior to official participation to the diving referee.





CHAMPIONSHIPS
CCCAN 2023



RULES

The Championship shall be governed by the rules of World Aquatics in force at the time of the competitions.

INTERPRETATIONS

The Members of the CCCAN Executive Committee present at the championships shall have complete authority to answer and resolve all interpretation, resolutions or appeals related to these championships.

TECHNICAL OFFICIALS

The President of CCCAN, with the recommendation from the Technical Committee for each discipline, will name the judges for the championships, with the understanding that at least 90% will be provided by the host country. The federations participating in these championships may include in their delegation a maximum of two (2) technical officials per discipline. Technical Officials will be roomed in doubles but charged the quadruple rate for local transportation, accommodation and three (3) meals per day as indicated in Item 13 of this summons.

In Diving, it is mandatory for each participating country to send one (1) judge if the team has four (4) or more divers. Countries with less than four (4) divers are welcome to bring a judge.

The entries with the names and background of each Technical Official shall be sent to the President of CCCAN no later than **Jun 25, 2023**, at the following address:

cccansecretary@gmail.com felixacalderon@gmail.com fedenat.fsn@gmail.com

The President of CCCAN shall notify each Federation and the Organizing Committee of the names of those technical officials selected to work at the championships.





AWARDS

A championship trophy shall be awarded to the country with the highest points in each age group (male and female) in every discipline and category. From the first to third place medals will be awarded - gold, silver, bronze, respectively, for each event in each discipline. Each medal will have the initials of the CCCAN and the design approved by the CCCAN.

The prizes will be awarded at the end of each event, on the award podium, as determined by the Organizing Committee in consultation with the President of the CCCAN or its candidate, where only the first three places will go. The flags of the first three places will be raised and the national anthem of the winning country will be heard.

SCORING

PLACE	1°	2°	3°	4°	5°	6°	7°	8°
POINTS	9	7	6	5	4	3	2	1

Independent scoring will be kept in each discipline, category, and sex to decide Team champions. The team with the most total points in all disciplines and categories, will receive the Overall Championship trophy and will also receive the CCCAN flag to keep until the next championships.

PROGRAM

The diving program will follow the World Aquatics age group rules (DAG) and exceptions authorized by World Aquatics.

1. All competitions shall be final.
2. The rules of the World Aquatics age group (DAG) will apply to groups A and Open without exceptions.
3. For group B, the following shall apply:
 - Trampoline of 1 and 3 meters
 - Platform: Women and men will only compete from the 5 meter or 7.5 meter platform



- Each competitor must compete with 4 limit dives, selected from different groups, with the total difficulty level not exceeding 7.6 and 2 dives without limit of degree of difficulty, selected from different group.

PROGRAM: DIVING

DAY 1: Diving Program, August 7, 2023

SPRINGBOARD	1 METER	GROUP A	FEMALE
SPRINGBOARD	1 METER	GROUP A	MALE
SPRINGBOARD	1 METER	GROUP B	FEMALE
SPRINGBOARD	1 METER	GROUP B	MALE
SPRINGBOARD	1 METER	OPEN	FEMALE
SPRINGBOARD	1 METER	OPEN	MALE

DAY 2: Diving Program, August 8, 2023

PLATFORM	5-7 / 5-10 METERS	GROUP A	FEMALE
PLATFORM	5-7 / 5-10 METERS	GROUP A	MALE
PLATFORM	5-7 / 5-10 METERS	GROUP B	FEMALE
PLATFORM	5-7 / 5-10 METERS	GROUP B	MALE
PLATFORM	5-7 / 5-10 METERS	OPEN	FEMALE
PLATFORM	5-7 / 5-10 METERS	OPEN	MALE

DAY 3: Diving Program, August 9, 2023

SPRINGBOARD	3 METERS	GROUP A	FEMALE
SPRINGBOARD	3 METERS	GROUP A	MALE
SPRINGBOARD	3 METERS	GROUP B	FEMALE
SPRINGBOARD	3 METERS	GROUP B	MALE
SPRINGBOARD	3 METERS	OPEN	FEMALE
SPRINGBOARD	3 METERS	OPEN	MALE



CHAMPIONSHIPS
CCCAN 2023



ACCREDITATION

Each participating country has the right to include in its official delegation, the following Team Officials.

- Delegations of five (5) competitors or less will be allowed two (2) team officials.
- Delegations of six (6) to ten (10) competitors will be allowed three (3) team officials.
- Delegations of eleven (11) to twenty-four (24) competitors will be allowed four (4) team officials.
- Delegations of more than 24 competitors will allowed five (5) team officials

GENERAL DETAILS

MINIMUM OF PARTICIPATING COUNTRIES

For the celebration of a “Championship” in all the disciplines and their respective categories, participation of at least two (2) countries is required. If in a discipline and/or event, the required number of countries are not participating, the Organizing Committee shall advise the President of CCCAN on the following dates for each discipline:

WATER POLO AND DIVING: JULY 07, 2023

SWIMMING AND OPEN WATER: JULY 19, 2023

ARTISTIC SWIMMING: AUGUST 20, 2023

Acting on the recommendation of the President of the Technical Committee, the President of the CCCAN will take the appropriate measures to eliminate such events





CHAMPIONSHIPS
CCCAN 2023



PAYMENT

BANCO AGRICOLA, S.A.
Boulevard Constitución No.100
San Salvador, El Salvador, C.A.
SWIFT CODE: CAGRSVSS

TO CREDIT ACCOUNT No. 564-000791-7
TO: FEDERACIÓN SALVADOREÑA DE NATACIÓN
TELEPHONE: 2278-8316

IF IT'S NECESSARY:

INTERMEDIARY BANK

WACHOVIA BANK
11 PENN PLAZA, 4th FL. (10001)
New York, N.Y. USA.
SWIFT CODE: PNBUS3NNYC
ABA: 026005092

If you require any assistance with your payment, please contact the Salvadoran Swimming Federation.

Contact:

+503 7973-2323
Armando Campos
Administrative Manager
Salvadoran Swimming Federation
famcamposg@hotmail.com





CHAMPIONSHIPS
CCCAN 2023



VISA REQUIREMENTS

If your country requires a VISA to enter El Salvador, each person is responsible for starting the application process. If you need help, please contact the Salvadoran Swimming Federation for specific information and entry requirements for each country:

Contact:

+503 7602-5626

Luis Araujo

Technical Manager

Salvadoran Swimming Federation

fednat.fsn@gmail.com



Mrs. Carmen Elena Orellana Márquez.

President

El Salvador Swimming Federation

DIGITAL SIGNATURE

Félix Calderón

President

The Central American and Caribbean

Amateur Swimming Confederation

CCCAN

**EVERY STEP OF THE ROAD IS A CHALLENGE, DON'T STOP!
EL SALVADOR WAITS FOR YOU!**

