

Artistic Swimming of Jamaica (ASJ) invites eligible clubs and swimmers to participate in its **Artistic Swimming Invitational Meet to take place February 09-11, 2024** *in Kingston, Jamaica*. The competition is being held under the sanction of the Aquatic Sports Association of Jamaica.

DATE OF COMPETITION: February 09-11,2024

COMPETITION: The competition will consist of Novice, Intermediate, Age group figures and routines as well as Junior and Senior routines and technical routines.

VENUE: NAC, National Aquatic Center, Independence Park, Kingston, Jamaica.

MEET MANAGERS: Olga Novokshchenova, Robyn-Ann Chin Sang, Alissa Moberg

RULES:

- A combination of USA Artistic Swimming and FINA 2023-2027 rules will be followed.
 Unless otherwise specified, FINA and ASAJ Bylaws and Regulations in force at time of competition.
- An Artistic swimmer's age group shall be determined by the age of the swimmer as of midnight on 31st December 2024.
- An athlete may compete in an older age group for the duet, trio and team competition as long as at least one of the swimmers is in the relevant age group.
- Age Group competitors may not swim in a younger age group.
- Any swimmer who is listed as an alternate for routines shall pay the relevant entry fee.
- Athletes may compete in figures only.
- Coach cards will be used for Age Group, Junior and Senior athletes.
- Swimwear for the figure session must be according to FINA rule GR 5. It shall be black, and competitors shall wear white caps. Goggles and nose clips may be worn.
 Competitors must remove any dangling jewelry prior to the start of the event. No nail polish is permitted.



ELIGIBILITY: All swimmers who are registered members of a FINA Federation, Club or a school team.

Novice age categories: 8 & Under, 9-10, 11-12, 13&Over.

Intermediate age categories: 8 & Under, 9-10, 11-12,13-15, 16 & Over.

Age Group age categories: 12 & Under, 13-15

Junior

Senior

** If the swimmer can thrust to the waist or executes spins he/she must be entered as an intermediate or higher level.

ENTRIES: Complete the prelim entry form:

https://docs.google.com/forms/d/e/1FAlpQLSef2R12csMSqJDwxtM2ib57PzGVY3zvQ2oj NdZ3uaDlzn9nMg/viewform

PRELIMINARY entries are due by December 01,2023. In order for us to have a properly planned program we ask that you adhere to the deadlines. Please use the form provided.

FINAL entries must be submitted by January 09,2024. Final entry form must be submitted via email. The form will be sent to the teams at a later date.

ENTRY FEES:

General Participation Fee: JMD \$3,000 (local swimmers) or USD \$35

Routine Fee: JMD \$1,500(local swimmers) Or USD \$10 per athlete per routine

^{**}Any swimmer who is listed as an alternate/reserve for routines shall pay the relevant fees.



PAYMENT DEADLINE: January, 10, 2024

Wire Transfer Payment

Account Name: Aquatic Sports Association of Jamaica(ASAJ)-Artistic Swimming

Bank: National Commercial Bank
Branch: Knutsford Boulevard
Account Type: Savings

Currency: JMD

Account Number: 354-214-334
Swift Code: JNCBJMKX

AIRPORT:

- Norman Manley International Airport (KIN) -nearest option located in Kingston
- Sangster International Airport (MBJ)-(approx 3.5 hours away from Kingston)

HOTELS:

- AC Hotel by Marriot Kingston-(4 mins to pool)
- Spanish Court Hotel(5 mins to pool)
- The Jamaica Pegasus Hotel-(6mins to pool)

TRANSPORTATION: TBC (based on indication of interest)

JUDGES: Judges to be determined by the ASAJ and meet officials. Each team/club is to send at least 1 Judge. There is a USD\$100 penalty per 10 athletes for any club not providing a Judge. Practice Judges are allowed.

MEET SPECTATOR FEE: All persons attending the meet will be required to pay a one time spectator fee for venue entry. JMD \$1000(locals) or USD \$15.

^{**} Group rates to be determined amongst hotel options. Other hotel options are also available.



FIGURES:

Novice figures:

- 316 Kipnus
- 301 Barracuda
- 360 Front Walkover
- Bent Knee Alternate

Intermediate B figures:

- 344 Neptunus
- 301 Barracuda
- 420 Back walkover
- 318 Kip Bent knee

AG12&U figures:

- 106 Straight Ballet leg
- 301 Barracuda 180°
- 348 Tower
- 359 Front Ariana

AG 13-15 figures:

- 144 Rio Straight Leg
- 421 Walkover back closing 360°
- 440d Ipanema Spinning 180°
- 311j Kip Combined Spin

ROUTINES-Each club/school may register the following per category/level:

- Solos(Female or Male)
- Duets(Female or Mixed)
- Trio(Female)
- Team

^{*} Novices limited to only 3 routines per age category*



Novice may enter TWO Solos, Duets, ONE Trio and ONE Team.Routine time limits 1:30 +/-5 for all routines. Required Technical elements must be performed in the following order: Back tuck somersault (Fg.310), Bent knee alternate(Fg.100), No arm boost (body totally submerged or back of the head/torso flush to the surface), Blossom(Fg.302) and Kipnus (Fg.316). No coach card required.

Intermediate may enter TWO Solos, Duets, ONE Trio and ONE Team. Routines time limits are 1:45 +/-5(solo), 2:05 +/-5(duet/trio), 2:35 +/-5(team). Required Technical elements must be performed in the following order: Tower (Fg.348), Boost with one arm (a rapid, head-first rise, with a maximum amount of the body above the surface of the water. The Boost is begun with the body totally underwater or with the back of the head and/or torso flush with the surface. The Boost is completed upon total submergence), Ballet Leg (Fg. 101) and Kip, Bent Knee (Fg.318), Barracuda (Fg.301).

Solos allowed 1 x Free Hybrid, Duet/Mixed Duet/Trio maximum of 2 x Free Hybrids, OR 1 x Free Hybrid and 1 x Pair Acrobatic

Team - maximum of 2 x Free Hybrids OR 1 x Free Hybrid and 1 x Acrobatic Movement. Placement of the free hybrids and acrobatics within the routine is optional. No coach card required.

Age Group- These routines are free routines, with standard age group required times. Coach cards must be completed.

Junior/Senior- Tech and Free routines which are separate events. Coach cards must be completed.

MUSIC: Each delegation should upload their music in Mp3 format to the google drive provided by January 19,2024. Please label the file with Name, Age Category, Level(Nov,Int,AG,Jun,Sen), Routine/Event.

Example: K.Smith_9-10_Nov_Solo.mp3

GELLING: No gelling application allowed. Competitors must come already gelled if being used. No gel removal on the property. Teams will incur a US\$80 penalty for any gel applications and removal on property.



SPLASHQUATICS INTERNATIONAL INVITATIONAL February 09-11, 2024

Kingston, Jamaica, W.I.

POOL: A 25m diving pool. Outdoors and unheated. Comfortable temperature year round.



SEATING: Limited seating by the diving pool, feel free to bring your own. Tent rental costs at an additional cost USD \$70.

CONCESSIONS: A concession stand is available to purchase snacks and drinks throughout the day.

LUNCH: Light lunch for the athletes is included in the participation fee for Saturday. Coaches and Officials will receive lunch and beverages on Saturday.

SCHEDULE: Tentative Schedule listed. The final meet schedule will be sent along with the order of draw.

Friday, February 09,2024

AM-Judges Clinic & Training

PM-Figures & Tech Routines

Saturday, February 10,2024

AM- All free routines

PM-Closing Ceremony

Sunday, February 11,2024

AM-Athlete Camp Fun & Clinic

AWARDS: Medals will be awarded for 1st through 3rd place and ribbons/buttons for 4th-8th place.

CLOSING CEREMONY: Teams should bring flags of their country being represented.