

The Aruba Dolphins Swimming and Waterpolo Club extends a cordial invitation to you to participate in the 22nd Aruba Dolphins Age Group Invitational Swimming Championships to be held in Aruba from October 31st, 1-2-3 November 2024.

Host:	Aruba Dolphins Swimming and Waterpolo Club.		
Sanction:	Aruba Aquatics Federation. (A.A.F.)		
Dates:	October 31, November 1-2-3, 2024		
Venue:	Pisina Olimpico Roly Bisslik. 50 Meters - 10 lane pool. Swim down pool - 20m.		
Timing:	Omega Timing, touch pads and back-up buttons. Hy-Tek Meet Manager software.		
Age:	Age of the swimmer on December 31, 2023.		
Categories:	6 & under 7 - 8 9 - 10 11 - 12 13 - 14 15 - 17 18 & older		
Format:	The age categories 6 & under, 7 - 8 and 9 - 10, where applicable, will swim together as 10 & under but will be awarded separately. The 11 - 12, 13 - 14, 15 -17, 18 & older will swim together as 11 & older, but will also be awarded separately. World Aquatics rules will be applied.		
Eligibility:	Swimmers must be registered with their own swimming federation. A letter of good standing must be presented before the start of the meet.		
	No limit to the number of swimmers that each team can enter in one event. A limit of 2 individual events per swimmers for sessions 1-2-3-4. No limit on number of relays for teams. Mixed Relays must consist of 2 female and 2 male swimmers. No swim-ups allowed. Relay entries must be according to age group categories. A swimmer must swim in at least 1 individual event in order to swim in relay events. Kindly submit the name of the coach that will be the contact person with the meet director and meet referees.		



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Entry Limit:	The meet will be capped at 350 athletes on a first come, first served basis.		
Entry deadline:	October 13, 2024. No exceptions. Hy-tek zip is preferred. Administration fee of \$10 per athlete if not in Hy-tek zip file.		
Shared Drive:	Click this link for zip-file and more meet related info. Shared drive ADI 24		
Corrections:	Submitted entries will be entered in Meet Manager and a copy will be returned for final corrections and review. Corrections must be submitted to the Meet Director no later than October 20, 2024.		
Psych sheet:	The psych sheet will be published on October 27, 2024. Hereafter only scratches will be allowed.		
Scoring:	Points awarded are 9-7-6-5-4-3-2-1 for individual events, relays score double. All events are timed finals.		
Officials:	The Aruba Aquatics Federation will appoint World Aquatics referees, judges and timekeepers for the meet. Participating teams are invited to submit names of timekeepers willing to serve as officials during the meet.		
Awards:	Medals for 1 <sup>st</sup> to 3 <sup>rd</sup> place. Team Trophy for 1 <sup>st</sup> to 3 <sup>rd</sup> place teams. High Point Trophy for 1 <sup>st</sup> to 3 <sup>rd</sup> place in each category.		
Entry fee:	US\$ 40.00 Athlete Surcharge.		
	Aruba Aquatics Federation members will be charged in AWG.		



Time Trial:	Time trials or time recording can be requested at the meet director no later than 30 minutes before the start of each session. The meet referee will approve the request. Time trials or time recording will be at a cost of US\$ 20.00 per swimmer per event and to be paid in exact cash (US\$) to the meet director immediately after the referee's approval. Only 1 time trial request may be submitted per session per swimmer.			
Opening:	Opening ceremonies will be on November 1st, 2024 at 6.00 pm at the pool. Teams and officials are required to wear their uniforms.			
Closing:	Closing ceremonies and awards presentation will be on Sunday, November 3rd, 2024, one hour after the last heat at the pool. (approx. 2.00 pm.)			
Camera Zones:	Meet Management will designate and inform the public of camera zones. Under NO circumstances will camera zones include the area immediately behind the starting blocks at either end of the racing course during warm up and competition. Also camera's in the locker rooms, restrooms or any other dressing areas are prohibited. Any individual failing to abide by this rule could be subjected to the Aruba Aquatics Federation's Swimming Code of Ethics and Conduct violation.			
Contact:	Carolina Arends Savaneta 231-A Aruba Tel: (297) 561-3767 E-mail: <u>meetdirectoradi@gmail.com</u>			



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Session 1:         October 31st, 2024. (Thursday)           17.30 - 18.15 Open Warm-up.           18.30 Start Meet.		Session 2:         November 1, 2024. (Friday)           17.00 - 17.45 Open Warm-up.           18.00 - 18.15 Opening Ceremonies.           18.30 Start Meet.	
1 - 2 3 - 4 5 - 6 <b>Break</b> 7- 8 9- 10 11 - 12 13 - 14	200M Medley Relay 7-10 200M Free 7-10 200M Free 11 & older 100M Back 7-10 100M Back 11 & Older 200M Fly 11 & Older 200M Medley Relay 11 & older	15 - 16 17 - 18 19 - 20 <b>Break</b> 21 - 22 23 - 24 25 - 26 27 28	400M Free 11 & older 200M Breast 11 & older 50M Fly 7-10 50M Fly 11 & Over 100M Free 7-10 100M Free 11 & older 200M Mixed Free Relay 10&U 200M Mixed Free Relay 11&O
<b>Session 3:</b> 08.30 – 09.15	November 2, 2024. (Saturday) Open Warm-up. 09.30 Start Meet.	Session 4: 08.30 – 09.15 09.30 Start M	November 3, 2024. (Sunday) Open Warm-up. eet.
29 - 30 31 - 32 33 - 34 35 - 36 37 - 38 39 - 40 41 - 42 43- 44 45 46	200 I.M. 9-10 200 I.M. 11 & older 50M Back 10 & under 50M Back 11 & older <b>Break</b> 100 M Breast 7-10 100M Breast 11 & older 50M Free 10 & under 50M Free 11 & older 200M Mixed Medley Relay 7-10 200M Mixed Medley Relay 11&0	47 - 48 49 - 50 51 - 52 53 - 54 55 - 56 57 - 58 59 - 60	200M Back 11 & older 50M Breast 10 & under 50M Breast 11 & older <b>Break</b> 100M Fly 9 - 10 100M Fly 11 & older 200M Free Relay 10 & under 200M Free Relay 11 & older