

BULLETIN

February 1, 2024



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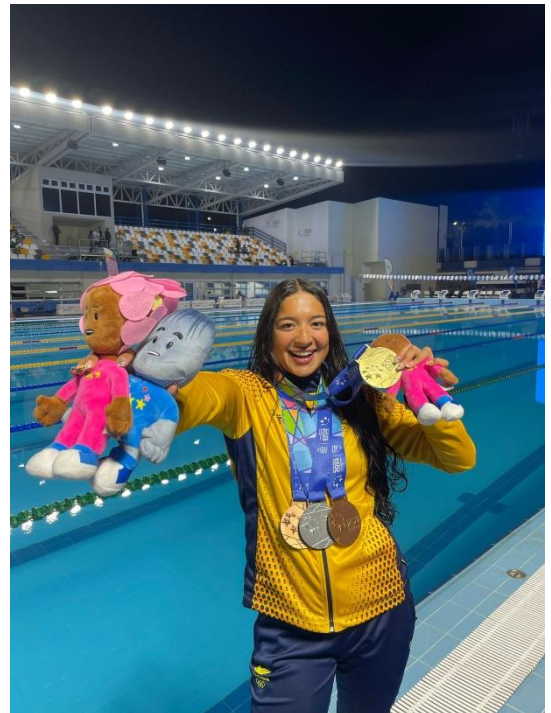
Attention all National Federations! We would appreciate it if you could please share this link with ALL the athletes and coaches in your organization. We would like to get to know each PAQ member and stay connected with them. Click [here](#) for the link.

Featured Athlete:

Stefania Gómez Hurtado (COL)

Swimming

Stefania Gómez Hurtado, a 19-year-old professional swimmer from Colombia, boasts an impressive seven-year career in the sport. Her remarkable achievements include clinching a gold medal at the Bolivarian Games in 2022 and securing another gold at the Central American and Caribbean Games in 2023. Notably, she set an absolute national record in the 100 meters breaststroke in each of these competitions. Despite facing tough competition, Stefania showcased her prowess at the Pan American Games in 2023, finishing in 4th place. As she looks towards the future, she is gearing up for the World Championships in Doha 2024,





PAQ NEWS

PANAM Aquatics is now accepting applications for:

- Athlete Committee [click here](#)
- Medical Committee [click here](#)
- Legal Committee [click here](#)

Guidelines, procedures, and application form for the 2024-2027 Athletes, Legal, and Medical Committees:

- Athlete Committee Terms of Reference [click here](#)
- Medical Committees Terms of Reference [click here](#)
- Legal Committee Terms of Reference [click here](#)

Please note that the forms should be returned no later than **February 18, 2024**, to office@panamaquatics.com

PAQ EVENTS

December 20 – 31, 2023	2023 PANAM Virtual Junior OPEN WATER Championships	Results
February 13, 2024	Extraordinary Congress Doha, Qatar	More info
July 18 – 24, 2024	2024 PanAm MASTERS Championships, Trinidad & Tobago (TTO)	Click here for more information.
May 20 – 26, 2024	PANAM U-19 WATER POLO Championships, El Salvador (ESA)	More info to come
August 22 – 25, 2024	PANAM SWIMMING Age Group Championships, El Salvador (ESA)	More info to come





Currently finalizing hosts for the 2024 and 2025 PAQ EVENTS, contact office@panamaquatics.com for more information

- Open Water Series
- Beach Water Polo Series
- Junior Diving Championships (2025)
- High Diving Junior Championships (2025)
- Artistic Swimming Championships (2025)

OTHER COMPETITIONS IN THE REGION

SWIMMING CARIFTA Championships in Bahamas, 28 March – 3 of April (Olympic Qualifier).

SWIMMING Bahamas National Championships July 20 – 23 (Olympic Qualifier).

SWIMMING CCCAN Championships in Mexico, June 26 - 30 (Olympic Qualifier).

SWIMMING Paris 2024 Olympic Games Qualifying Events – [find the list here](#)

SWIMMING International Opportunity hosted by Swim Ireland. [Click here for more info.](#)

WORLD AQUATICS NEWS

2024 DOHA WORLD CHAMPIONSHIPS:

- National Federations of the Americas meeting with Development Office February 16th 12:30 at the Aspire Dome development meeting room.
- Schedule for all disciplines [click here](#).
- More information [click here](#).

MASTERS:

Doha 2024 Masters World Championships:

- Registration has opened
- For more information [click here](#)

WATER POLO

U16 World Championships:

- Men's June 18-24, 2024 in Malta [click here](#)
- Women's June 28 – July 4, 2024 in Manisa, Turkey [click here](#)
- Qualified Countries from the Americas:
 - Men's: USA; COL; PER; MEX; CHI; PUR
 - Women's: COL; MEX; PER; USA; BRA



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U18 World Championships:

- Men's July 2 – 8, 2024 in Buenos Aires, Argentina [click here](#)
- Women's August 17 – 24, 2024 in China [click here](#)
- Qualified Countries from the Americas:
 - Men's: USA, BRA, ARG, CAN, COL
 - Women's: USA, BRA, CAN, ARG, MEX

OPEN WATER SWIMMING:

World Cup Series:

1. Soma Bay, Egypt March 23-24, 2024 [click here](#)
2. Golfo Aranci, Italy May 25-26, 2024 [click here](#)
3. Setubal, Portugal June 1-2, 2024 [click here](#)
4. Hong Kong October 26-27, 2024 [click here](#)
5. Israel, tbd [click here](#)

ARTISTIC SWIMMING:

World Cup Series:

1. Beijing, China April 5-7, 2024 [click here](#)
2. Paris, France May 3-5, 2025 [click here](#)
3. Markham, Canada May 31-June 2, 2024 [click here](#)
4. Super Final, Budapest, Hungary July 5-7, 2024 [click here](#)

SWIMMING:

World Cup Series:

1. Shanghai, China October 18-20, 2024, [click here](#)
2. Incheon, Republic of Korea October 24-26, 2024 [click here](#)
3. Singapore, October 31- November 2, 2024 [click here](#)

2024 World (25m) Championships Budapest

- December 10 – 15, 2024
- Qualification period August 17, 2023 - November 17, 2024
- Information [click here](#)
- [Application for Qualifying Events](#)
- [Qualifying events](#)

DIVING

World Cup Series:

1. Montreal, Canada February 29–March 3, 2024 [click here](#)
2. Berlin, Germany March 21-24, 2024 [click here](#)
3. Super Final, Xi'an, China April 19-21, 2024 [click here](#)



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Recognized Events:

1. 66th International Divers' Day Rostock 2024 Rostock, Germany January 18-21, 2024 [click here](#)
2. 2024 American Cup, Indianapolis, IN, USA April 26-28, 2024 [click here](#)
3. 2024 Canada Cup of Diving, Calgary, Canada May 2-5, 2024 [click here](#)
4. 46th Bolzano Diving Meeting, Bolzano, Italy June 28-30, 2024 [click here](#)
5. 2nd Malaysia Open Diving Championships, Kuala Lumpur November 1-4, 2024 [click here](#)

HIGH DIVING

Competitions:

1. Brasilia, Brazil October 11 – 13, High Diving Cup [click here](#)
2. Brasilia, Brazil, October 11 – 13, High Diving Junior World Championships [click here](#)

COACHES AND TECHNICAL OFFICIALS – DEVELOPMENT OPPORTUNITIES

Webinar recording: Foundations for Future Swimmers – by Orlando Moccagatta

Day 1: <https://www.youtube.com/watch?v=4yF8K9Tr1RM>

Day 2: https://www.youtube.com/watch?v=10_PBffzSk

Presentation deck slides – [click here](#)

[Click here](#) for all **UNDER WATER CHATS** Athletes Series.

[Click here](#) for all **UNDER WATER CHATS** Coaches Series

International Testing Agency Webinar of “Things you need to know for 2024”.

- Webinar summary [click here](#).
- ITA's YouTube Page [click here](#).
- 2024 WADA Prohibited List Article “What you need to know” [click here](#).
- List of prohibited Substances and Methods published by WADA for 2024 [Click here](#)



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FROM OUR PARTNERS

Malmsten and World Aquatics Renew Long-standing Partnership until 2028, [click here!](#)

Fluidra: Olympic swimming pools are the gold standard for competitive swimming. If you are planning to build an Olympic swimming pool, it's key to comply with the rules and regulations from World Aquatics in order to host official competitions for the 50-m long course. Discover more about Olympic [swimming pool requirements here.](#)

You can find this and past bulletins in our [website](#)



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