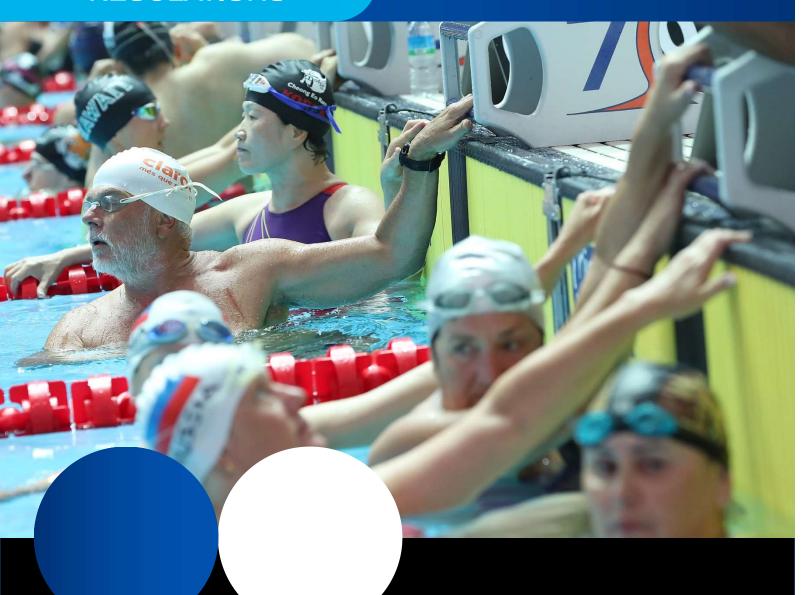


# MASTERS

**COMPETITION**REGULATIONS





# **TABLE OF CONTENTS**

# PART EIGHT: MASTERS RULES

PAF	T EIGHT: MASTERS RULES	340
1	GENERAL	340
2	MASTERS GENERAL RULES	340
3	MASTERS SWIMMING RULES	341
4	MASTERS OPEN WATER SWIMMING RULES	344
5	MASTERS DIVING RULES	345
6	MASTERS WATER POLO RULES	347
7	MASTERS ARTISTIC SWIMMING RULES	347
8	WORLD AQUATICS MASTERS CHAMPIONSHIPS	349





# PART EIGHT: MASTERS RULES

## 1 GENERAL

The Masters program shall promote fitness, friendship, understanding and competition through Swimming, Diving, Artistic Swimming, Water Polo and Open Water Swimming among competitors with a minimum age of 25 years (note: exception in Part Eight, Article 6.1.3).

The Technical Rules for the different sports (SW, OW, DV, WP and AS) in the Competition Regulations shall be followed with exceptions mentioned in this Masters part of the Competition Regulations.

## 2 MASTERS GENERAL RULES

- 2.1 The Members shall register Masters Competitors in a special category for each of the five recognised sports. A competitor who registers for Masters in any sport will still retain his/her unrestricted right to compete in other competitions.
- Except for specific exceptions in the World Aquatics Rules and regulations all other World Aquatics Rules and Regulations shall apply to Masters Competitions.
- 2.3 Individual entries shall only be accepted from persons representing clubs. No swimmer or team may be designated as representing a country or Federation.
- 2.4 Age shall be determined as of December 31 of the year of competition.
- 2.5 Masters Competitors must be aware of the need of being well prepared and medically fit before entering into Masters Competitions. They shall assume full responsibility for the risks included in competing in such competitions. In consideration of their entry, they must agree to waive and release World Aquatics, the Organising National Federation and the Organising Committee from any kind of liability for accidents, which may cause death, injury or property loss. Entry Forms containing a warning of the risks, an Accident Waiver and Release of Liability must be signed by each Masters competitor.
- 2.6 Protests
- **2.6.1** Protests are possible:
  - (a) if the rules and regulations for the conduct of the competition are not observed;
  - (b) if other conditions endanger the competitions and/or competitors; or
  - (c) against decisions of the referee; however, no protest shall be allowed against decisions of fact.
- 2.6.2 Protest must be submitted
  - (a) to the referee,
  - (b) in writing on World Aquatics Forms,
  - (c) by the participant,
  - (d) together with a deposit of 100 US Dollars or its equivalent, and
  - (e) within 30 minutes following the conclusion of the respective event or match.

If conditions causing a potential protest are noted prior to the event a protest must be lodged before the signal to start is given.

2.6.3 All protests shall be considered by the referee. If the referee rejects the protest, referee must state the reasons for her/his decision to the participant.

As a last recourse, at the World Aquatics Masters Championships, the participant can then submit his protest to the World Aquatics Masters Committee. The World Aquatics Masters Committee shall consider the protest and give the final decision.

**2.6.4** If the protest is rejected, the deposit will be forfeited to the management body of the competition. If the protest is upheld, the deposit will be returned.



## 3 MASTERS SWIMMING RULES

The Swimming Rules in Part II of these Competition Regulation apply to Masters with the following exceptions:

#### 3.1 Age Groups

#### 3.1.1 Individual Events:

25 - 29, 30 - 34, 35 - 39, 40 - 44, 45 - 49, 50 - 54, 55 - 59, 60 - 64, 65 - 69, 70 - 74, 75 - 79, 80 - 84, 85 - 89, 90 - 94 ... (five year age groups as high as is necessary).

## 3.1.2 Relays:

For all purposes pertaining to Masters meet competition, the actual attained age of the competitor shall be determined as of December 31st of the year of competition.

#### 3.2 Events

The following events may be conducted for each age group.

#### 3.2.1 Short course (25 m)

50, 100, 200, 400, 800, 1500m - Freestyle

50, 100, 200m - Backstroke

50, 100, 200m - Breaststroke

50, 100, 200m - Butterfly

100, 200, 400m - Individual Medley

4 x 50m - Freestyle Relay

4 x 50m - Medley Relay

 $4 \times 50m$  – Mixed Freestyle Relay (2 women and 2 men)

 $4\times50m$  – Mixed Medley Relay (2 women and 2 men)

 $4 \times 100m$  – Freestyle Relay

4 x 100m - Medley Relay

 $4 \times 100m$  – Mixed Freestyle Relay (2 women and 2 men)

 $4 \times 100m$  – Mixed Medley Relay (2 women and 2 men)

4 x 200m – Freestyle Relay

 $4\times200m$  – Mixed Freestyle Relay (2 women and 2 men)

## 3.2.2 Long course (50 m)

50, 100, 200, 400, 800, 1500m - Freestyle

50, 100, 200m - Backstroke

50, 100, 200m - Breaststroke

50, 100, 200m - **Butterfly** 

200, 400m Individual - Medley

4 x 50m - Freestyle Relay

4 x 50m - Medley Relay

 $4 \times 50m$  – Mixed Freestyle Relay (2 women and 2 men)

 $4 \times 50m$  – Mixed Medley Relay (2 women and 2 men)

4 x 100m – Freestyle Relay

4 x 100m - Medley Relay



- 4 x 100m Mixed Freestyle Relay (2 women and 2 men)
- 4 x 100m Mixed Medley Relay (2 women and 2 men)
- 4 x 200m Freestyle Relay
- 4 x 200m Mixed Freestyle Relay (2 women and 2 men)

## 3.3 Masters Swimming Technical Rules

- 3.3.1 Age groups and sexes may be combined so that no swimmer has to swim alone and lanes may be filled.
- 3.3.2 Start
- **3.3.2.1** When using the forward start, the referee's whistle shall indicate that the swimmers may take their positions with at least one foot at the front of the starting platform or pool deck, or in the water with one hand having contact with the starting wall.
- 3.3.2.2 When all swimmers are ready (instead of stationary) to start the starter shall give the starting signal.
- 3.3.2.3 Any swimmer(s) starting before the starting signal may be disqualified upon the completion of the race.
- **3.3.3** All Masters events shall be conducted on a timed final basis.
- **3.3.4** Swimmers may be allowed to remain in their lane while other swimmers are competing until directed by the referee to exit the pool.
- 3.3.5 The Organising Committee may arrange 400 metre, 800 metre and 1500 metre Freestyle to be swum two (2) swimmers of the same sex in a lane. Separate timing will be required for each swimmer.
- **3.3.6** The Warm Up must be supervised.
- **3.3.7** A breaststroke kicking movement is permitted for butterfly. Only one breaststroke kick is permitted per arm pull except that a single breaststroke kick is permitted prior to the turn and the finish without an arm pull. After the start and after each turn, a single breaststroke kick is permitted prior to the first arm pull.
- 3.3.8 Swimmers who had to be disqualified must be listed with coded reason for disqualification in the results list.
- 3.4 Relays
- Relays shall consist of four swimmers each registered with the same club. No swimmer is allowed to represent more than one club.
- 3.4.2 MIXED Relays consist of two (2) female and two (2) male each registered with the same club. No swimmer is allowed to represent more than one club.
- 3.5 Records
- 3.5.1 Masters World Records for all events listed in Part Eight, Article 3.2 for both sexes in each age group shall be recognised and maintained in 1/100 second time (2 decimal places) and according to the provisions listed on the application form. World Records will be accepted only when times are recorded by Automatic Officiating Equipment, or Semi- Automatic Officiating Equipment in case of Automatic Officiating Equipment system malfunction
- **3.5.2** Applications for Masters World Records must be made on the World Aquatics official forms by the individual in question within 60 days from the end of the event.
- **3.5.3** World Records can only be established in a Masters meet:
  - a) formally sanctioned by a World Aquatics Member Federation; and
  - b) organised for on behalf of a club or an organisation, which is a member of this World Aquatics Member Federation or recognised by World Aquatics; and
  - c) conducted under the rules of World Aquatics (and specially those relevant to Masters Swimming); and
  - d) in which only swimmers registered in a club member of a World Aquatics Member Federation participated.
- 3.5.4 The first swimmer in mixed relays may apply for a Masters World Record.
- 3.6 Masters Swimming World Records Application Instructions





#### 3.6.1 General

World Records for Masters are recognized by World Aquatics in both Long Course (50 metre pools only) and Short Course (25 metre pool only). Performance must be registered at a Masters meet as per Rule VIII.3.5.3.

## 3.6.2 Events and Age Groups

#### 3.6.2.1.1 Individual Events - for Men and Women

Freestyle – 50m, 100m, 200m, 400m, 800m and 1500m; Backstroke, Breaststroke and Butterfly – 50m, 100m and 200m; Individual Medley – 100m (Short Course only), 200m and 400m.

#### 3.6.2.2 Age Groups

25 - 29, 30 - 34, 35 - 39, 40 - 44, 45 - 49, 50 - 54, 55 - 59, 60 - 64, 65 - 69, 70 - 74, 75 - 79, 80 - 84, 85 - 89, 90 - 94, 95 - 99, 100 - 104, ... (five year age groups as high as is necessary).

## 3.6.2.3 Relay Events - for Men, Women and Mixed (2 men and 2 women)

4x50m Freestyle, 4x50m Medley, 4x100m Freestyle, 4x100m Medley, 4x200m Freestyle

Relay Age Groups are calculated from the total age of team members (in whole years) 100 – 119 years, 120 to 159 years, 160 – 199 years, 200 to 239 years, 240 – 279 years, 280 to 319 years, 320 – 359 years, 360 to 399 years, ...(forty year increments as high as is necessary).

## 3.6.3 Eligibility

All applicants must be financial members of a Federation affiliated with World Aquatics. Relay teams must be made up of four swimmers each properly registered with a single club. Swimmers may swim for only one club at any particular meet.

# 3.6.4 Timing

- 18) Only electronic timing will be accepted. OR
- 19) Semi-Automatic Timing in the case of where the Automatic Timing system malfuntioned
- 20) Meet timing record or photocopy is to be attached to the application form.

## 3.6.5 Age Determining Date

For all purposes pertaining to Masters World Records and Masters World Championship meets, the actual attained age of the competitor as of 31 December of the year of the meet shall determine their age group for that competition and any record set during that competition.

## 3.6.6 Applications

Applications for records should be placed on World Aquatics Masters Swimming World Record Application Forms by the Meet Director and submitted within sixty (60) days of the event. The application is to be endorsed by either the Chief Timekeeper or the Referee of the meet. The National Federation is to verify the details of the applicant and ensure that all documentation is complete including:

- a) Certification of pool length;
- b) Proof of date of birth;
- c) Timing record.

The application should be forwarded to the World Aquatics Office located at:

## Chemin de Bellevue 24a / 24b

# 1005 Lausanne Switzerland

## Email: masters@worldaquatics.com

World Aquatics will decide whether to approve the record application. The World Aquatics Office will inform the National Federation of the results of each application. If after publication an error is detected, the swimmers have the right to appeal for a correction within 6 months of the publication date.

## 3.6.6.1 Detailed Instructions





**Point 1** If the Record Application is for an Individual Event, then enter that Event Name from the above list item # 2.1. If it is for a Relay Event then enter that Event Name from the above list item # 2.2. Circle either Men, Women or Mixed.

Point 2 Enter the Official Time in minutes, seconds and 1/100th of second without rounding.

**Point 3** If the Record Application is for an Individual Event then enter the Age Group from the above list item 2.1. If for a Relay Event then enter the Age Group from the above list item 2.2.

Point 4 Identify the Course Type as either Short Course 25 metres or Long Course 50 metres.

Point 5 Enter the Pool Name, City, Country and Date of the Official Sanctioned Masters Meet.

**Point 6** A copy of the pool length confirmation must either be attached with this application or already on file with the World Aquatics Masters Recorder. A one-time measurement is required unless there are changes to the pool that might cause the pool measurements to change. Then the pool length must be confirmed again. Where a moveable bulkhead is used, it is not necessary for an additional course measurements confirmation of the lane where the time was achieved.

**Point 7** If an Individual Event then list the swimmer's first name then last name, circle M for Men or W for Women, enter age (see item 5 above) and the full date of birth including the name of the month.

**Point 8** If this record is for a Relay then list each member of the relay in the order they swam. List the swimmer's first name then last name, circle M for Men or W for Women, enter age (see item 5 above) and the full date of birth including the name of the month.

**Point 9** A copy of each swimmer's birth certificate or passport must either be attached with this application or already on file with the World Aquatics Masters Recorder. A marriage certificate is not required.

**Point 10** Enter the Club name of the individual swimmer or relay team and the Federation that this club is affiliated with.

**Point 11** Enter the Official Time from the Primary Automatic Officiating Equipment. The time is entered in minutes, seconds and 1/100th second without rounding.

**Point 12** If the primary Automatic Officiating Equipment malfunctions then enter the times from the Backup Semi-Automatic Officiating equipment. The times are entered in minutes, seconds, 1/100th second without rounding.

**Point 13** A printed copy from the Automatic Officiating Equipment is required. The printout must show the details including all backup times from the specific heat where the record occurred. Meet results with splits are not acceptable.

Point 14 Enter the Name and Title of the Certifying Official. A signature and date is required.

**Point 15** The National Masters Recorder for the Federation where the swimmer(s) is affiliated must enter the Name and Federation. A signature and date is required.

## 3.7 Appendix - Ruling for Masters Top Ten tabulations.

Results that are valid for the World Aquatics Masters Top Ten results can only be established in a Masters meet:

- a) formally sanctioned by a World Aquatics Member federation and,
- b) organised for or on behalf of a club or an organisation, which is a member of this World Aquatics Member Federation or recognised by World Aquatics and
- c) conducted under the rules of World Aquatics (and specially those relevant to Masters Swimming) and
- d) in which only swimmers registered in a club member of a World Aquatics Member Federation participated.

# 4 MASTERS OPEN WATER SWIMMING RULES

Masters Open Water Swimming shall be defined as any event for which the distance is greater than 1500 metres and where entry is restricted to Master swimmers.





The Open Water Swimming Rules in Part Three of these Competitions Regulations shall apply to Masters Open Water Swimming with the following exceptions.

- **4.1** Masters Open Water Swimming events will be up to 5 km.
- 4.2 Age Groups for Open Water Swimming are the same as for Masters Swimming Individual Events (Part Eight, Article 3.1.1).
- 4.3 The water temperature shall be measured within 30 minutes before start of race and must be a minimum of 18°C and maximum of 31°C. The water temperature shall be certified by the Safety Officer as measured in as near to the middle of the course as possible at a depth of 40 cm. If water temperature is below 18°C, the use of wetsuits is compulsory.
- **4.4** It shall be compulsory for all swimmers to wear highly visible coloured swim caps and approved World Aquatics Swimwear
- **4.5** At all Masters Open Water events the safety of the competition shall be of paramount importance.

# 5 MASTERS DIVING RULES

The Diving Rules in Part Four of these Competitions Regulations shall apply to Masters Diving with the following exceptions.

#### 5.1 Age Groups and Events

## 5.1.1 Springboard Diving – Men and Women (1 metre and 3 metre)

Age Groupe (Years)	Total Number o	f Dives required
	MEN	WOMEN
25 – 29	6	5
30 - 34	6	5
35 – 39	6	5
40 – 44	6	5
45 – 49	6	5
50 - 54	6	5
55 – 59	6	5
60 - 64	6	5
65 – 69	6	5
70 – 74	5	5
75 – 79	5	5
80 +	5	5

(five year age groups as long as necessary)

## 5.1.2 Platform Diving - Men and Women (5 metre, 7.5 metre, or 10 metre)





Age Groupe (Years)	Total Number of	Dives required
	MEN	WOMEN
25 – 29	6	5
30 – 34	6	5
35 – 39	6	5
40 - 44	6	5
45 – 49	6	5
50 – 54	5×	5x
55 – 59	5x	5x
60 - 64	5x	5x
65 – 69	5x	5x
70 – 74	4x	4x
75 – 79	4x	4x
80 +	4x	4x

(five year age groups as long as necessary)

(x) 10m limited: Only feet first entries are allowed from the 10m platform and any performed dive from the 10m must not exceed degree of difficulty of 2.0.

#### 5.1.3 Synchronised Diving

## 5.1.3.1 3m Springboard – Men and Women and Mixed Team

Age Group (Years)	MEN	WOMEN	MIXED TEAM
50 - 99	2(*) +2	2(*) + 2	2(*) +2
100+	2(*) +2	2(*) +2	2(*) +2

(\*) Degree of difficulty of 2.0 for each dive regardless of the formula for degree of difficulty of the dive.

## 5.1.3.2 Platform – Men and Women and Mixed Team

Age Group (Years)	MEN	WOMEN	MIXED TEAM
50 - 99	2(*) +2	2(*) + 2	2(*) +2
100+	2(*) +2	2(*) +2	2(*) +2

(\*) Degree of difficulty of 2.0 for each dive regardless of the formula for degree of difficulty of the dive.

- **5.1.3.3** The Age Group in Synchronised Diving is decided by adding the ages of the two divers.
- **5.1.3.4** If in any of the two groups in Synchronised Diving the age of a diver is 50 years or more, the limitation from 10 m platform dives of only feet first and any dive from 10 m must not exceed degree of difficulty 2.0 applies for the pair.
- **5.1.3.5** MIXED TEAM consist one (1) female and one (1) male.

## 5.2 Masters Diving Technical Rules

- 5.2.1 The diver can freely choose the dives from the dive table given in these Competitions Regulations. The only requirement is that in age groups 25 69 years, each dive performed has different dive number (as to Competition Regulations).
- 5.2.2 In age groups 70 and older dives with the same dive number can be repeated, if performed in a different position (straight, pike, tuck or free position).
- **5.2.3** Forward facing dives can be performed with or without running approach.
- 5.2.4 In synchronised diving events two divers from different clubs within the same Federation are permitted to compete as a synchronised diving team in the 3m springboard and the platform synchronised diving competitions.
- 5.2.5 In Synchronised Diving both divers must perform the same dive number and position. Otherwise, the Referees shall declare a failed dive (O points).





## 6 MASTERS WATER POLO RULES

The Water Polo Rules in Part Six of these Competitions Regulations shall apply to Masters Water Polo with the following exceptions:

#### 6.1 Age Groups

- **6.1.1** Age groups for Masters Water Polo shall apply for men and women teams.
- The age of the youngest member of the team determines the age group of the team. There are no restrictions on the ages of any players older than the youngest player on the team.
- **6.1.3** Age groups for teams are at five-year intervals beginning with 30. i.e. 30+, 35+, 40+, ...

#### 6.2 Masters Water Polo Technical Rules

- **6.2.1** Each team shall consist of seven players, one of who shall be the goalkeeper and who shall wear the goalkeepers cap, and not more than eight reserves may be used as substitutes, listed on the game roster, which must be submitted to the official's table for each game, not less than 45 minutes before each game commences. All players listed on the game roster will be eligible to play in the game. After the games has commenced, a team playing with less than seven players shall not be required to have a goalkeeper.
- 6.2.2 It is not compulsory for a team to name a substitute goalkeeper. A goalkeeper who has been replaced by a substitute may, if the player returns to the game, play in any position.
- 6.2.3 Part Six, Article 20.4.4 shall apply except that the goalkeeper shall wear cap no. 1 and the other caps shall be numbered 2 to 15. A substitute goalkeeper shall wear a red cap numbered 13.
- The uniform distance between the respective goal lines shall be 23.5 metres minimum, and the uniform width of the field of play shall be 17 metres minimum.
- 6.2.5 Part Six, Article 4.3 time standards shall apply except that the duration of the Masters games shall be four periods of seven minutes each actual play for the 30+, 35+, 40+ and 45+ age groups and six minutes each actual play for the 50+, 55+, 60+, etc. age groups.
- **6.2.6** Part Six, Article 7.3 method of scoring shall apply except that the time of possession of the ball shall be 35 seconds.
- 6.2.7 There shall be a two minute interval between each period of play. The teams including the players, coaches and team officials, shall change ends before starting the third period.
- **6.2.8** Women players may be members of men's teams.

## 7 MASTERS ARTISTIC SWIMMING RULES

The Artistic Swimming Rules in Part Seven of these Competitions Regulations shall apply to all Masters Artistic Swimming except for the following:

## 7.1 Age Groups

- **7.1.1 Solo:** 25 29, 30 39, 40 49, 50 59, 60 69, 70 79, 80 and over
- **7.1.2 Duet:** 25 29, 30 39, 40 49, 50 59, 60 69, 70 79, 80 and over with age determined by the average age of the competitors.
- **7.1.3 Mixed Duet:** 25 29, 30 39, 40 49, 50 59, 60 69, 70 79, 80 and over with age determined by the average age of the competitors.
- **7.1.4 Team:** 25 34, 35 49, 50 64, 65 and over with age determined by the average age of the competitors.
- **7.1.5** Free Combination: 25 39, 40 64, 65 and over with age determined by the average age of the competitors.
- 7.1.6 The average age of the competitors in a routine shall be determined by adding the ages of the actual swimmers, dividing by the number of swimmers (not including the reserves) and dropping any resulting fraction or decimal. (For example, if the average age of a Team is 49.833, they would swim in the 35-49 age group).





- **7.2.1** The events of Masters Artistic Swimming are Women Solo, Men Solo, Duet, Mixed Duet, Team and Free Combination.
- **7.2.1.1** Each event constitutes a separate event.
- **7.2.1.2** Team technical, team free and free combination are open to all sexes.
- **7.2.1.3** Mixed Duet is composed of one (1) female and one (1) male.
- 7.2.2 The programme for a Masters Event shall be Technical Routines, Free Routines and Free Combination.

#### 7.2.2.1 Technical Routine

The Technical Routines shall be performed for Solo, Duet, Mixed Duet and Team with the required elements selected by World Aquatics Masters Committee every four (4) year, subject to approval by the World Aquatics Bureau. Technical Routines have to include all required elements. Music selection is optional and may be the same as the music used in the Free Routine.

#### 7.2.2.2 Free Routine

The Free Routine shall consist of Solo, Duet, Mixed Duet Team, and Free Combination. There are no restrictions regarding selection of music or choreography.

## 7.3 Competitors

- 7.3.1 Competitors in Duet, Mixed Duet, Team and Free Combination shall represent the same club.
- **7.3.2** Teams shall consist of a minimum of four (4) members and a maximum of eight (8) members. Combination shall consist of a minimum of four (4) members and a maximum of ten (10) members.
- 7.4 Masters Artistic Swimming Technical Rules

# 7.4.1 Time Limits for Routines

Time limits for Technical Routines and Free Routines including ten (10) seconds for the deck movement.

7.4.1.1 Technical Routines Solo: 2 minutes 00 seconds

Free Routines Solo: 2 minutes 15 seconds

**7.4.1.2 Technical Routines Duet:** 2 minute 20 seconds

Free Routines Duet: 2 minutes 45 seconds

**7.4.1.3** Technical Routines Mixed Duet: 2 minutes 20 seconds

Free Routines Mixed Duet: 2 minutes 45 seconds

7.4.1.4 Technical Routines Teams:2 minutes 50 seconds

Free Routines Teams: 3 minutes 30 seconds

- **7.4.1.5** Free Combination: 4 minutes
- **7.4.1.6** There shall be no minimum time limit.
- **7.4.2** The size of the competition pool shall be 25x20 metres and minimum 2.5 metres deep.
- **7.4.3** Goggles may be worn.
- 7.5 Appendix Required Elements for Masters Technical Routines

## 7.5.1 General Requirements

Supplementary elements may be added.

- **7.5.1.1** Unless otherwise specified in the description of an element:
  - 1) All figures or components thereof shall be executed according to the requirements described in this Appendix.
  - 2) All elements shall be executed high and controlled in uniform motion with each section clearly defined.
- **7.5.1.2** Time limits are as in Part Eight, Article 7.4.1





#### 7.5.2 Solo Required Elements

Elements 1 to 5 should follow the order listed on the Elements Order Card. Element 6 may be performed at any time during the routine.

**FISHTAIL** – from a Front Layout Position, a Front Pike Position is assumed; one leg is lifted to a Fishtail Position, the second leg is lifted to a Vertical Position (ending is optional).

**SPLIT POSITION** – followed by a walkout front or walkout back.

**SPINNING 180°** – From a Bent Knee Position, a Spin 180° is executed as the legs are joined to a Vertical Position at the ankles followed by submergence.

**TRAVELLING BALLET LEG COMBINATION** – Beginning in a Back Layout Position a ballet leg alternate is executed with travel.

**BARRACUDA BENT KNEE** – From the Back Pike Position with the legs perpendicular and the toes just below the surface, a Thrust is executed as one leg is drawn along the inside of the other extended leg to assume a Bent Knee Vertical Position. A Vertical Descent is executed in a Bent Knee Vertical Position at the same tempo as the Thrust.

TWO (2) FORMS OF PROPULSION - Must include Egg Beater travelling sideways and/or forward (arms optional)

## 7.5.3 Duet and Mixed Duet Required Elements

Elements 1 – 5 should follow the order listed on the Elements Order Card. Elements 6 – 7 may be executed at any time during the routine **Routines for Duet 1 to 6 as above for Solo.** 

**JOINED ACTION** – Where the swimmers are connected (touching) in some manner to perform one of the following:

- 1) A connected figure or a connected float or connected stroking
- 2) Action must be performed simultaneously. Minor action is permitted.

With the exception of the DECK WORK and ENTRY and as noted in the JOINED ACTION, all elements, required and supplementary, MUST be performed simultaneously and facing the same direction by both swimmers. Variation in propulsion and direction facing are permitted during pattern changes.

## 7.5.4 Team Required Elements

Elements 1 – 5 should follow the order listed on the Elements Order Card. Elements 6 – 9 may be executed at any time during the routine **Routines for Team 1 to 7 as above for Duet.** 

**CADENCE ACTION** – Identical movements performed sequentially, one by one, by all team members. When more than one cadence action is performed, they must be consecutive and nor separated by other optional or required elements. A second cadence action may begin before the first cadence action is completed by all team members but each team member must do the action of each cadence.

**PATTERNS** – must show one circle and straight line. Elements may be performed when in the circle or the straight-line patterns.

With the exception of the DECK WORK, ENTRY, CADENCE and as noted in the JOINED ACTION, all elements, required and supplementary, MUST be performed simultaneously and facing the same direction by all swimmers. Swimmers need not face the same direction in the circle pattern. Variation in propulsion and direction facing are permitted during pattern changes. Mirror actions are not permitted except in the description of the elements.

# 8 WORLD AQUATICS MASTERS CHAMPIONSHIPS

## 8.1 General

## 8.1.1 Management Committee

For World Aquatics Masters Championships, the Management Committee shall consist of the Bureau Liaison, the Chairman and the Vice-Chairman of the Masters Committee and other members of the Bureau and Masters Committee present.





#### 8.1.2 Entry fees

Entry Fees shall be decided upon by the country that is hosting the World Aquatics Masters Championships, but they shall be subject to approval by World Aquatics.

#### 8.1.3 Awards and Medals

For World Aquatics Masters Championships, medals shall be awarded to competitors and teams placed first, second and third in each event and Age Group.

In Artistic Swimming the reserves will receive medals only if they actually swim in the technical and/or Free Routine.

Diplomas can be awarded to competitors and team members placed first to ten in each event and Age Group.

#### 8.1.4 Eligibility

A participant can represent only one club in each sport.

#### 8.1.5 Entry

Electronic Entries shall be used for registration and payment of fees to the World Aquatics Masters Championships via the World Aquatics General Management System (GMS), when available.

#### 8.1.5.1 Swimming

Qualifying standards for World Aquatics Masters Championships will be considered by World Aquatics and the Organising Committee if deemed necessary.

At the World Aquatics Masters Championships it is not necessary to conduct all events mentioned in Part Eight, Article 3.2. However, each age division should include shorter Freestyle, Backstroke, Breaststroke and Butterfly events plus Individual Medley and Relays.

A swimmer can compete only once per relay event.

Events shall be pre-seeded with oldest age groups first, slowest heats swum first within each age group. Events 400 metres and over may be seeded from slowest to fastest regardless of age.

A swimmer may be entered for not more than five (5) individual events.

A swimmer entered for one club has to represent this club in all Swimming events at the Championships.

The composition of a relay team can be changed up to the deadline announced by the Organising Committee on the day prior to the relay event. The age of the substitute swimmer(s) cannot change the age group of the entered relay team. Substitute swimmer(s) must be registered for the Championships.

## 8.1.5.2 Open Water Swimming

A Masters Open Water Swimming event may be included in World Aquatics Masters Championships.

The Organising Committee shall follow the World Aquatics Open Water Safety Regulations.

Swimmers shall be seeded according to age groups from the youngest to the oldest. Swimmers may be selected irrespective of sex. The slowest entered swimmers of each age group may comprise and be seeded in special heat(s). By recommendation of the World Aquatics Masters Commission and/or nominated Sport Manger-Chief Referee or Safety Officer this order may be changed.

If the number of entries is more than 1'000 the competition may be swum in two or more days.

Race organisers, in consultation with the referee and subject to advice from the World Aquatics Masters Committee, are to designate in advance the cut off time. For the World Aquatics Masters Championships a cut off time of 30 minutes per kilometre shall apply.

# 8.1.5.3 Diving

The programme of the World Aquatics Masters Championships shall include 1 metre Springboard Men and Women, 3 metre Springboard Men and Women, Platform Men and Women, Synchronized 3 metre Women, Men, Mixed Team, Synchronized Diving Platform Women, Men, and Mixed Team.

The meet director may choose to run the events concurrently depending on the number of entries.





Diving sheets shall be delivered to the diving secretary 24 hours prior to the event. Late sheets and changed to an existing sheet will be fined USD 10,- per sheet between 24 hours and 3 hours prior to the event. 3 hours is the deadline. No changes or dive sheets can be accepted after the deadline of 3 hours.

At the World Aquatics Masters Championships at least 5 judges and in Synchronised Diving at least 7 judges shall officiate.

All divers shall perform a full series of dives in that age group and there shall be no preliminary of final contests.

A diver can compete in only one team per Synchronised Diving event.

#### 8.1.5.4 Water Polo

#### 8.1.5.4.1 Composition of Teams

A player may not represent more than one team at the World Aquatics Masters Championships.

The final composition of the team with numbering of the caps shall be announced latest at the Technical Meeting prior to the Championships. All players must be registered as a player according to the entry specifications. No additional members can be added.

A Water Polo team can consist of up to fifteen (15) players registered with the same club.

## 8.1.5.4.2 Composition of groups for the preliminary round

Before the draw for the World Aquatics Masters Championships the following exceptions of composing the groups for the preliminary rounds shall be approved.

With less than three teams entered in one Age Group this Age Group shall be combined with the next younger Age Group or alternatively combined to the next older Age Group. The concerned teams shall be consulted for approval and given the possibility to cancel their participation with return of paid fees.

An Age Group with three teams entered can be combined with the next younger or older Age Group if these groups do not have more than four teams entered and with the approval of all concerned teams. The playing schedule and the plan for rankings shall be decided by the World Aquatics Masters Commission.

For the Women tournament the composition of groups is depending on the number of entries in each Age Group. The World Aquatics Masters Commission can combine the groups including teams of more than two Age Groups. The approval by the entered teams shall be asked. A playing schedule and the plan for rankings for each Age Group shall be decided by the World Aquatics Masters Commission.

## 8.1.5.4.3 Schedule for Age Groups

## 1. Schedule for three (3) teams

The three teams shall play a double round-robin. If there is a tie in points between first and second placed teams they shall play a decisive game on Day 7.

Day1	Day 2	Day 3	Day4	Day 5	Day 6	Day 7
1.	2.	3.	4.	5.	6.	7.
A1 - A3	A2 - A3	A1 - A2	A2 <b>-</b> A3	A1 - A3	A1 <b>-</b> A2	Final

## 2. Schedule for four (4) teams

Day1	Day2	Day3	Day4	Day5	Day6	Rankings
1. A1 - A3	3. A1 - A4	5. A3 <b>-</b> A4	7. 1A - 4A	(rest day)	9. L7 - L8	3rd/4th
2. A2 - A	4. A2 - A3	6. A1 - A2	8. 2A - 3A		10. W7 - W8	1st/2nd

The four teams shall play a single round-robin as a preliminary round from Day 1 to Day 3. Semi-finals are played on Day 4, between the  $1^{st}$  and  $4^{th}$  and the  $2^{nd}$  and  $3^{rd}$  placed teams from the preliminary round. Day 5 will be a rest day. Finals shall be played on Day 6.





The five teams shall play a single round-robin as a preliminary round on Day 1 to Day 5. The  $5^{th}$  placed team from the preliminary round will be ranked fifth. Semi-finals are played on Day 6 between the  $1^{st}$  and  $4^{th}$  and the  $2^{nd}$  and  $3^{rd}$  placed teams from the preliminary round. Finals shall be played on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1.	3.	5.	7.	9.	11.	13.	3rd/4th
A1 - A5	A4 - A5	A3 - A4	A2 - A3	A3 - A5	1A - 4A	L11 - L12	
2.	4.	6.	8.	10.	12.	14.	1st/2nd
A2 <b>-</b> A4	A1 - A3	A2 <b>-</b> A5	A1 - A4	A1 - A2	2A - 3A	W11-W12	

## 4. Schedule for six (6) teams

The six teams shall play a single round-robin as a preliminary round on Day 1 to Day Semi- finals are played on Day 6 between the  $1^{st}$  and  $4^{th}$  and  $2^{nd}$  and  $3^{rd}$  placed teams. Teams placed  $5^{th}$  and  $6^{th}$  will play for rankings 5 and 6. Finals shall be played on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A1-A6	4. A3-A6	7. A4-A5	10. A5-A6	13. A4-A6	16. 5A-6A		5th/6th
2.	5.	8.	11.	14.	17.	19.	3rd/4th
A3-A4	A2-A4	A2-A6	A1-A4	A3-A5	1A-4A	L17-L18	
3.	6.	9.	12.	15.	18.	20.	1st/2nd
A2-A5	A1-A5	A1-A3	A2-A3	A1-A2	2A-3A	W17-W18	

## 5. Schedule for seven (7) teams

The seven teams shall play a single round-robin from Day 1 to Day 7. Final rankings shall be based on points earned during the round-robin.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
1.	4.	7.	10.	13.	16.	19.
A1-A5	A2-A3	A6-A7	A1-A3	A2-A7	A3-A5	A5-A6
2.	5.	8.	11.	14.	17.	20.
A2 <b>-</b> A4	A4-A7	A1-A4	A4-A6	A4-A5	A1-A7	A3-A4
3.	6.	9.	12.	15.	18.	21.
A3-A7	A1-A6	A2 <b>-</b> A5	A5-A7	A3-A6	A2-A6	A1-A2





#### 6. Schedule for (8) teams

The eight teams shall play on Day 1 to Day 3 a preliminary round-robin in two Groups, A and B, with four teams in each group. The Quarter finals shall be played on Day 4 as cross-over games. The semi-finals shall be played on Day 5 between the winners of each Quarter final and for lower rankings between the losers. On Day 6 the rankings for rankings 5 to 8 will be played. The finals shall be played on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A2 - A3	5. B1 - B3	9. A3 - A4	13. 2A - 3B	17. L13 - L16	21. L17 - L18		7 <sup>th</sup> /8 <sup>th</sup>
2. A1 - A4	6. B2 - B4	10. A2 - A1	14. 2B - 3A	18. L14 - L15	22. W17 - W18		5 <sup>th</sup> /6 <sup>th</sup>
3. B2 <b>-</b> B3	7. A2 - A4	11. B3 - B4	15. 1A - 4B	19. W13 - W16		23. L19 - L20	3 <sup>rd</sup> /4 <sup>th</sup>
4. B1 - B4	8. A1 - A3	12. B2 <b>-</b> B1	16. 1B <b>-</b> 4A	20. W14 - W15		24. W19 - W20	1 <sup>st</sup> /2 <sup>nd</sup>

## 7. Schedule for nine (9) teams

The nine teams shall play on Day 1 to Day 5 a preliminary round-robin in two Groups, A and B, with four teams in Group A and with five team in Group B.

The semi-finals shall be played on Day 6 between the two best placed teams from each preliminary group and the teams placed  $3^{rd}$  and  $4^{th}$  The fifth team in Group B will be ranked for the  $9^{th}$  place.

The final rankings from 1<sup>st</sup> to 8<sup>th</sup> shall be played on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A1 - A4	5. B4 <b>-</b> B5	7. A1 - A3	11. B2 - B3	13. A3 - A4	17. 3A - 4B	21. L17 - L18	7 <sup>th</sup> /8 <sup>th</sup>
2. A2 - A3	6. B1 <b>-</b> B3	8. A2 - A4	12. B1 <b>-</b> B4	14. A1 - A2	18. 3B <b>-</b> 4A	22. W17 - W18	5 <sup>th</sup> /6 <sup>th</sup>
3. B1 - B5		9. B2 <b>-</b> B5		15. B3 - B5	19. 1B <b>-</b> 2A	23. L19 - L20	3 <sup>rd</sup> /4 <sup>th</sup>
4. B2 <b>-</b> B4		10. B3 - B4		16. B1 <b>-</b> B2	20. 1A <b>-</b> 2B	24. W19 <b>-</b> W20	1 <sup>st</sup> /2 <sup>nd</sup>

## 8. Schedule for ten (10) teams

The ten teams shall play on Day 1 to Day 5 a preliminary round-robin in two Groups, A and B, with five teams team in both groups.

The semi-finals shall be played on Day 6 between the two best placed teams from each preliminary group and the teams placed  $3^{th}$  and  $4^{th}$  The teams placed  $5^{th}$  shall play for the final rankings  $9^{th}$  and  $10^{th}$ 

The final rankings from 1<sup>st</sup> to 8<sup>th</sup> shall be played on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A1 - A5	5. B4 <b>-</b> B5	9. A3 - A4	13. A2 - A3	17. B1 <b>-</b> B2	21. 5A - 5B		9 <sup>th</sup> /10 <sup>th</sup>
2.	6.	10.	14.	18.	22.	26.	7 <sup>th</sup> /8 <sup>th</sup>
A2 <b>-</b> A4	B1 - B3	A2 - A5	A1 - A4	B3 - B5	4A - 3B	L22 - L23	
3.	7.	11.	15.	19.	23.	27.	5 <sup>th</sup> /6 <sup>th</sup>
B1 - B5	A4 <b>-</b> A5	B3 - B4	B2 - B3	A3 - A5	3A - 4B	W22 - W23	
4.	8.	12.	16.	20.	24.	28.	3 <sup>rd</sup> /4 <sup>th</sup>
B2 <b>-</b> B4	A1 - A3	B2 <b>-</b> B5	B1 - B4	A1 - A2	2A - 1B	L24 - L25	
					25. 1A - 2B	29. W24 - W25	1 <sup>st</sup> /2 <sup>nd</sup>





#### 9. Schedule for eleven (11) teams

The eleven teams shall play on Day 1 to Day 5 a preliminary round-robin in two Groups, A and B, with five teams in Group A and six teams in Group B. The semi-finals shall be played on Day 6 between the two best placed teams from each preliminary group the teams placed 3<sup>rd</sup> and 4<sup>th</sup>. The teams placed 5th shall play for rankings 9<sup>th</sup> and 10<sup>th</sup>. The team placed 6<sup>th</sup> in Group B will be ranked 11<sup>th</sup>. The final ranking rankings from 1<sup>st</sup> to 8<sup>th</sup> shall be played on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A3 - A4	6. B3 <b>-</b> B5	11. A4 - A5	16. B5 <b>-</b> B6	21. A2 - A4	26. 5A - 5B		9 <sup>th</sup> /10 <sup>th</sup>
2.	7.	12.	17.	22.	27.	31.	7 <sup>th</sup> /8 <sup>th</sup>
A2 <b>-</b> A5	B4 <b>-</b> B6	A1 - A3	B1 <b>-</b> B4	A1 - A5	3A - 4B	L27 - L28	
3.	8.	13.	18.	23.	28.	32.	5 <sup>th</sup> /6 <sup>th</sup>
B1 - B6	B1 <b>-</b> B2	B2 - B6	B2 - B3	B3 - B6	3B - 4A	W27 - W28	
4.	9.	14.	19.	24.	29.	33.	3 <sup>rd</sup> /4 <sup>th</sup>
B3 <b>-</b> B4	A3 <b>-</b> A5	B4 - B5	A1 - A4	B2 <b>-</b> B4	1A <b>-</b> 2B	L29 - L30	
5.	10.	15.	20.	25.	30.	34.	1 <sup>st</sup> /2 <sup>nd</sup>
B2 <b>-</b> B5	A1 - A2	B1 - B3	A2 - A3	B1 <b>-</b> B5	1B <b>-</b> 2A	W29 - W30	

## 10. Schedule for twelve (12) teams

The twelve teams shall play on Day 1 to Day 5 a preliminary round-robin in two Groups, A and B, with six teams in each group. Semi-finals shall be played on Day 6 between the two best placed teams from each preliminary group and the teams placed  $3^{rd}$  and  $4^{th}$  and the teams placed  $5^{th}$  and  $6^{th}$ . Finals for rankings  $1^{st}$  to  $12^{th}$  shall be played on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1.	7.	13.	19.	25.	31.	37.	11 <sup>th</sup> /12 <sup>th</sup>
A1 - A6	B4 - B6	A4 - A5	B5 - B6	A3 - A6	6A - 5B	L31 - L32	
2.	8.	14.	20.	26.	32.	38.	9 <sup>th</sup> /10 <sup>th</sup>
A3 <b>-</b> A4	B3 - B5	A2 - A6	B1 - B4	A2 <b>-</b> A4	5A - 6B	W31 - W32	
3.	9.	15.	21.	27.	33.	39.	7 <sup>th</sup> /8 <sup>th</sup>
A2 <b>-</b> A5	B1 <b>-</b> B2	A1 - A3	B2 - B3	A1 - A5	4A - 3B	L33 - L34	
4.	10.	16.	22.	28.	34.	40.	5 <sup>th</sup> /6 <sup>th</sup>
B1 - B6	A4 - A6	B4 - B5	A5 - A6	B3 - B6	3A - 4B	W33 - W34	
5.	11.	17.	23.	29.	35.	41.	3 <sup>rd</sup> /4 <sup>th</sup>
B3 <b>-</b> B4	A3 - A5	B2 - B6	A1 - A4	B2 <b>-</b> B4	2A - 1B	L35 - L36	
6.	12.	18.	24.	30.	36.	42.	1 <sup>st</sup> /2 <sup>nd</sup>
B2 <b>-</b> B5	A1 - A2	B1 - B3	A2 - A3	B1 - B5	1A - 2B	W35 - W36	





#### 11. Schedule for thirteen (13) teams

The thirteen teams shall play on Day 1 to Day 3 a preliminary round-robin in four Groups, with three teams in Groups A, B and C and four teams in group D.

On Day 4 the teams placed  $2^{nd}$  and  $3^{nd}$  in each preliminary group shall play a second preliminary round in a cross group format. The first placed teams will have a rest day.

The fourth placed team in Group D will be ranked 13th.

Semi-finals and matches for rankings 9th to 12th shall be played on Day 6.

Finals for rankings 1st to 8th shall be played on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A1 - A3	6. B1 <b>-</b> B2	11. C2 - C3	16. 2A - 3B	20. L16 - L18	26. L20 - L21		11 <sup>th</sup> /12 <sup>th</sup>
2. B1 - B3	7. C1 <b>-</b> C2	12. D1 - D4	17. 3A - 2B	21. L17 - L19	27. W20 <b>-</b> W2		9 <sup>th</sup> /10 <sup>th</sup>
3. C1 - C3	8. D3 - D4	13. D2 - D3	18. 2C - 3D	22. 1A - W18	28. L22 - L23	32. L28 - L29	7 <sup>th</sup> /8 <sup>th</sup>
4. D1 - D3	9. D1 <b>-</b> D2	14. A2 - A3	19. 3C - 2D	23. 1B - W19	29. L24 - L25	33. W28 - W29	5 <sup>th</sup> /6 <sup>th</sup>
5. D2 <b>-</b> D4	10. A1 - A2	15. B2 - B3		24. 1C - W16	30. W22 - W23	34. L30 - L31	3 <sup>rd</sup> /4 <sup>th</sup>
				25. 1D - W17	31. W24 - W25	35. W30 - W31	1 <sup>st</sup> /2 <sup>nd</sup>

## 12. Schedule for fourteen (14) teams

The fourteen teams shall play Day 1 to Day 3 a preliminary round-robin in four groups with three teams in Group A and B and with four teams in Group C and D.

On Day 4 the teams placed  $2^{nd}$  and  $3^{rd}$  shall play a second preliminary round in a cross group format. The first placed teams will have a rest day.

The fourth placed teams from Groups C and D will play a decisive match for places  $13^{\text{th}}$  and  $14^{\text{th}}$ .

Semi-finals and matches for rankings 9th to 12th shall be played on Day 6.

Finals for rankings 1st to 8th shall be played Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A1 - 3	7. B1 <b>-</b> B2	13. C1 - C4	19. 4C - 4D				13 <sup>th</sup> /14 <sup>th</sup>
2. B1 - B3	8. C4 - C3	14. C2 - C3	20. 2A - B	24. L20 <b>-</b> L22	30. L24 - L25		11 <sup>th</sup> /12 <sup>th</sup>
3. C1 - C3	9. C1 <b>-</b> C2	15. D1 - D4	21. 3A - 2B	25. L21 - L23	31. W24 - W25		9 <sup>th</sup> /10 <sup>th</sup>
4. C2 <b>-</b> C4	10. D4 - D3	16. D2 - D3	22. 2C - 3D	26. 1A <b>-</b> W22	32. L26 - L27	34. L32 - L33	7 <sup>th</sup> /8 <sup>th</sup>
5. D1 - D3	11. D1 - D2	17. A2 - A3	23. 3C - 2D	27. 1B <b>-</b> W23	33. L28 - L29	35. W32 - W33	5 <sup>th</sup> /6 <sup>th</sup>
6. D2 <b>-</b> D4	12. A1 - A2	18. B2 - B3		28. 1C - W20	34. W28 - W29	36. L34 - L35	3 <sup>rd</sup> /4 <sup>th</sup>
				29. 1D - W21	35. W26 <b>-</b> W27	37. W34 - W35	1 <sup>st</sup> /2 <sup>nd</sup>





#### 13. Schedule for fifteen (15) teams

The fifteen teams shall play Day 1 to Day 3 a preliminary round-robin in four groups with three teams in Group A and four teams in Groups B, C and D. On Day 4 the teams placed 2<sup>nd</sup> and 3<sup>rd</sup> shall play a second preliminary round in a cross format. The first placed teams will have a rest day on Day 4. From Day 4 to Day 6 the three fourth placed teams shall play a round-robin for places 13<sup>th</sup> to 15<sup>th</sup>. Semi-finals shall be played on Day 6 and the Finals on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A1 - A3	8. B4 - B3	15. C1 - C4	22. 4B - 4D	27. 4C - 4D	34. 4B - 4C		13 <sup>th</sup> /14 <sup>th</sup> /15 <sup>th</sup>
2. B1 - B3	9. B1 <b>-</b> B2	16. C2 - C3	23. 2A - 3B	28. L23 - L25	35. L28 - L29		11 <sup>th</sup> /12 <sup>th</sup>
3. B2 <b>-</b> B4	10. C4 - C3	17. D1 - D4	24. 3A - 2B	29. L24 - L26	36. W28 - W29		9 <sup>th</sup> /10 <sup>th</sup>
4. C1 - C3	11. C1 <b>-</b> C2	18. D2 - D3	25. 2C - 3D	30. 1A - W25	37. L30 - L31	41. L37 - L38	7 <sup>th</sup> /8 <sup>th</sup>
5. C2 <b>-</b> C4	12. D4 - D3	19. A2 - A3	26. 3C - 2D	31. 1B - W26	38. L32 - L33	42. W37 - W38	5 <sup>th</sup> /6 <sup>th</sup>
6. D1 - D3	13. D1 - D2	20. B1 - B4		32. 1C - W23	39. W30 - W31	43. L39 - L40	3 <sup>rd</sup> /4 <sup>th</sup>
7. D2 <b>-</b> D4	14. A1 - A2	21. B2 <b>-</b> B3		33. 1D - W24	40. W32 <b>-</b> W33	44. W39 - W40	1 <sup>st</sup> /2 <sup>nd</sup>

## 14. Schedule for sixteen (16) teams

The sixteen teams shall play on Day 1 to Day 3 a preliminary round-robin in four groups, Group A, B, C and D, with four teams in each group. On Day 4 the teams placed 2<sup>nd</sup> to 4<sup>th</sup> shall play second preliminary round, where the second and third placed teams in each group in a cross group format. The fourth placed teams in each group form a new group of four teams and they shall play for places 13<sup>th</sup> to 16<sup>th</sup>. The first placed teams will have a rest day on Day 4. The Quarter Final Round shall be played on Day 6. The finals for places 1st to 8<sup>th</sup> shall be played in Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A1 - A3	9. B4 - B3	17. C1 - C4	25. 4A - 4B	31. L25 - L26			15 <sup>th</sup> /16 <sup>th</sup>
2. A2 <b>-</b> A4	10. B1 <b>-</b> B2	18. C2 - C3	26. 4C - 4D	32. W25 - W26			13 <sup>th</sup> /14 <sup>th</sup>
3. B1 - B3	11. C4 - C3	19. D1 - D4	27. 2A - 3B	33. L27 - L29	39. L33 - L34		11 <sup>th</sup> /12 <sup>th</sup>
4. B2 <b>-</b> B4	12. C1 - C2	20. D2 - D3	28. 3A - 2B	34. L28 - L30	40. W33 - W34		9 <sup>th</sup> /10 <sup>th</sup>
5. C1 - C3	13. D4 - D3	21. A1 - A4	29. 2C - 3D	35. 1A - W29	41. L35 - L36	45. L41 - L42	7 <sup>th</sup> /8 <sup>th</sup>
6. C2 <b>-</b> C4	14. D1 - D2	22. A2 - A3	30. 3C - 2D	36. 1B <b>-</b> W30	42. L37 - L38	46. W41 <b>-</b> W42	5 <sup>th</sup> /6 <sup>th</sup>
7. D1 - D3	15. A4 - A3	23. B1 - B4		37. 1C - W27	43. W35 - W36	47. L43 - L44	3 <sup>rd</sup> /4 <sup>th</sup>
8. D2 <b>-</b> D4	16. A1 - A2	24. B2 - B3		38. 1D - W28	44. W37 <b>-</b> W38	48. W43 - W44	1 <sup>st</sup> /2 <sup>nd</sup>





#### 15. Schedule for seventeen (17) teams

The seventeen teams shall play on Day 1 to Day 4 a preliminary round- robin in four Groups, A, B, C and D, with four teams in Group A, B and C, and five teams in Group D and with the teams from D having for one day two matches. The Quarter Finals shall be played on Day 5 with the first and second placed teams and the third and fourth placed teams shall play each other in a cross group format. The fifth placed team in Group D will be ranked 17th. Semi-finals shall be played on Day 6 and the Finals on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1.	10.	17.	24.	29.	37.	45.	15 <sup>th</sup> /16 <sup>th</sup>
D3 - D5	C1 <b>-</b> C3	D1 - D4	A2 - A4	4A - 3D	L29 - L30	L37 - L38	
2.	11.	18.	25.	30.	38.	46.	13 <sup>th</sup> /14 <sup>th</sup>
D1 - D2	D4 - D5	D2 - D3	B1 - B3	3A - 4D	L31 - L32	W37 <b>-</b> W38	
3.	12.	19.	26.	31.	39.	47.	11 <sup>th</sup> /12 <sup>th</sup>
C1 - C2	D1 - D3	A1 - A3	C3 - C4	4B - 3C	W29 <b>-</b> W30	L39 - L40	
4.	13.	20.	27.	32.	40.	48.	9 <sup>th</sup> /10 <sup>th</sup>
B3 <b>-</b> B4	A2 - A3	B1 - B4	D3 - D4	3B - 4C	W31 - 32	W39 <b>-</b> W40	
5.	14.	21.	28.	33.	41.	49.	7 <sup>th</sup> /8 <sup>th</sup>
B1 - B2	A1 - A4	B2 <b>-</b> B3	D2 <b>-</b> D5	2A - 1D	L33 - L34	L41 <b>-</b> L42	
6. A1 - A2	15. B2 <b>-</b> B4	22. C1 - C4		34. 1A - 2D	42. L35 - L36	50. W41 <b>-</b> W42	5 <sup>th</sup> /6 <sup>th</sup>
7. A3 <b>-</b> A4	16. C2 - C4	23. C2 - C3		35. 2B - 1C	43. W33 - W34	51. L43 - L44	3 <sup>rd</sup> /4 <sup>th</sup>
8. D1 - D5				36. 1B - 2C	44. W35 - W36	52. W43 - W44	1 <sup>st</sup> /2 <sup>nd</sup>
9. D2 <b>-</b> D4							

## 16. Schedule for eighteen (18) teams

The eighteen teams shall play on Day 1 to Day 4 a preliminary round- robin in four Groups, A, B, C and D, with four teams in Group A and B, and five teams in Group C and D and with teams from C and D having for one day two matches.

The Quarter Finals shall be played on Day 5 with the first and second placed teams and the third and fourth placed teams shall play each other in a cross group format. The fifth placed teams shall play final match for places 17<sup>th</sup> and 18<sup>th</sup>.

Semi-finals shall be played on Day 6 and the Finals on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. B3 <b>-</b> B4	9. C4 - C5	18. D1 - D4	27. C2 - C5	33. 4A - 3D	41. 5C - 5D		17 <sup>th</sup> /18 <sup>th</sup>
2.	10.	19.	28.	34.	42.	50.	15 <sup>th</sup> /16 <sup>th</sup>
B1 - B2	C1 - C3	D2 - D3	A2 - A4	3A - 4D	L33 - L34	L42 - L43	
3.	11.	20.	29.	35.	43.	51.	13 <sup>th</sup> /14 <sup>th</sup>
C3 <b>-</b> C5	D4 - D5	A1 - A3	B1 - B3	4B - 3C	L35 - L36	W42 - W43	
4.	12.	21.	30.	36.	44.	52.	11 <sup>th</sup> /12 <sup>th</sup>
C1 - C2	D1 - D3	B1 - B4	C3 - C4	3B - 4C	W33 - W34	L44 - L45	
5.	13.	22.	31.	37.	45.	53.	9 <sup>th</sup> /10 <sup>th</sup>
D3 <b>-</b> D5	A2 - A3	B2 <b>-</b> B3	D3 - D4	2A <b>-</b> 1D	W35 <b>-</b> W36	W44 <b>-</b> W45	
6.	14.	23.	32.	38.	46.	54.	7 <sup>th</sup> /8 <sup>th</sup>
D1 - D2	A1 - A4	C1 - C4	D2 - D5	1A - 2D	L37 - L38	L46 - L47	
7. A1 - A2	15. B2 - B4	24. C2 - C3		39. 2B <b>-</b> 1C	47. L39 - L40	55. W46 - W47	5 <sup>th</sup> /6 <sup>th</sup>
8. A3 <b>-</b> A4	16. C1 - C5	25. D1 - D5		40. 1B <b>-</b> 2C	48. W37 - W38	56. L48 - L49	3 <sup>rd</sup> /4 <sup>th</sup>
	17. C2 - C4	26. D2 - D4			49. W39 <b>-</b> W40	57. W48 <b>-</b> W49	1 <sup>st</sup> /2 <sup>nd</sup>





#### 17. Schedule for nineteen (19) teams

The nineteen teams shall play on Day 1 to Day 4 a preliminary round- robin in four Groups, A, B, C and D, with four teams in Group A and five teams in Groups B, C and D and with teams from B, C and D having for one day two matches.

The Quarter Finals shall be played on Day 5 with the  $1^{st}$  and  $2^{nd}$  placed teams and the  $3^{rd}$  and  $4^{th}$  placed teams shall play each other in a cross group format. The  $5^{th}$  placed teams shall play a round-robin for rankings  $17^{th}$  to  $19^{th}$ .

Semi-finals shall be played on Day 6 and the Finals on Day 7.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1.	11.	20.	29.	37.	46.	55.	17 <sup>th</sup> /18 <sup>th</sup> /19 <sup>th</sup>
B3 <b>-</b> B5	C4 - C5	D1 - D4	B2 <b>-</b> B5	5B - 5C	5B - 5D	5C - 5D	
2.	12.	21.	30.	38.	47.	56.	15 <sup>th</sup> /16 <sup>th</sup>
B1 - B2	C1 - C3	D2 - D3	C2 - C5	4A - 3D	L38 - L39	L47 - L48	
3.	13.	22.	31.	39.	48.	57.	13 <sup>th</sup> /14 <sup>th</sup>
C3 <b>-</b> C5	D4 - D5	A1 - A3	D2 - D5	3A - 4D	L40 - L41	W47 - W48	
4.	14.	23.	32.	40.	49.	58.	11 <sup>th</sup> /12 <sup>th</sup>
C1 - C2	D1 - D3	B1 - B4	A1 - A4	4B <b>-</b> 3C	W38 - W39	L49 - L50	
5.	15.	24.	33.	41.	50.	59.	9 <sup>th</sup> /10 <sup>th</sup>
D3 <b>-</b> D5	A2 - A4	B2 - B3	A2 - A3	3B - 4C	W40 - W41	W49 <b>-</b> W50	
6.	16.	25.	34.	42.	51.	60.	7 <sup>th</sup> /8 <sup>th</sup>
D1 - D2	B4 - B5	C1 - C4	B3 - B4	2A - 1D	L42 - L43	L51 - L52	
7.	17.	26.	35.	43.	52.	61.	5 <sup>th</sup> /6 <sup>th</sup>
A3 <b>-</b> A4	B1 - B3	C2 - C3	C3 - C4	1A - 2D	L44 - L45	W51 - W52	
8.	18.	27.	36.	44.	53.	62.	3 <sup>rd</sup> /4 <sup>th</sup>
A1 - A2	C1 <b>-</b> C5	D1 - D5	D3 - D4	2B <b>-</b> 1C	W42 <b>-</b> W43	L53 <b>-</b> L54	
9. B1 - B5	19. C2 - C4	28. D2 - D4		45. 1B <b>-</b> 2C	54. W44 <b>-</b> W45	63. W53 <b>-</b> W54	1 <sup>st</sup> /2 <sup>nd</sup>
10. B2 <b>-</b> B4							

# 18. Schedule for twenty (20) teams

The twenty teams shall play on Day 1 to Day 4 a preliminary round-robin in four Groups, A, B, C and D, with five teams in each group and with teams from each group having for one day two matches.

The Quarter Finals shall be played on Day 5 with the  $1^{st}$  and  $2^{nd}$  placed teams and the  $3^{rd}$  and  $4^{th}$  placed teams from each group.

The  $5^{\text{th}}$  placed teams shall play each other in a cross group format.

Semi-finals shall be played on Day 6 and the finals on Day 7.



Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Rankings
1. A3-A4	11. B3-B5	21. C4-C5	31. D1-D4	41. 5A-5D	51. L41-L42		19 <sup>th</sup> /20 <sup>th</sup>
2. A2 <b>-</b> A5	12. B1-B2	22. C1-C3	32. D2-D3	42. 5B-5C	52. W41-W42		17 <sup>th</sup> /18 <sup>th</sup>
3.	13.	23.	33.	43.	53.	61.	15 <sup>th</sup> /16 <sup>th</sup>
B3-B4	C3-C5	D4-D5	A1-A4	4A-3D	L43-L44	L53-L54	
4.	14.	24.	34.	44.	54.	62.	13 <sup>th</sup> /14 <sup>th</sup>
B2-B5	C1-C2	D1-D3	A2-A3	3A-4D	L45-L46	W53-W54	
5.	15.	25.	35.	45.	55.	63.	11 <sup>th</sup> /12 <sup>th</sup>
C3-C4	D3-D5	A4-A5	B1-B4	4B-3C	W43-W44	L55-L56	
6.	16.	26.	36.	46.	56.	64.	9 <sup>th</sup> /10 <sup>th</sup>
C2 <b>-</b> C5	D1-D2	A1-A3	B2-B3	3B-4C	W45-W46	W55-W56	
7.	17.	27.	37.	47.	57.	65.	7 <sup>th</sup> /8 <sup>th</sup>
D3-D4	A3-A5	B4-B5	C1-C4	2A-1D	L47-L48	L57-L58	
8.	18.	28.	38.	48.	58.	66.	5 <sup>th</sup> /6 <sup>th</sup>
D2-D5	A1-A2	B1-B3	C2-C3	1A-2D	L49-L50	W57-W58	
9.	19.	29.	39.	49.	59.	67.	3 <sup>rd</sup> /4 <sup>th</sup>
A1-A5	B1-B5	C1-C5	D1-D5	2B-1C	W47-W48	L59-L60	
10.	20.	30.	40.	50.	60.	68.	1 <sup>st</sup> /2 <sup>nd</sup>
A2-A4	B2-B4	C2-C4	D2-D4	1B-2C	W49-W50	W59-W60	

## 8.1.5.4.4 Draw

The draw for the World Aquatics Masters Championships shall be made at least one month prior to start of the Water Polo competition. The seeding for the draw for the preliminary rounds shall be based on the placing at the previous World Aquatics Masters Championships as follows:

With two groups in the age group:

First line, the best and second best placed of the entered teams from the previous Championships,

Second line, two of the next best placed of the entered teams from the previous Championships,

The rest of the entered teams shall be placed in groups by a random draw.

With four groups in the age group:

First line, four of the best placed of the entered teams from the previous Championships,

The rest of the entered teams shall be placed in groups by a random draw.

Teams from the same country should not be drawn in the same group, if possible

The World Aquatics Masters Commission can decide, if needed, on additional criteria as base for the draw.

## 8.1.5.5 Artistic Swimming

In World Aquatics Masters Championships a club may enter in Solo, Solo Tech Duet, Mixed Duet, Team and Free Combination in each age group.

A competitor can take part in only one Duet, Mixed Duet, Team and one Free Combination.

A female competitor can take part in both Duet and Mixed Duet.

Changes in names of competitors for a routine must be received by the Chief Recorder at least 14 days prior to the first event of the Artistic Swimming competition. The new competitor must have already registered for the competition with the organising committee.

The reserves listed in a routine must be of an age that any combination of the listed competitors would result in swimming in the same age group.

Any changes in reserves must be handed to the Chief Recorder in writing at least two hours prior to the listed start time for the age group routine. Changes after this can only be made in the case of sudden illness of or an accident to a competitor and if the reserve is ready to compete without delaying the competition.





A competitor may be listed as a reserve on more than one routine in an age group event. However, once a competitor swims in one routine, that competitor is ineligible to swim in another routine in the same age group event.

Failure to notify the Chief Recorder of substitution and/or scratches shall result in disqualification of the routine

#### 8.1.5.5.1 Order of Appearance

For the World Aquatics Masters Championships, a computer draw for the Technical Routines shall be done by the Chief Recorder at least 24 hours before the Technical Meeting.

The order of the draw shall be Team, Free Combination, Duet and Solo.

When a competitor(s) draws start number one (1) in a Technical Routine, they will be exempted from drawing start number one (1) in another Technical Routine in the same Age Group, if possible.

Swimming number one (1) in a Technical Routine does not make a routine exempt from swimming number one (1) in the Free Routine in the same event.

The order of appearance for the Free Routines in each age group shall be determined by the results of the Technical Routines for that age group event and shall be swum in groups of 6 competitors.

If the number of competitors is not divisible by 6, the smallest group shall start first.

If there are fewer than 12 entries in an age group event, the draw will be in two equal groups, the smallest group start first.

If there is a tie in the placement in an age group event which overlaps two groups, those competitors shall form a group of their own and swim between the original groups.

For each age group event, the lowest scoring competitors in the Technical Routine will swim in the first group and the highest scoring competitors will swim in the last group.

Within each age group in each event, the highest scoring competitor in the Technical Routine for that age group and event shall draw first, with the next competitors drawing in order of Technical Routine placement. In the case of ties, the order of draw shall be based on the Technical Routine start number, with the lowest start number drawing first.

## 8.1.5.5.2 Judging and Scoring

At the World Aquatics Masters Championships at least four (4) judges shall officiate in three panels.

## 8.1.5.5.3 For the World Aquatics Masters Championships the Degree of Difficulty for Required Elements shall be:

## **ELEMENT #1-1.6**

FISHTAIL – from a Front Layout Position, a Front Pike Position is assumed; one leg is lifted to a Fishtail Position, the second leg is lifted to a Vertical Position (ending is optional).

				Total
NVT=	6.0	14.5	20.5	41
PV=	1.46	3.54	5.00	1.61

# ELEMENT #2 - 1.3

SPLIT POSITION – followed by a walkout front or walkout back. The final DD is based on the lowest of the two values.

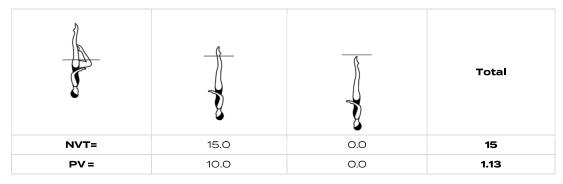


			Total
NVT=	23.0	8.0	31
PV =	7.42	2.58	1.42

		-9	Total
NVT=	19.0	6.0	25
PV =	7.60	2.40	1.31

#### **ELEMENT#3-1.1**

SPINNING 180° – From a Bent Knee Position, a Spin 180° is executed as the legs are joined to a Vertical Position at the ankles followed by submergence.



## **ELEMENT#4-1.3**

TRAVELLING BALLET LEG COMBINATION - Beginning in a Back-Layout Position a ballet leg alternate is executed with travel. The DD is based on the lowest value of two positions combined.

	A					Total
NVT=	10.5	11.0	(13.0 or 18.5)	3.0	19.0	21.5
PV=	4.77	5.0		1.36	8.64	1.25

## **ELEMENT #5 - 1.6**

BARRACUDA BENT KNEE – From the Back-Pike Position with the legs perpendicular and the toes just below the surface, a Thrust is executed as one leg is drawn along the inside of the other extended leg to assume a Bent Knee Vertical Position. A Vertical Descent is executed in a Bent Knee Vertical Position at the same tempo as the Thrust.



			Total
NVT=	28.0	11.0	39
PV =	7.18	2.82	1.57