
RECORDS NATIONAL AGE
LC Meters-Female

8 & U	50	Free	33.42	21-Oct-16	MAR	CHRISTANYA SHIRLEY at 2016 Dean Martin Memorial AB Classic
	100	Free	1:16.68	29-Nov-95	SPE	ALLISON BARDOWELL at Indiana vs. Jamaica
	200	Free	2:55.36	18-Dec-21	TOR	KAI LAWSON at 2021 ASAJ Christmas Open
	400	Free	6:35.46	24-Sept-11	SPE	PARIS CLARE at ASAJ Long Distance Development Meet
	800	Free	13:49.90	30-Oct-71	UNA	LINDA HEWITT
	1500	Free	26:28.50	11-Apr-69	FFA	ROSIE PHILLIPS
	50	Back	40.91	10-Dec-05	ROY	STEFANI WEBLEY at 2005 Gold Las Lic
	100	Back	1:35.29	27-Nov-21	TOR	KAI LAWSON at Walter Lowi Memorial Sprint Classic 2021
	200	Back	3:28.79	18-Dec-21	TOR	EMANUELLE SPENCE at 2021 ASAJ Christmas Open
	50	Breast	42.67	21-Oct-16	MAR	CHRISTANYA SHIRLEY at 2016 Dean Martin Memorial AB Classic
	100	Breast	1:43.93	19-Dec-19	SASC	JESSICA DENNISTON at 2019 ASAJ Christmas Open
	200	Breast	3:46.30	19-Dec-19	SASC	JESSICA DENNISTON at 2019 ASAJ Christmas Open
	50	Fly	36.29	21-Oct-16	MAR	CHRISTANYA SHIRLEY at 2016 Dean Martin Memorial AB Classic
	100	Fly	1:36.55	18-Dec-21	TOR	LEAH-PAIGE PHILLIPS at 2021 ASAJ Christmas Open
	200	IM	3:18.39	27-May-16	MAR	CHRISTANYA SHIRLEY at 2016 Neville Alexander Memorial
	200	Free Relay	2:35.41	1-Mar-03	SPE	SPEEDOS R. Hall, B. Bartley, A. Royal-Eatmon, L. Llewellyn
	200	Medley Relay	2:59.00	31-Dec-69	FFA	FLYING FISH - E. Aris, C. McKenzie, R. Phillips, K. Nembhard
9-10	50	Free	29.59	17-Dec-22	TOR	KIA ALERT at 2022 ASAJ Christmas Open
	50	Free	29.59	13-Dec-15	JAM	ZANETA ALVARANGA at 2015 ASATT Invitational
	100	Free	1:06.12	17-Nov-18	MAR	CHRISTANYA SHIRLEY at 2018 Walter Lowi Memorial Sprint
	200	Free	2:26.53	15-Aug-97	PLANT	ALLISON BARDOWELL at 1997 Junior Olympics
	400	Free	5:00.91	15-Aug-97	PLANT	ALLISON BARDOWELL at 1997 Junior Olympics
	800	Free	11:30.80	28-Apr-23	TOR	KAI LAWSON at 2023 Neville Alexander Championships
	1500	Free	22:37.20	11-Apr-69	FFA	BELINDA PHILLIPS
	50	Back	34.53	15-Dec-18	MAR	CHRISTANYA SHIRLEY at 2018 Christmas Open & Breezer
	100	Back	1:19.24	15-Dec-18	MAR	CHRISTANYA SHIRLEY at 2018 Christmas Open & Breezer
	200	Back	2:56.30	16-Dec-23	TOR	KAI LAWSON at 2023 ASAJ Christmas Open
	50	Breast	37.13	27-May-16	JPDG	MORGAN COGLE at the 2016 Neville Alexander Memorial Swim Meet
	100	Breast	1:26.28	17-Dec-17	MAR	KOKOLO FOSTER - 2019 Christmas Open Champs
	200	Breast	3:09.91	27-Oct-17	MAR	KOKOLO FOSTER at 2017 ASAJ Dean Martin Memorial
	50	Fly	31.35	11-Dec-15	JAM	ZANETA ALVARANGA at 2015 ASATT Invitational
	100	Fly	1:15.45	15-Dec-18	MAR	CHRISTANYA SHIRLEY at 2018 Christmas Open & Breezer
	200	Fly	3:19.82	16-Dec-23	VIK	MIA REID at the 2023 ASAJ Christmas Open
	200	IM	2:50.43	14-Dec-17	MAR	KOKOLO FOSTER at 2017 ASATT Invitational
	400	IM	5:41.70	9-Nov-68	UNA	COLLEEN GIBBONS
	200	Free Relay	2:05.52	17-Dec-17	MAR	MARLINS - K. Foster, S. Brown, G. Francis, C. Shirley
	200	Medley Relay	2:22.63	16-Dec-17	MAR	MARLINS - G. Francis, K. Foster, C. Shirley, S. Brown
11-12	400	Medley Relay	5:38.62	18-Aug-23	JAM	JAMAICA - M. Reid, A. Thomas, L. Phillips, K. Lawson
	50	Free	27.28	10-May-24	TOR	KIA ALERT at 2024 Neville Alexander Memorial Swim Meet
	100	Free	1:00.24	28-Jun-17	JAM	ZANETA ALVARANGA at XXX CCCAN Swimming Championships
	200	Free	2:14.16	29-Jun-18	JAM	MORGAN COGLE at XXXI CCCAN Swimming Championships 2018
	400	Free	4:46.75	26-Jun-99	FLST	ALLISON BARDOWELL at 1999 Hall Of Fame Meet
	800	Free	10:05.83	27-Jun-99	FLST	ALLISON BARDOWELL at 1999 Hall Of Fame Meet
	1500	Free	20:37.62	28-Jan-06	FAST	VICTORIA HO at the FAST/FGC Spring Invite
	50	Back	32.08	25-Jun-07	JAM	KENDESE NANGLE at 2007 XXV CISC
	100	Back	1:09.73	25-Jun-07	JAM	KENDESE NANGLE at 2007 XXV CISC
	200	Back	2:31.22	19-Jul-18	JDST- FG	MORGAN COGLE at FGC Junior Olympics Long Course 2018
	50	Breast	33.85	22-Aug-24	TOR	KIA ALERT at 2024 PanAm Aquatics Age Group Champs

RECORDS NATIONAL AGE

11-12	100 Breast	1:17.81	22-Aug-24	TOR	KIA ALERT at 2024 PanAm Aquatics Age Group Champs
	200 Breast	2:49.73	16-Apr-09	JAM	DANIELLE BOOTHE at 2009 CARIFTA Aruba
	50 Fly	28.74	28-Jun-17	JAM	ZANETA ALVARANGA at XXX CCCAN Swimming Championships
	100 Fly	1:05.69	28-Jun-17	JAM	SABRINA LYN at XXX CCCAN Swimming Championships
	200 Fly	2:36.48	16-Dec-17	TOR	SABRINA LYN at 2017 ASAJ Christmas Open/Breezer
	200 IM	2:36.26	24-Jun-12	JAM	ANNABELLA LYN at 2012 CISC Aruba
	400 IM	5:21.93	30-Jun-16	JAM	LAURA LIM SANG at 2016 CISC Bahamas
	200 Free Relay	1:55.47	31-Mar-18	JAM	JAMAICA - S. Officer, I. Sierra, M. Cogle, A. Heaven
	400 Free Relay	4:13.74	1-Jul-18	JAM	JAMAICA - S. Officer, I. Sierra, I. Hunter, M. Cogle
	800 Free Relay	10:07.65	14-Dec-24	TOR	TORNADOES - K. Lawson, E. Spence, A. Cooke, K. Alert
	200 Medley Relay	2:13.60	26-Oct-18	TOR	TORNADOES - A. Heaven, K. Foster, I. Sierra, I. Hunter
	400 Medley Relay	4:56.06	3-Jul-18	JAM	JAMAICA - M. Cogle, B. Hopkins, I. Hunter, S. Officer
13-14	50 Free	26.34	25-Oct-19	KZN	ZANETA ALVARANGA at 2019 ASAJ Dean Martin AB Memorial
	100 Free	57.54	6-Dec-97	BSST	JANELLE ATKINSON at 1997 U.S. OPEN
	200 Free	2:05.07	5-Dec-97	BSST	JANELLE ATKINSON at 1997 U.S. OPEN
	400 Free	4:19.89	4-Dec-97	BSST	JANELLE ATKINSON at 1997 U.S. OPEN
	800 Free	8:58.43	6-Dec-97	BSST	JANELLE ATKINSON at 1997 U.S. OPEN
	1500 Free	18:50.01	25-May-00	FLST	ALLISON BARDOWELL at 2000 Senior Challenge
	50 Back	30.75	22-Aug-24	UNAT	SKYELAR RICHARDS at 2024 PanAm Aquatics Age Group Champs
	100 Back	1:07.69	13-Jun-21	CSSC	LEANNA WAINWRIGHT at 2021 ASAJ Time Trial #4
	200 Back	2:29.10	13-Apr-97	JAM	JANELLE ATKINSON at 1997 CARIFTA
	50 Breast	34.14	21-Feb-19	KZN	ZANETA ALVARANGA at 2019 Walter Rogers Age Group Champs
	100 Breast	1:14.81	14-Aug-03	JAM	ALIA ATKINSON at 2003 PAN AM Games
	200 Breast	2:45.10	19-Apr-03	JAM	ALIA ATKINSON at 2003 CARIFTA Jamaica
	50 Fly	27.84	20-Apr-19	JAM	ZANETA ALVARANGA at XXXIV CARIFTA Aquatics Championships
	100 Fly	1:03.19	20-Apr-19	JAM	SABRINA LYN at XXXIV CARIFTA Aquatics Championships
	200 Fly	2:23.20	26-Feb-72	FFA	BELINDA PHILLIPS
	200 IM	2:26.67	15-Aug-03	JAM	ALIA ATKINSON at 2003 PAN AM Games
	400 IM	5:24.80	26-Jul-01	FLST	ALLISON BARDOWELL at 2001 Speedo Championships Series
	200 Free Relay	1:49.82	20-Apr-19	JAM	JAMAICA - S. Lyn, S. Officer, M. Cogle, Z. Alvaranga
	400 Free Relay	4:06.08	15-Apr-17	JAM	JAMAICA - G. Banks, B. Anderson, S. Vale, E. McDonald
	800 Free Relay	9:14.04	31-Mar-18	JAM	JAMAICA - Z. Alvaranga, A. Hunter, S. Vale, E. MacDonald
	200 Medley Relay	2:11.47	29-Nov-19	JAM	ICHS - S. Officer, B. Hopkins, Z. Alvaranga, I. Hunter
	400 Medley Relay	4:33.81	1-Apr-18	JAM	JAMAICA - S. Vale, S. Lyn, Z. Alvaranga, E. Macdonald
15-17	50 Free	25.95	15-Aug-08	JAM	NATASHA MOODIE at 2008 Summer Olympic Games Beijing
	100 Free	57.95	4-Apr-99	JAM	JANELLE ATKINSON at 1999 CARIFTA
	200 Free	2:01.11	23-Jul-99	JAM	JANELLE ATKINSON at 1999 4th Pan American Games
	400 Free	4:08.79	16-Sept-00	JAM	JANELLE ATKINSON at 2000 Summer Olympics Sydney
	800 Free	8:34.51	16-Sept-00	JAM	JANELLE ATKINSON at 2000 Summer Olympics Sydney
	1500 Free	16:22.12	22-Jun-00	JAM	JANELLE ATKINSON at 2000 XXXIII Santa Clara Invitational
	50 Back	30.10	15-Mar-24	MBHS	LEANNA WAINWRIGHT at Mayberry High & Tertiary Swim Meet
	100 Back	1:05.49	27-Jun-11	JAM	KENDESE NANGLE at 2011 27th CCCAN Swimming Championships
	200 Back	2:24.05	27-Jun-11	JAM	KENDESE NANGLE at 2011 27th CCCAN Swimming Championships
	50 Breast	32.59	16-Mar-06	JAM	ALIA ATKINSON at 2006 Commonwealth Games Melbourne
	100 Breast	1:10.95	15-Aug-04	COPF	ALIA ATKINSON at 2004 Junior National Champs Irvine
	200 Breast	2:38.31	17-Jul-06	JAM	ALIA ATKINSON at 2006 CAC Columbia
	50 Fly	28.00	17-Apr-22	JAM	ZANETA ALVARANGA at XXXV Carifta Swimming Championships
	100 Fly	1:02.14	16-Apr-22	JAM	SABRINA LYN at 2022 XXXV CARIFTA Swimming
	200 Fly	2:23.07	30-Apr-00	JAM	JANELLE ATKINSON at Carifta
	200 IM	2:17.95	22-Jul-12	JAM	ZARA BAILEY at 2012 British Gas National Championships

RECORDS NATIONAL AGE

15-17	400 IM	4:53.62	27-Jun-13	COP	ZARA BAILEY at 2018 British Gas National Champs Sheffield
	200 Free Relay	1:47.91	16-Apr-22	JAM	JAMAICA - M. Headley, M. Cogle, L. Wainwright, S. Lyn
	400 Free Relay	3:58.87	16-Apr-22	JAM	JAMAICA - M. Headley, M. Cogle, L. Wainwright, S. Lyn
	800 Free Relay	8:50.53	15-Apr-17	JAM	JAMAICA - B. Williams, A. Sinclair, B. Renaurt, A. Lyn
	200 Medley Relay	2:09.56	19-Jan-18	JAM	JAMAICA - B. Anderson, G. Banks, A. Lyn, N. Eaton
	400 Medley Relay	4:28.81	9-Jul-22	JAM	JAMAICA - L. Wainwright, S. Lyn, Z. Alvaranga, M. Cogle

RECORDS NATIONAL AGE
LC Meters-Male

8 & U	50	Free	32.30	11-Dec-99	SPE	ALFORD GREEN at 1999 FFA Invitational
	100	Free	1:12.39	10-Dec-99	SPE	ALFORD GREEN at 1999 FFA Invitational
	200	Free	2:41.20	4-Aug-72	FFA	DERYCK MARKS
	400	Free	5:41.40	8-Oct-70	FFA	ANDREW PHILLIPS
	800	Free	11:40.70	11-Aug-72	FFA	DERYCK MARKS
	1500	Free	22:43.20	5-Aug-72	FFA	DERYCK MARKS
	50	Back	38.67	10-May-97	SPE	TRAVIS FORTE at 1997 Tornadoes/Carib Cement Invite
	100	Back	1:32.80	8-Aug-86	MAR	JULIAN MCINTOSH at Miami Springs
	200	Back	3:23.07	16-Dec-23	SASC	ZANE WILLIAMS at 2023 ASAJ Christmas Open
	50	Breast	42.85	14-Dec-86	SPE	JULIAN MCINTOSH at 1986 Senior Championships
	100	Breast	1:41.20	21-Oct-72	FFA	DERYCK MARKS
	200	Breast	3:34.87	15-Dec-18	AQMR	KAI RADCLIFFE at 2018 Christmas Open & Breezer
	50	Fly	34.57	15-Aug-97	SPE	TRAVIS FORTE JUNIOR OLYMPICS
	100	Fly	1:30.01	16-Dec-23	SASC	ZANE WILLIAMS at 2023 ASAJ Christmas Open
	200	Fly	3:47.44	16-Dec-23	SASC	ZANE WILLIAMS at 2023 ASAJ Christmas Open
	200	IM	3:06.80	7-Oct-70	FFA	ANDREW PHILLIPS
	200	Free Relay	2:26.15	16-Aug-19	JAM	JAMAICA - R. Hunter, C. Brown, M. Eaton, A. Nixon
	200	Medley Relay	2:49.10	19-Dec-99	SPE	'Y' SPEEDOS - R. Walton, J. Dean, A. Green, J. Taylor
9-10	50	Free	29.18	19-Dec-19	SFSA	NATHAN WRIGHT at 2019 ASAJ Christmas Open
	100	Free	1:04.41	14-Dec-01	SPE	ALFORD GREEN at 2001 Age Group Gold Challenge
	200	Free	2:23.09	15-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	400	Free	5:04.45	18-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	800	Free	10:53.57	25-Oct-24	UNAT	WILLIAM WAN at 2024 Dean Martin Memorial Swim Meet
	1500	Free	20:36.60	5-Aug-72	FFA	ANDREW PHILLIPS
	50	Back	32.87	15-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	100	Back	1:13.34	15-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	200	Back	2:34.42	18-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	50	Breast	37.01	30-Jul-90	SPE	TSHAKA DOUGLAS at 1990 Junior Olympics
	100	Breast	1:24.18	30-Jul-90	SPE	TSHAKA DOUGLAS at 1990 Junior Olympics
	200	Breast	3:04.90	15-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	50	Fly	30.92	15-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	100	Fly	1:11.29	15-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	200	Fly	2:56.50	6-Sept-74	FFA	DERYCK MARKS
	200	IM	2:38.45	15-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	400	IM	5:43.32	15-Dec-18	UNAT	BRADY LEWISON at 2018 Christmas Open & Breezer
	200	Free Relay	2:05.88	7-Jul-90	JAM	JAMAICA - B. Lue-Sang, T. Douglas, M. Zebe-Chaka, A. McKenzie
	400	Free Relay	4:50.85	16-Aug-19	JAM	JAMAICA - Z. Johnson, K. Radcliffe, W. McIntosh, N. Wright
	200	Medley Relay	2:21.43	7-Jul-90	JAM	JAMAICA - B. Lue-Sang, T. Douglas, M. Zebe-Chaka, A. McKenzie
11-12	400	Medley Relay	5:31.50	16-Aug-19	JAM	JAMAICA - W. McIntosh, K. Radcliffe, Z. Johnson, N. Wright
	50	Free	26.10	16-Dec-17	TOR	NATHANIEL THOMAS at 2017 ASAJ Christmas Open/Breezer
	100	Free	57.43	7-Dec-02	TOR	BRAD HAMILTON at 2002 Age Group Gold Las Lick
	200	Free	2:07.21	14-Aug-23	JAM	NOLAND BARRETT at XXXV CCCAN Swimming Champs
	400	Free	4:30.87	21-Jul-23	WEST	NOLAND BARRETT at 2023 Metropolitan LC Age Group Championships
	800	Free	9:42.07	6-Dec-02	TOR	BRAD HAMILTON at 2002 Age Group Gold Las Lick
	1500	Free	18:50.18	19-Apr-13	DN-FG	NICHOLAS VALE at 2013 Davie Florida Invitational
	50	Back	29.64	19-Dec-19	TOR	NELSON DENNY at 2019 ASAJ Christmas Open
	100	Back	1:06.44	17-Apr-09	JAM	TIMOTHY WYNTER at 2009 CARIFTA Aruba
	200	Back	2:23.09	16-Apr-09	JAM	TIMOTHY WYNTER at 2009 XXIV Carifta Swimming Championships

RECORDS NATIONAL AGE

11-12	50 Breast	33.43	1-Jul-10	JAM	KEVAUGHN CAMPBELL at 2010 CISC Cuba
	100 Breast	1:12.89	2-Jul-10	JAM	KEVAUGHN CAMPBELL at 2010 CISC Cuba
	200 Breast	2:41.02	17-Dec-22	SPE	KAI RADCLIFFE at 2022 ASAJ Christmas Open
	50 Fly	27.86	16-Dec-17	TOR	NATHANIEL THOMAS at 2017 ASAJ Christmas Open/Breezer
	100 Fly	1:02.71	27-Oct-17	TOR	NATHANIEL THOMAS at 2017 ASAJ Dean Martin Memorial
	200 Fly	2:25.83	6-Jul-02	JAM	BRAD HAMILTON at 2002 CISC
	200 IM	2:28.34	4-Jul-02	JAM	BRAD HAMILTON at 2002 CISC
	400 IM	5:13.78	13-Jun-14	DN-FG	NICHOLAS VALE at 2014 GCST Summer Invitational Ft Myers
	200 Free Relay	1:51.57	15-Dec-18	TOR	TORNADOES - J. Mignott, A. Balfour, D. Mair, J. Mair
	400 Free Relay	4:05.78	4-Jul-02	JAM	JAMAICA - A. Green, R. Chen, J. Wong, B. Hamilton
	800 Free Relay	9:30.94	15-Dec-18	TOR	TORNADOES - A. Balfour, J. Mignott, J. Mair, D. Mair
	200 Medley Relay	2:11.04	27-May-17	TOR	TORNADOES - N. Thomas, N. Gordon-Somers, J. Samms, Z. Jackson-Blaine
	400 Medley Relay	4:38.26	13-Apr-02	JAM	JAMAICA - T. Wong, R. Chen, B. Hamilton, A. Green
13-14	50 Free	24.47	3-Jul-04	JAM	BRAD HAMILTON at CISC Jamaica
	100 Free	53.61	23-Jun-21	TOR	NELSON DENNY at 2021 CCCAN Puerto Rico
	200 Free	1:59.84	15-Apr-04	JAM	BRAD HAMILTON at 2004 CARIFTA Bahamas
	400 Free	4:15.57	2-Jul-16	JAM	NICHOLAS VALE - 2016 CISC Bahamas
	800 Free	9:11.81	25-Oct-24	SPE	MATTHEW KENNEDY at 2024 Dean Martin Memorial Swim Meet
	1500 Free	17:14.52	7-Apr-07	JAM	DOMINIC WALTER at 2007 CARIFTA Jamaica
	50 Back	26.96	27-Jun-11	JAM	TIMOTHY WYNTER at 2011 27th CCCAN Swimming Championships
	100 Back	58.87	27-Jun-11	JAM	TIMOTHY WYNTER at 2011 27th CCCAN Swimming Championships
	200 Back	2:09.55	27-Jun-11	JAM	TIMOTHY WYNTER at 2011 27th CCCAN Swimming Championships
	50 Breast	30.94	15-Dec-18	SPE	KITO CAMPBELL at 2018 Christmas Open & Breezer
	100 Breast	1:09.31	2-Feb-24	SPE	KAI RADCLIFFE at 2024 Karl Dalhouse Swim Meet
	200 Breast	2:33.55	7-Jul-01	JAM	DOMINIC LEE at 2001 CCCAN
	50 Fly	26.22	2-Jul-11	JAM	TIMOTHY WYNTER at CCCAN, Puerto Rico
	100 Fly	58.49	13-Dec-15	SAS	JESSE MARSH at US Winter Junior Nationals Eas
	200 Fly	2:13.33	17-Dec-15	UNTOR	JESSE MARSH at 2015 Christmas Open Swimming Championships
	200 IM	2:16.17	24-Jul-16	PC	NICHOLAS VALE at 2016 Florida Gold Coast Senior Championships
	400 IM	4:56.01	23-Jun-12	JAM	MATTHEW LYN at 2012 CISC Aruba
	200 Free Relay	1:42.39	30-Mar-24	JAM	JAMAICA - M. Kennedy, A. Nixon, K. Radcliffe, N. Barrett
	400 Free Relay	3:46.99	22-Apr-14	JAM	JAMAICA - J. Black, J. Hines, J. Marsh, C. Alberga
	800 Free Relay	8:31.11	23-Apr-11	JAM	JAMAICA - A. Young, T. Wynter, J. James, M. Lyn
	200 Medley Relay	2:00.32	24-May-19	TOR	TORNADOES - N. Thomas, N. Gordon-Somers, J. Samms, Z. Jackson-Blaine
	400 Medley Relay	4:11.84	27-Jun-11	JAM	JAMAICA - T. Wynter, K. Campbell, S. Williams, A. Young
15-17	50 Free	23.40	27-Jul-14	SSC	JUSTIN PLASCHKA 2014 Buffalo Sectional Champs
	100 Free	51.52	24-Jul-14	SSC	JUSTIN PLASCHKA 2014 Buffalo Sectional Champs
	200 Free	1:53.95	6-Aug-14	HSC	NICO CAMPBELL at 2014 British Gas National Youth Champs
	400 Free	4:10.52	4-Aug-17	UNAT	NICHOLAS VALE at 2017 USA Swimming Futures Championships
	800 Free	8:54.16	18-Jul-10	JAM	DOMINIC WALTER at 2010 21st Central American & Caribbean Games
	1500 Free	16:40.15	30-Jun-10	JAM	DOMINIC WALTER at 2010 17th Caribbean Island Swimming Champs
	50 Back	26.71	28-Aug-13	JAM	TIMOTHY WYNTER at 4th World Youth Championships Dubai
	100 Back	57.31	15-Jun-12	JAM	TIMOTHY WYNTER at 2012 Bahamas National Championships
	200 Back	2:03.05	2-Jul-16	JAM	KEANAN DOLS at 2016 CISC Bahamas
	50 Breast	28.55	23-Jun-21	KZN	KITO CAMPBELL at 2021 CCCAN Puerto Rico
	100 Breast	1:06.68	24-Jun-21	JAM	KITO CAMPBELL at CCCAN, Puerto Rico
	200 Breast	2:26.88	3-Jul-04	JAM	DOMINIC LEE at 2004 15th Caribbean Island Swimming Champs
	50 Fly	25.41	27-Jun-12	PINE	NICHOLAS VALE at Florida Gold Coast Senior LC
	100 Fly	55.50	19-Jul-24	MWDA	JOSH JOHNSON at Metropolitan LC Junior Met Championships
	200 Fly	2:03.27	27-Jul-16	SYMCA	KEANAN DOLS at Aquatic Summer Splash Orlando

RECORDS NATIONAL AGE

15-17	200 IM	2:07.04	1-Jul-16	JAM	KEANAN DOLS at 2016 CISC Bahamas
	400 IM	4:35.69	25-Jul-14	SYMCA	KEANAN DOLS at Florida Senior Championships IRCC
	200 Free Relay	1:36.72	30-Mar-24	JAM	JAMAICA - N. Denny, B. Lewison, B. Davis, M. McKenzie
	400 Free Relay	3:34.87	30-Mar-24	JAM	JAMAICA - N. Denny, B. Lewison, M. McKenzie, B. Davis
	800 Free Relay	8:04.02	6-Apr-15	JAM	JAMAICA - M. Lyn, B. Goren, J. Black, N. Campbell
	200 Medley Relay	1:58.33	10-May-98	TOR	TORNADOES - K. Thompson, R. James, P. Bhoorasingh, D. Scott
	400 Medley Relay	4:01.27	31-Mar-18	JAM	JAMAICA - N. Vale, C. Brown, J. Marsh, J. Hines

RECORDS NATIONAL AGE
LC Meters-Mixed

8 & U	200	Free Relay	2:21.35	16-Aug-19	JAM	JAMAICA - J. Denniston, A. Nixon, R. Hunter, S. Palmer
	200	Medley Relay	3:05.36	16-Aug-19	JAM	JAMAICA - J. Denniston, R. Hunter, A. Nixon, S. Palmer
9-10	200	Free Relay	2:14.91	12-May-23	TOR	TORNADOES - A. Thomas, N. Parker, J. Sinclair, K. Lawson
	400	Free Relay	5:30.08	3-Mar-18	MAR	MARLINS - C. Shirley, J. Johnson, J. Wilkinson, D. Smith
	200	Medley Relay	2:19.66	4-Feb-18	MAR	MARLINS -
11-12	200	Free Relay	1:49.70	29-Jun-17	JAM	JAMAICA - Z. Alvaranga, P. Lewis, J. Alleyne, N. Thomas
	400	Free Relay	4:10.28	15-Apr-17	JAM	JAMAICA - J. Davis, J. Davis, J. Davis, J. Davis
	200	Medley Relay	2:12.54	3-Feb-17	TOR	TORNADOES - S. Lyn, I. Sierra, N. Thomas, N. Gordon-Somers
	400	Medley Relay	5:11.76	10-May-24	TOR	TORNADOES - K. Lawson, K. Alert, N. Parker, M. Heaven
13-14	200	Free Relay	1:46.07	9-Jul-22	JAM	JAMAICA - N. Barrett, C. Shirley, L. Chin, B. Davis
	200	Medley Relay	2:09.33	12-May-23	SPE	'Y' SPEEDOS - Z. Johnson, K. Radcliffe, R. Chung, S. Scott
15-17	200	Free Relay	1:41.05	9-Jul-22	JAM	JAMAICA - D. Robe, Z. Alvaranga, S. Lyn, N. Denny
	200	Medley Relay	2:00.91	2-Apr-18	SPE	'Y' SPEEDOS - B. Anderson, A. Alleyne, J. Payne, N. Eaton