

CHRISTMAS OPEN SWIMMING CHAMPIONSHIPS
DECEMBER 15 – 18, 2016

OUTSTANDING PERFORMANCES

Emily MacDonald (12)	SASC	100M Free	1:01.94	AAAA
		100M Fly	1:09.56	AAAA
Nicholas Vale (14)	UNAT	100M Free	55.65	AAAA
		200M Free	2:01.05	AAAA
		400M Free	4:21.98	AAAA
		400M IM	4:57.88	AAAA
Simone Vale (12)	UNAT	100M Fly	1:09.40	AAAA