



Western Invitational Swim Event – WISE’24

Aquatic Sports Association of Jamaica Sanction Number:12409

- VENUE:** WespoW Park – Tucker, Montego Bay, Saint James - 4 lane 25m Swimming Pool
- DATE and TIME:** Saturday, July 6, 2024 – 9:00 a.m. The pool will be opened at 7:00 am
- OPENING CEREMONY:** Saturday, July 6, 2024 – 8:30 a.m.
- AGE-UP DATES:** Ages for the competition shall be as of midnight on June 30th, 2024
- ENTRY LIMITS:** This event is open to all schools, clubs, and unattached swimmers.
Number of events per swimmer: Five (5) including relays
Number of entries per team: Four (4) per event except 25m and 50m Freestyle, 50m Backstroke, and 50m Breaststroke where Eight (8) per event will be accepted, and 8 under 50m butterfly where Two (2) per team will be accepted.
Number of relay entries per team: One (1) per relay event
- ENTRY FEES:** Individual \$500 per event, Relay \$1,000 per team, Surcharge \$1,000.00 per swimmer.
- PROGRAMME:** All events will be swum as timed finals.
- ENTRY DEADLINE:** 7:00 p.m. Monday, June 22nd, 2024. Hytek entries will be accepted via WISESailFish@outlook.com.
Late entries will not be accepted.
- ENTRY REQUESTS:** The entry list (sorted by swimmer) must accompany the entries.
Call 876-322-9757 to confirm receipt of entries that are emailed.
The date of birth of each competitor must be correctly entered.
Fees - Bank Transfer - SailFish Fitness Academy - NCB St. James - JMD – Savings – Account 435397123

RULES AND REGULATIONS:

- Armbands will be provided for officials whose names are submitted with entries.
- Each official, coach, or swimmer is required to wear the band at the entrance gate for the meet. Those who fail to present their armbands will have to pay the prescribed entry fee. Misuse of armbands will result in confiscation of the armbands and the appropriate disciplinary action taken against the offender and the respective team.
- The PA system is to run the meet, and the microphone will be for the starter and announcer.
- Swimmers must leave the pool within 5 seconds of completing the leg of the relay in the lane they swam. Swimmers will be disqualified if they cross into other lanes.
- Teams are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition. Volunteers must report to the Meet Director at least thirty (30) minutes before the start of each session.
- The Start: AQUA swimming rules 4.1, 4.2, 4.3, 4.4, and AQUA masters rules 3.3.2.1, 3.3.2.2, 3.3.2.3 shall apply.

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MARSHALLING

There will be no official marshalling area for the swim meet. Swimmers for the next heat must be behind the blocks while the current heat is in progress.

Team officials are responsible for getting their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned. If a swimmer swims in the wrong lane or heat the swimmer will be disqualified.

No swimmer may enter the race after the referee has blown the “long” whistle. If this occurs the swimmer will be disqualified and not allowed to swim in the particular event.

ENTRIES AND RESULTS

- Competitors will only be allowed to swim in their respective age groups. If competitors swim outside of their age group, the offending swimmer will be disqualified from the competition.
- Substitutions will not be allowed in either individual or relay events. Only the named swimmer entered in the respective event will be allowed to compete. Teams in violation will be disqualified from the competition.
- All swimmers must be registered with their respective teams.
- All scratches and name spelling corrections and checking of the original entry are to be done via email by Monday, June 29th 2024 at 6:30 p.m.
- Relay cards are in duplicate:
 - The original must be presented to the recorder thirty (30) minutes before the start of the first event of the particular session
 - A copy must be handed to the head lane timekeeper at the beginning of the event.
 - Changes must be made at least four (4) events before the start of the scheduled event.
 - Swimmers must be named in order of swimming in accordance with ASAJ rules.
- No changes to entries will be accepted after Monday, June 29th, 2024 at 6:30 pm
- Deck entries will be allowed up to 20 minutes before the start of a session, space permitting.
- Scratches are allowed at any time, with no refund.

AWARDS AND POINTS

Points for each event will be awarded as follows: 5, 3, 2, and 1 for places first to fourth respectively for individual events. For relays, the points will be 10, 6, 4, and 2 for places first to fourth only.

Teams having more than three (3) swimmers in the top eight (8) positions of the 50m freestyle will only score points for the top three (3) swimmers.

In all other events, teams will score points for three (3) swimmers who finish places 1-4 in the top four (4) positions.

The following will be awarded:

- Championship trophy for the overall winning team (combined male & female).
- Champion girl and champion boy trophy in each age category.
- Heat winner token

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Morning Session 9:00 am – 12:00 pm

| EVENT | GENDER | AGE GROUP | DISTANCE | STROKE |
|-------|--------|-------------|----------|-----------------|
| 1 | MIXED | Open | 25m | Noodles |
| 2 | GIRLS | 8 and under | 50m | Butterfly |
| 3 | BOYS | 8 and under | 50m | Butterfly |
| 4 | GIRLS | 9 - 10 | 50m | Butterfly |
| 5 | BOYS | 9 - 10 | 50m | Butterfly |
| 6 | GIRLS | 11 to 12 | 50m | Butterfly |
| 7 | BOYS | 11 to 12 | 50m | Butterfly |
| 8 | GIRLS | 13 and over | 50m | Butterfly |
| 9 | BOYS | 13 and over | 50m | Butterfly |
| 10 | MIXED | Open | 25m | Kickboard |
| 11 | GIRLS | 9 - 10 | 100m | Freestyle |
| 12 | BOYS | 9 - 10 | 100m | Freestyle |
| 13 | GIRLS | 11 to 12 | 100m | Freestyle |
| 14 | BOYS | 11 to 12 | 100m | Freestyle |
| 15 | GIRLS | 13 and over | 100m | Freestyle |
| 16 | BOYS | 13 and over | 100m | Freestyle |
| 17 | GIRLS | 8 and under | 50m | Breaststroke |
| 18 | BOYS | 8 and under | 50m | Breaststroke |
| 19 | GIRLS | 9 - 10 | 50m | Breaststroke |
| 20 | BOYS | 9 - 10 | 50m | Breaststroke |
| 21 | GIRLS | 11 to 12 | 50m | Breaststroke |
| 22 | BOYS | 11 to 12 | 50m | Breaststroke |
| 23 | GIRLS | 13 and over | 50m | Breaststroke |
| 24 | BOYS | 13 and over | 50m | Breaststroke |
| 25 | MIXED | Open | 4 x 25m | Kickboard Relay |
| 26 | MIXED | 8 and under | 4 x 25m | Medley Relay |
| 27 | MIXED | 9 - 10 | 4 x 25m | Medley Relay |
| 28 | MIXED | 11 to 12 | 4 x 25m | Medley Relay |
| 29 | MIXED | 13 and over | 4 x 50m | Medley Relay |

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Afternoon Session 1:00 pm – 4:00 pm

| | | | | |
|----|-------|-------------|---------|-------------------|
| 30 | GIRLS | 8 and under | 100m | Individual Medley |
| 31 | BOYS | 8 and under | 100m | Individual Medley |
| 32 | GIRLS | 9 - 10 | 100m | Individual Medley |
| 33 | BOYS | 9 - 10 | 100m | Individual Medley |
| 34 | GIRLS | 11 to 12 | 100m | Individual Medley |
| 35 | BOYS | 11 to 12 | 100m | Individual Medley |
| 36 | GIRLS | 13 and over | 100m | Individual Medley |
| 37 | BOYS | 13 and over | 100m | Individual Medley |
| 38 | GIRLS | 6 and under | 25m | Backstroke |
| 39 | BOYS | 6 and under | 25m | Backstroke |
| 40 | GIRLS | 8 and under | 50m | Backstroke |
| 41 | BOYS | 8 and under | 50m | Backstroke |
| 42 | GIRLS | 9 - 10 | 50m | Backstroke |
| 43 | BOYS | 9 - 10 | 50m | Backstroke |
| 44 | GIRLS | 11 to 12 | 50m | Backstroke |
| 45 | BOYS | 11 to 12 | 50m | Backstroke |
| 46 | GIRLS | 13 and over | 50m | Backstroke |
| 47 | BOYS | 13 and over | 50m | Backstroke |
| 48 | GIRLS | 6 and under | 25m | Freestyle |
| 49 | BOYS | 6 and under | 25m | Freestyle |
| 50 | GIRLS | 8 and under | 50m | Freestyle |
| 51 | BOYS | 8 and under | 50m | Freestyle |
| 52 | GIRLS | 9 - 10 | 50m | Freestyle |
| 53 | BOYS | 9 - 10 | 50m | Freestyle |
| 54 | GIRLS | 11 to 12 | 50m | Freestyle |
| 55 | BOYS | 11 to 12 | 50m | Freestyle |
| 56 | GIRLS | 13 and over | 50m | Freestyle |
| 57 | BOYS | 13 and over | 50m | Freestyle |
| 58 | MIXED | 6 and under | 4 x 25m | Freestyle Relay |
| 59 | MIXED | 8 and under | 4 x 25m | Freestyle Relay |
| 60 | MIXED | 9 - 10 | 4 x 25m | Freestyle Relay |
| 61 | MIXED | 11 to 12 | 4 x 25m | Freestyle Relay |
| 62 | MIXED | 13 and over | 4 x 50m | Freestyle Relay |

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