



SWIMAZ AQUATIC LONG COURSE CHAMPIONSHIPS
National Aquatic Centre, Kingston Jamaica

June 22, 2024.

- ASAJ SANCTION #:** 22413
- VENUE** **National Aquatic Centre: 8 Lane Competition Pool (with 25m Warm Up Pool)**
- Colorado Electronic Timing System (CTS6): pads with back-up buttons**
- DATE:** **Saturday, June 22, 2024.**
- TIMES:** (Pool opens 1½ hours before start of a session.)
Session 1, Saturday Morning: 8:30 am (warm up 7:00 am)
Session 2, Saturday Afternoon: 2:00 pm (warm up 12:30 pm)
- ELIGIBILITY:** All Clubs and swimmers registered with the ASAJ or any AQUA affiliated body.
Age Group ages for the meet shall be as at midnight, **December 31, 2023.**
Masters must be 25 years and over as at **December 31, 2024.**
- ASAJ REGISTRATION:** Swimmers must be registered with the ASAJ no later than **4.00 pm FRIDAY, May 31, 2024.**
- ENTRIES:** Number of individual events per swimmer: No limit
Number of relays per Club: No limit, but only the top two will score.
Swimmers aged 8 and Under can participate in the 8&U relays or in the 10&U relays, but not both.
- ALL EVENTS ARE TIMED FINALS**
- ENTRY FEES:** J\$800 per swimmer per event
JMD \$1,500 per team per relay
JMD \$1,000 surcharge per swimmer
Please pay all fees via direct transfer to:
Swimaz Aquatic Swim Club Limited.
National Commercial Bank, Current Account, Half Way Tree, 301167342.
Entry fees must be paid in full on or before **Wednesday, June 12, 2024.**
- ENTRY DEADLINE:** **11.59 pm FRIDAY, June 7, 2024**
Entries (in HYTEK format) must be emailed to:
swimaz5091@yahoo.com. A copy should be sent to
aquaticsja@gmail.com and josephoneilreynolds1965@gmail.com



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SATURDAY, JUNE 22, 2024

- RULES:** AQUA Rules and ASAJ By-Laws in force at the time of competition will apply unless otherwise stated. Competitors will only be allowed to swim in their age group.
- EXHIBITION:** Time Trials will be allowed with priority given to swimmers wishing to swim the 100m Backstroke, 100m Breaststroke and the 100m Butterfly. Deck entries will be allowed if space is available and will be exhibition only. The cost for any of the above is \$1,500 per entry.
- MARSHALLING:** There will be no marshalling area for the Meet. The next heat must be behind the blocks while the current heat is in progress. Coaches are responsible to get their swimmers to the starting block. Any swimmer swimming in the wrong heat and/or lane will be disqualified. No swimmer may enter the race once the starter has taken control.
- RELAY CARDS:** Relay cards are in duplicate. The original must be handed to the Recorder thirty (30) minutes BEFORE the beginning of the session. The duplicate copy must be handed to the Chief Lane Judge or Head Lane Timekeeper prior to the start of the race. Swimmers must be named in the order of swimming on the card. Any change may be made up to FOUR (4) events prior to the scheduled event number, after that on presentation of a medical certificate.
- SCORING:** Individual Events score 9,7,6,5,4,3,2 and 1 point for places 1 - 8. Relays score 18, 14, 12, 10, 8, 6, 4 and 2 points for places 1 -8.
- OFFICIALS:** Referees and Starters on the current AQUA and PanAM Aquatics Swimming Lists will work each session.
- SPECTATORS:** Entry fees for spectators will be \$1,200 for the day or any part thereof.
- PROGRAMME** The Meet Director reserves the right to drop, merge or combine heats/events so that there can be a smooth running of the Meet. This power is passed on to the Referee(s) where the Meet Director is unavailable.



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June 22, 2024

Session 1: Saturday, June 22, 2024 8:30AM

1	2	F/M	10&U	100m Freestyle
3	4	F/M	11-12	100m Freestyle
5	6	F/M	13-14	100m Freestyle
7	8	F/M	15&O	100m Freestyle
9	10	F/M	8&U	50m Backstroke
11	12	F/M	9-10	50m Backstroke
13	14	F/M	11-12	50m Backstroke
15	16	F/M	13-14	50m Backstroke
17	18	F/M	15-24	50m Backstroke
19	20	F/M	25&O	50m Backstroke
21	22	F/M	8&U	50m Breaststroke
23	24	F/M	9-10	50m Breaststroke
25	26	F/M	11-12	50m Breaststroke
27	28	F/M	13-14	50m Breaststroke
29	30	F/M	15-24	50m Breaststroke
31	32	F/M	25&O	50m Breaststroke
33	34	F/M	8&U	4x50 Free Relay
35	36	F/M	10&U	4x50 Free Relay
37	38	F/M	11-12	4x50 Free Relay
39	40	F/M	13-14	4x50 Free Relay
41	42	F/M	15-24	4x50 Free Relay
43	44	F/M	25&O	4x50 Free Relay

Session 2: Saturday, June 22, 2024 2:00PM

45	46	F/M	10&U	200m IM
47	48	F/M	11-12	200m IM
49	50	F/M	13-14	200m IM
51	52	F/M	15&O	200m IM
53	54	F/M	12&U	200m Freestyle
55	56	F/M	13-14	200m Freestyle
57	58	F/M	15&O	200m Freestyle
59	60	F/M	8&U	50m Butterfly
61	62	F/M	9-10	50m Butterfly
63	64	F/M	11-12	50m Butterfly
65	66	F/M	13-14	50m Butterfly
67	68	F/M	15-24	50m Butterfly
69	70	F/M	25&O	50m Butterfly
71	72	F/M	8&U	50m Freestyle
73	74	F/M	9-10	50m Freestyle
75	76	F/M	11-12	50m Freestyle
77	78	F/M	13-14	50m Freestyle
79	80	F/M	15-24	50m Freestyle
81	82	F/M	25&O	50m Freestyle
83	84	F/M	8&U	4x50 Medley Relay
85	86	F/M	10&U	4x50 Medley Relay
87	88	F/M	11-12	4x50 Medley Relay
89	90	F/M	13-14	4x50 Medley Relay
91	92	F/M	15-24	4x50 Medley Relay
93	94	F/M	25&O	4x50 Medley Relay